



KOLKATA URBAN SERVICES FOR THE POOR
CHANGE MANAGEMENT UNIT

Memo No. CMU-94/2003(Pt. III)/1211

Dt. .. 01.12.2005

From : Arnab Roy
Project Director, CMU

To : The Chairman
Burdwan Municipality

Sub. : Re-training to grass root level functionaries on Food & Nutrition and Growth Monitoring of Under-Five Children under Health component of KUSP.

Sir,

The above mentioned training have already been conducted at HP during October, 2005. It is seen from the pre & post evaluation score sheet that the following grass root level functionaries secured very poor marks in both the evaluation tests.

Total Marks-25

Name of Grass root Level functionaries	Pre-evaluation Score	Post-evaluation Score
HP - 1		
Rina Dey	00	07
Nurjahan Begam	01	08
Jaba Patra	3.5	05
Purnima Gupta	07	09
Amina Khatun	4.5	08
Indrani Acharrya	03	09
HP - 2		
Mamata Rakhit	05	00
Mina Karmakar	16.5	10
Jamuna Mahato	00	06
HP - 3		
Minati Pal (Roy)	10	6.5
Narayani Biswas	15.5	9
Sefali Basak	17	10.5
Arati Goswami	11	07
Shanti Kumari Devi	09	06
Suniti Sadhu (Halder)	15.5	09
Nihar Kana Dey	18	07
Nibedita Ghosh	12	08
Arati Das	16.5	03
Dipali Ghosh	16	10
Shikha Lahiri	08	05
Archana Mukherjee (FTS)	17	3.5
Tapati Sarkar	19	07

Contd. to P-2.

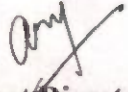


Name of Grass root Level functionaries	Pre-evaluation Score	Post-evaluation Score
Madhabi Halder (FTS)	16	07
Dola Das	16	06
Mina Roy Das	16	07
Bula Bhanderi	15.5	9.5
HP - 4		
Gulnahr Bengam	05	08
Malati Bhaniya	00	03
Pritimoyee Bhattacharyee	06	10.5
Rehena Begam	00	6.5
Nupur Saha	03	02
Sova Banik	01	06
Sarnamoyee Basu	5.5	4.5
Basanti Goswami	00	04
Pratima Ghosh	04	09
Jharna Das	07	10
Milan Das	6.5	09
Dipali Sheth	00	01
HP - 5		
Soma Banerjee	4.5	5.5
Anjali Pal	5.5	10.5
Belarani Mondal	4.5	1.5
Shipra dutta	03	3.5
Anjali Debnath	05	10

As the re-orientation training is towards strengthening of service delivery by the grass root level functionary, it is quite necessary that they should possess adequate knowledge on the subject. Hence it is requested that more close attention should be given to these above mentioned grass root level functionaries so that they attain the required standard for effective delivery of services as described under job responsibility.

Thanking you.

Yours faithfully,


Project Director, CMU



KOLKATA URBAN SERVICES FOR THE POOR
CHANGE MANAGEMENT UNIT

Memo No. CMU-94/2003(Pt. III)/1212

Dt. .. 01.12.2005

From : Arnab Roy
Project Director, CMU

To : The Chairman
Balurghat Municipality

Sub. : Re-training to grass root level functionaries on Food & Nutrition and Growth Monitoring of Under-Five Children under Health component of KUSP.

Sir,

The above mentioned training have already been conducted at HP during October, 2005. It is seen from the pre & post evaluation score sheet that the following grass root level functionaries secured very poor marks in both the evaluation tests.

Total Marks-25

Name of Grass root Level functionaries	Pre-evaluation Score	Post-evaluation Score
Kanakbala Dutta	01	06
Ranu Mohanta	04	09
Kalyani Majumdar	01	08
Bhagyabati Saha	03	06
Gita Dutta	04	06

As the re-orientation training is towards strengthening of service delivery by the grass root level functionary, it is quite necessary that they should posses adequate knowledge on the subject. Hence it is requested that more close attention should be given to these above mentioned grass root level functionaries so that they attain the required standard for effective delivery of services as described under job responsibility.

Thanking you.

Yours faithfully,

Project Director, CMU



KOLKATA URBAN SERVICES FOR THE POOR
CHANGE MANAGEMENT UNIT

Memo No. CMU-94/2003(Pt. III)/1213

Dt. .. 01.12.2005

From : Arnab Roy
Project Director, CMU

To : The Chairman
Jalpaiguri Municipality

Sub. : Re-training to grass root level functionaries on Food & Nutrition and Growth Monitoring of Under-Five Children under Health component of KUSP.

Sir,

The above mentioned training have already been conducted at HP during October, 2005. It is seen from the pre & post evaluation score sheet that the following grass root level functionaries secured very poor marks in both the evaluation tests.

Total Marks-25

Name of Grass root Level functionaries	Pre-evaluation Score	Post-evaluation Score
Sampa Dasgupta	3.5	10
Shyamali Bagchi(FTS)	03	A
Lina Sengupta	03	09
Namita Biswas	05	A
Bina Das Bhowmik	01	7.5
Uma Basak	01	04
Anita Dutta	0.5	A
Chinu Basak	2.5	06
Mira Majumder	2.5	09
Anjali Sarkar	0.5	3.5
Suniti Karmakar	2.5	06

As the re-orientation training is towards strengthening of service delivery by the grass root level functionary, it is quite necessary that they should posses adequate knowledge on the subject. Hence it is requested that more close attention should be given to these above mentioned grass root level functionaries so that they attain the required standard for effective delivery of services as described under job responsibility.

Thanking you.

Yours faithfully,


Project Director, CMU



KOLKATA URBAN SERVICES FOR THE POOR
CHANGE MANAGEMENT UNIT

Memo No. CMU-94/2003(Pt. III)/1214.

Dt. .. 01.12.2005

From : Arnab Roy
Project Director, CMU

To : The Mayor
Durgapur Municipal Corporation

Sub. : Re-training to grass root level functionaries on Food & Nutrition and Growth Monitoring of Under-Five Children under Health component of KUSP.

Sir,

The above mentioned training have already been conducted at HP during September, 2005. It is seen from the pre & post evaluation score sheet that the following grass root level functionaries secured very poor marks in both the evaluation tests.

Total Marks-25

Name of Grass root Level functionaries	Pre-evaluation Score	Post-evaluation Score
HP - Sagarbhanga		
Jaikumari Pradhan (FTS)	05	00
Basanti Das	03	5.5
Asima Kar	07	09
Tirtha Rani Panda	02	03
Shila Sengupta	03	02
Alo Keora	04	08
Dipali Das	04	08
Madhabi Das	02	09
HP- Kururiadanga		
Minu Mishra	00	9.5
HP- Sreenagarpally & Palashdiha		
Anna Chakraborty	08	9.5
Monu Biswas	02	08
HP- Gopalmath & Palasdiha		
Lalita Kumari	00	07
Geeta Prasad	00	00
Bandita Koley	02	04

Contd. to P-2.



- 2 -

Name of Grass root Level functionaries	Pre-evaluation Score	Post-evaluation Score
Mina Singh	00	07
Kalpna Kumari	00	07
Aduri mahato	02	08
Archana Ghatak	00	09
Bharati Biswas	01	04
HP- MAMC & Palasdiha		
Rabeya Mondal (FTS)	09	07
Saraju Rani Roy	10.5	07.5
Manju Karmakar	01	00
Kuntalika Mondal	12	07
Ava Banik	03	03
Anowara	07	05
Juthika Das	04	08
Bijoli Saha	07	01
Mina Chakraborty	03	02
Sumita Panda	10	06
Tripti Gorai	09	08
Namita Sadhu	04	06
Pravati Roy	02	08
Mamata Das	02	03
Dipti Das	06	03.5
Shibani Dey	04	06
Sikha Biswas	04	01
Soma Ghosh	05	06
Uma Chakraborty	16	05.5
Jharna Nayak	08.5	06
Anima Sarkar	05	04
Purnima Sengupta	04	07

Contd. to P-3.



Name of Grass root Level functionaries	Pre-evaluation Score	Post-evaluation Score
Suniti Malakar	09.5	05
Tripti Chakraborty	01	04
Saroj Jaiswal	02	02.5
Malati Chatterjee (ANM)	06	08.5
Saraju Rani Roy	10	07
HP- Shyampur		
Tripti Chakraborty	04	08
Lalita Ruidas	02	08
Sikha Chakraborty	02.5	09.5
Parbati Koner	06	07.5
Sidhurani Dey	01	02
Rekha Dutta	01	00
Tribeni Roy	01	02
Lakshmi Singh	02	01

As the re-orientation training is towards strengthening of service delivery by the grass root level functionary, it is quite necessary that they should possess adequate knowledge on the subject. Hence it is requested that more close attention should be given to these above mentioned grass root level functionaries so that they attain the required standard for effective delivery of services as described under job responsibility.

Thanking you.

Yours faithfully,

Project Director, CMU

11:30 to 4:30 pm.

H.A.U. \$

AME

3.8.2005

4.8.2005

Sl	Name of F.T.S.	Wd.no.	Name of H.H.W	Prepa	Signature Post Exp
1.	Banani Chakraborty 7 1/2 21	3	Malati Sarkar Mangula Dey Chitra Adhikari	03 4 1/2 04	18 1/2 18 1/2 11 1/2
2.	Purnima Biswas 09 21 1/2	3	Kakoli Sen Suparna Das Swapna Sarkar	03 02 05	21 1/2 9 1/2 20 1/2
3.	Banani Das ^{Sharma} Sarkar 04 22	3	Jharna Mondal Subhara Ghosh Baruna Sebnath	4 1/2 07 6 1/2	19 19 1/2 15 1/2
4.	Sipa Pal 7 1/2 24 1/2	5	Sikha Ghosh ^{Gaytri} Jayanti Shreshtha Manju Pal Swagata Roy Sujati Ray X	03 00 3 1/2	20 9 17 1/2
5.	Agnes Biswas 01 15 1/2	6	Marium Mishra Aruna Lawrence Swapna Mishra	3 1/2 00 5 1/2	13 10 8
6.	Shrabhona Dawn 06 16	6	Manju Debi Mira Bishwakarma Jyoti Rita Robert	00 06 05	4 16 07
7.	Jayanti Roy 9 1/2 20 1/2	7	Sova Aich Prabhoboti Mukherjee Rita Das Anjana Dey Parul Roy Gita Acharya	3 1/2 04 04 06 03 02	6 12 20 13 18 1/2 14 1/2
8.	Mita Mukherjee 14 1/2 21	39	Gyananti Debi Arati Kurdu Jyoti Chowdhuri Kishna Chattergy krishna	00 08 07 11	11 18 1/2 21 17 1/2

9.	Ava Singh	39	Tagore Mondal	01	9 1/2
	07	19	Aina Pal	01	5
			Kalpana Chowdhuri	00	2

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Asansole Municipal Corporation (Ditdar Math)
 H.A. unit no - 2 & 8.

S/c	Name		no. of HAU	Pre Evaluation	Postava	Renon
1	Mala Sami -	FTS	2	04	20 1/2	
2	Musrat Parvin -	HHW		02	07 1/2	
3	Nitali Dhiber -	"		03	12 1/2	
*4	Musrat Khatun -	"		00	4 1/2	
5	Chanda Sarkar	"	2	11	23	
6	Roshan Ara	"	2	03	01 1/2	
7	Reetma Tararum	FTS		06	19 1/2	
8	Kanti Gorai	HHW	2	05	18	
9	Madhusudha Dey	"		05	19 1/2	
10	Ara Sahe	"		AB	AB	
11	Gita Banerjee	FTS	2	06	16 1/2	
12	Dipika Roy	HHW		05	13 1/2	
13	Farida Nay	"	2	02	12 1/2	
14	Keya Dey	FTS	2	06	17 1/2	
15	Aparna Yadav	HHW	2	07	22 1/2	
16	Koushika Ganguli	"	2	01	19	
17	Anjushree Dey	"	2	01	22	
18	Gadhana Gorai	"	2	03	19	
19	Chinai Roy	"	2	04	17 1/2	
X 20	Parul Gorai	"		AB	AB	
21	Mina Singh	FTS	2	11	23 1/2	
22	Ganga Chakrabarty	HHW	2	09	20	
23	Kapal Banerjee	"		02 1/2	17	
24	Juddha Dey	"	2	04	11	
25	Rina Chattaraj	FTS	2	13	22 1/2	
26	Ranu Poddar	HHW	2	01	11 1/2	
27	Bula Chatterjee	"	2	03	23	
X 28	Gayatri Chatterjee	"		AB	AB	
29	Sikha Basak	"	2	03	16	

Sl	Name		Pre evaluated	Post evaluated	
30	Bhabani Shaw	FTS	2 07	18 1/2	
	Naima	FTS	2		
31	Naima Khatur	"	2 06	17	
32	Shabnam Khatur	"	2 07	05 1/2	
33	Asha Sharma	"	2 06	20	
34	Prema Debi	"	2 04	10	

35	Katna Dutta	FTS	08	22	
36	Jyosthna Mukherjee	HHW	04	18 1/2	2
37	Kalita Prasad	"	06	18	
38	Rekha Pandey	"	04	18	18 1/2
39	Lakhmi Bose	"	03	19 1/2	2
40	Manisha Bhattacharjee	"	07	19 1/2	2

41	Kabita Sadhu	FTS	03	17 1/2	8
42	Raibala Pal	HHW	03	05	8

43	Minati Mondal	FTS	04	17	8
44	Chanchala Mondal	HHW	00	11	8
45	Sova Majhi	HHW	02	12	8

46	Sikha Mondal	FTS	02	12	8
47	Aparna Bhadrar	HHW	02	16	8

~~131 Rina Chatteraj~~ ~~131~~
~~2nd. Chandana Sarkar~~ ~~11~~
~~3rd. Annu Singh~~ ~~10~~

3

#	Name	FTS+HAW	HAU No	Pre test	Post Evaluation
1	Sutapa Chanda	FTS	3	06	21
2	Joya Majumdar		"	14½	10
3	Sarbani Banerji		"	06	15
4	Gouri Choudhary		"	04	13
5	Farahani Dey		"	00	7 ✓
6	Kanika Das		"	03	7 ✓
7	Kalpana Saha		"	00	3 ✓
8	Ratna Sone -	FTS	"	09	18
9	Rikta Ghosal		"	06	19
10	Rita Malakar		"	08	18
11	Ratna Sarkar		"	01	10½ ✓
12	Sadhana Choudhary		"	04	15
13	Gouri Mitra		"	07	15
14	Sandhya Datta	FTS	"	05	19
15	Pulma Debi		"	00	7 ✓
16	Namita Roy		"	06	19
17	Debjani Chatterjee		3	03	12
18	Sila Sarkar		"	00	10 ✓
19	Jayshree Roy		"	04	13
20	Asha Khatun		"	05	20
21	Bula Roy	FTS	"	09	19½
22	Sabita Palua		"	8½	17½
23	Sankari Roy		"	4½	19½
24	Ganga Dibrar		"	04	14
25	Kalpana Dey		"	01	15½
26	Firdosh Beg	FTS	"	09	24
27	Bhupama Parvin		"	02	8 ✓
28	Rina Roy		"	04	14½ 14½
29	Baby Alias		"	01	7 ✓
30	Shikha Mukherjee		"	13	15
31	Rasida Beg	FTS	"	07	20½
32	Anupama Das		"	06	9 ✓
33	Anita Keshori		"	04	17
34	Suman Brahma Basu		"	05	20
35	Sashikiran Baner Varma		"	05	6 ✓
36	Manjushri Banerji	FTS	"	09	20
37	Anita Parawanik		"	11	16
38	Parul Gori -		2	09	14
				03	

(4)

SL No.	Name	FTS/ HAW	HAW NO.	Pre Evahab	Post Evahab
39	Shikha Roy		3	04	17
40	Gouri Sarwar.		3	04	18
41	Madhuri Gupta.	FTS	2	13	11½
42	Deepali Dey		2	03	18
43	Kalpana Saha		2	03	17
44	Indrani Biswas		2	06	21
45	Aschana Saha.		2	05	16½
46	Sipani Saha.		2	04	19½
47	Gita Talukdar		2	10	22
48	Parjana Karmakar.	FTS	2	13	16
49	Sakti Banik		2	12	16
50	Rinku Son		2	15	22½
51	Minaki Nandi.		2	16½	20
52	Babi Dutta.		2	10	18
53	Gita Chakraborty.		2	13	20
54	Nitarjana Pal.		2	11	18½
55	Tanya Dutta	FTS	8	9½	18½
56	Debi Sibani Chakraborty		8	05	16
57	Reba Roy.		8	05	5 ✓
58	Debjani Chakraborty.	FTS	8	05	13 13
59	Dipali Gandhi		8	03	14
60	Mukundi Tudu.		8	03	14
61	P. Jharna Sadma.		8	05	20
62	Rakha Roy.	FTS.	8	3½	17
63	Asha Chatterjee		8	00	10
64	Kanchani Roy.		8	05	16
65	Chitra Chakraborty		8	04	14
66	Gita Banri.	FTS	8	02	18 ⑩
67	Nala Singha.		8	02	3 ✓
68	Kalyani Ghosh.		8	01	10 ✓
69	Bhadrabati For Debi		8	02	6 ✓
70	⑩. Gyishi Chatterjee		2.	03	13

Beldanga-Dhatka HAU

Asansole ent 4+5

9.7.05

10.7.05

			Wd	V	Rate	Pa
23	Sayedg	Khater	F 27	5	3	29½
24	Rubaida	Khater	27	"	1½	17
25	Soaba	Khater	"	"	00	13
26	Sabita	Debi	"	"	02	28
27	Shreen	Gultana	"	"	04	29
28	Afsana	Parveen	"	"	04	11
29	Ritu	Shama	27 "	"	05	11
30	Shanti	Debi	27 "	"	02	27
31	Gultana	Khater	27 "	"	06	27
32	Nisrat	Jehan	27 "	"	08	12½
33	Ladli	Ansari	27 "	"	02	24
34	Shelly	Acharyya	25 " 5	"	11	18
35	Renu	Debi	25 " "	"	05	15
36	Usha	Debi	25 " "	"	01	12
37	Jamuna	De	25 " "	"	08	14
38	Chandra Goswami	F.T.S.	25 " "	"	8½	19
39	Gayatri Ghosh		25 " "	"	12	20
40	Sujata Dey		25 " "	"	04	15
41	Sucheta Chakrabarty	F.T.S.	26 " 5	"	9½	22
42	Shanti Yadav		26 " "	"	03	11
43	Shanti Debi		26 " "	"	01	0
44	Rupali Ganguli		26 " "	"	12	18
45	Jharna Chowley		26 " "	"	08	20
46	Sonali Gantait		" " "	"	05	10
47	Maya Dutta		" " "	"	01	13½
48	Zahida Tabassum		26 " "	"	05	12½

	Wt	V.	Pre	Post
49 Gulata Nandy <u>FTS</u>	22	A	18 03	21 18
50 Reeta Chakrabarty	"	"	13 1/2	18
51 Damayanti Deli	"	"	03	18
52 Susumta Sil <u>FTS</u>	22	"	8 1/2	19
53 Chandana Gomez	22	"	06	07
54 Chaitali Prabod.	22	"	08	17 1/2
55 Papiya Nandy	22	"	07	18 1/2
56 Anita ^{sebaib} sebaib <u>FTS</u>	24	4	10 1/2	15 1/2
57 2 Rekha Nag	"	"	05	14
58 3 Baby Taluk das	"	"	15	11 1/2
59 4 Shibany Samyal.	"	"	03.	17
60 5 Manju Pardey.	"	"	03	11
61 6 shikha sarkar.	"	"	04	15
62 7 <u>Mukta Goswamy FTS</u>	23	"	13 1/2	20 1/2
63 8 Ratna Dey	"	"	7.	20
64 9 China Mandal	"	"	16	17
65 10 Moni Dey	"	"	04	9
66 11 <u>Arati Goswami FTS</u>	"	"	8 1/2	17
67 12 Baby nag.	"	"	11	16
68 13 Kusum Bouri.	"	"	03	16
69 14 nirwala Rojak.	21	"	02	9 1/2
70 15 Joyashree Bag	21	"	08	21 1/2
71 16 sambipata Mohato	21	"	7 1/2	8 1/2
77 Anjana Parveen <u>FTS</u>	27	5	14 1/2	14
78 Shakila Banu	"	"	08	11 1/2
79 Parvin Banu	"	"	04	12
20 Tab sun Parveen	"	"	02	8
21 Mussarat Taban	"	"	05	7
22 Shabana Yasmin	"	"	07	6

Sl.	Name	Wd	HAU	Pre	Post
	Amina Begum		F.T.S.	28	6
1	Lakshmi Mukherjee	6		8	20
2	Souamoni Chatterjee	6		8	18
3	Usha Devi	"		8	19
4	Shefali Bose	F.T.S.		8	21 1/2
5	Anchana Pal	"		18 1/2	11
6	Gouri Chowdhury	"		17 1/2	11 1/2
7	F.T.S. Jaya Mukherjee	"	F.T.S.	12	22
8	Mirajahan	"		0	10
9	Nisha Jaiswal	"		9	17
10	Sushila Viswakarma	"		2 1/2	20
11	Sova Singh	"		5	18
12	Maya Choudhary	"		3	17
13	Ayesha Khatoon	5		4	9
14	Gangita Devi	"		2	11
15	Razla Khanam	"		0	2 2
16	Neela Gupta	"		5	17 1/2
17	Hamida Khatoon	"		3	5 2
18	Shahana Akhtar	"		8	15
19	Saydah Khatoon	"		9	18
20	Krishna Das	"		7	15 1/2
21	Shamina Ejaz	"		2	9 1/2
22	Parvati Devi	"		7	18
23	Purnima Thakur	"		1	4 2
24	Kashmiri Bano	"		9	12
25	Shaleha Naaz	"		2	3 2
26	Sayyada Khatoon	"		3	13 1/2
27	Nikhat CHANDUSMANI, F.T.S.			2	1 2
28	Noor Jehan	"		0	4 2
29	F.T.S. Swapna Mukherjee	"	F.T.S.	10	21
30	Laxmi Sharma	"		5	19
31	Arati Bharti Chakrabarty	"		0	5 2
32	F.T.S. Bublul Chakrabarty	"	F.T.S.	8	23
33	Niva Devi (Gupta)	"		5	16
34	Mita Kajjalal	"		11	17 1/2

		HAV.	Pre	Post
35	Hamida Khatun	6	1	2 =
36	Nizat Ara	"	0	2 =
37	FTS Chandang Mitra	" FTS	9	15
38	Amina Begum	"	17	12
39	Zahida Khatun	"	16	8 =
40	Salsina Khatun	"	9	19
41	FTS Shabnam Anjum	" FTS	13	21
42	Sultana Begum	"	5	6 1/2 =
43	FTS Nikhat Anjum	FTS	17	10
44	Fansabi Begum	"	21	17
45	Nirupa Kumari	"	0	5 =
46	Chandumani	"		1

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AMC

HAU (1977)

HAU 12

13.8.05
17.8.05

Name of # # \$ W	U.	Pre	Post
1. Swapna Sarkar FTS	12	20	22
Alpana (Sarkar) Roy	"	7	7
Anuma Majumdar	"	13	17
Niti Mondal	"	11	24
2. Soma Sen F.T.S	"	18	22 1/2
Shanti Kundu	"	12	21
Arati Chakraborty	"	7	15 1/2
3. Gouri Das F.T.S	"	11	22
Alpana Sinha	"	11	20
Ruma Pal	1	5	13 1/2
Jahanara Khatun	"	4	16
4. Tripti Dey FTS	"	22	22
Sayeeda Parveen	"	4	18
Bina Sil	"	13	21
Madhuri Das	1	7	10
Manjushree Chatterjee	"	5	19
5. Sudipa Chatterjee FTS	"	22	21
Jayashree Ghosh	"	13	21
Kalyani Gayen	"	14	16 1/2
Pranati Banerjee	"	18	20
6. Anadhana Singh FTS	"	18	23
Mukta Dey	"	12	16 1/2
Bulla Ghosal	"	10	18 1/2
Anuma Biswas	"	11	13 1/2
Shruti Chatterjee	"	6	10 1/2

17/8, Ranjan

		HAU	Pre	Post
7	Mahamaya Pal F.T.S	12	11	22
	Achana Majhi		8	19
	Barna Chakrabarty		8	18½
	Kashmira Kaur		3	18½
8	Sarmistha Dey F.T.S		23	20
	Sonali Maddi		5	15
	Uma Chakrabarty		5	17½
	Bina Dutta		3	13½
9	Rita Ghosal F.T.S		21	25
	Monika Roy		18	19
	Dipali Chatterjee		14	20
	Rakha Roy		13	20
10	Kandra Bauri F.T.S		3	15
	Sulata Gupta		2	13½
	Jaya Majhi	P2	3	17
	Parulata Das		4	14
11	Sava Bal F.T.S		23	21
	Chhaya Choubey (Mahato)		14	16
	Tulsi Dutta		14	18
12	Poanati Pramanik F.T.S		22	18½
	Ashalata Pal		7	17½
13	Shobita Das		21	21
14	Kaberi Banerjee F.T.S		14	23
	Chirna Chatterjee		8	17
	Bhagwati Sinha		13	24
	Lakshmi Bhatta Chatterjee		2	24

AMC

H.A.U. 38

18.8.2005

19.8.2005

no.	Name of F.T.S.	no.	Name of H.W.W.	PRE Signature	POST Evaluation
1.	Chaitali Roy	8	Arati Choudhuri Usha Rani Dey Bharati Das Bina Prasad	* 21 20 4 11 15	* 20 1/2 22 7 ✓ 20 19
2.	Lila Das	8	Bharati Singh Salma Khatun Ananika Chatterjee Rita Sadhu	* 20 11 11 12 10	* 22 1/2 16 1/2 16 17 17
3.	Sikha Mudi	9	Shobita Dasgupta Bula Majhi Monika Shaw Shirna Banerji Tharna Choudhuri	* 20 12 17 17 11 19	* 22 18 1/2 18 1/2 21 16 1/2 21
4.	Tamila Bano	38	Mahajabeen Bano Sazda Khatun Sabnam Bano Asfunnessa	* 18 6 2 20 10	* 20 14 1/2 2 ✓ 21 9 ✓
5.	Sunita Goswami	38	Ashia Khatoun Nagma Arsa Shahanaaz Bano Tabassum Arsa Malika Begum Fashmin Gazia Khatun	* 20 4 11 1/2 15 7 13 10 5	* 21 01 ✓ 16 17 1/2 14 1/2 14 13 1/2 8 ✓
6.	Rita Mondal		Monika Mondal Miloka Mondal Sajal Mondal Tharna Banerjee	12 11 6 11 14	17 17 15 20 18 1/2

19/08/05
Kanyal
19.8.05

Name of F.T.S	Wd	Name of H.H.W	Pool	Pool
Hasi Chatterjee	40	Bharati Senkar	14	23 1/2
		Rajlakshmi Banerjee	12	21 1/2
		Chandana Chatterjee	19	14
		Rupali Sankar	8	21
		Maya Das	13	14
		Madhuri Roy	21 1/2	12 1/2
		Asati Acharya	12 1/2	23
		Chhaya Das	16 1/2	21 1/2
Chhaya Dutta	40	Kalyani Chakraborty	8	21
		Indu Choudhury	15	12
		Asati Tripathi	21	11
		Bulbul Dusey	19	14
Bulbul Dusey	40	Surra Kashari	18	22 1/2
		Shobita Singh	21	12
		Basanti Biswas	13	15
		Sulekha Mondal	22	21
Sulekha Mondal	40	Mamata Mondal	13	19
		Jyotsna Mondal	14	11
		Lakshmi Devi Verma	1	15
		Kaushalya Devi	1	10
		Premkanti Gupta	9	4
Premkanti Gupta	41	Bani Dey	15	18 1/2
		Bibha Dey	20	21
		Baby Khatun	16	17 1/2
		Jayashree Chatterjee	11	11
		Katika Chakraborty	14	20 1/2
		Bina Dasgupta	15	23
Bina Dasgupta	42	Rina Bhattacharya	13	22
		Tharna Bhattacharya	19	18 1/2
		Mahamaya Haldy	15	21
		Shila Banerjee	20	20 1/2
		Shila Dey	17	18
		Dalija Bhattacharya	20	22 1/2
Dalija Bhattacharya	44	Bibha Mukherjee	19	23
		Reba Nag	14	21
		Rekha Mali	14	16
		Jyotsna Chai	11	18 1/2
				17

Pre

Post

Keya Chatterjee
F. T. S.

15 1/2

22

Tara Singh

11 1/2

16

Lakshmi Maji

11

21

[Signature]
21/8/89

[Signature]
21 8.05

AMC

H. A. W. - 43.

9

22.8.200
23.8.2009

Sl. No.	Names	Roll No.	Desig.	Pre. Trg Eval	Post. Trg Eval	Ken
1.	Pattu Kumbhakar.	37	F.T.S.	13	22	
	Anjana Layek		H.H.W.	5	①	2
	Gita Pramanik.		do	16 1/2	16	
	Shakuntala Bauri		do	5	③	2
2.	Swarnamayee Mukherjee	37	F.T.S.	16 1/2	19	
	Saraswati Bauri		H.H.W.	5	⑤	2
	Nirupama Chatterjee		do	15	13	
	Ira Bhandari		do.	6	11	
3.	Rita Mondal.	37	F.T.S.			
	Manika Mondal.		H.H.W.			
	Miloka Mondal		do.			
	Sajal Mondal		do			
	Jharna Banerjee		do			
4.	Dolly Nag.	43	F.T.S.	18	24	
	Anjali Nath		H.H.W.	21	19	
	Aparajita Bose		do	18	21	
	Shanta Dutta		do	5	⑩	2
	Shila Sinha.		do	12	22	
5.	Rumki Mitra	43	F.T.S.	20 1/2	24	
	Gita Debi		H.H.W.	15	⑤ 1/2	2
	Kalita Dasgupta		do	13 1/2	11	
6.	Uma Pramanik.	45	F.T.S.	7	12 1/2	
	Kalyani Chowdhuri		H.H.W.	19	23	
	Chhanda Roy		do	11	19	
	Bela Kumbhakar		do	14	13	
	Shyamalima Sathu		do	17	22 1/2	
7.	Sona Kumari Prasad	46	F.T.S.	14	22 1/2	
	Babli Keora		H.H.W.	12	16 1/2	
	Mona Das		do	15 1/2	21	
	Madhu Srivastava		do	14	⑦	2
	Rozia Khatun		do	0	④	2
8.	Rozia Khatun	46	F.T.S.	19	23	
	Usha Debi Shaw		H.H.W.	17	19	
	Waheda Khatun		do	15	16	

Accepted
23/8
Jale
23/8

Burdwan unit 1

Sl. No.	Name	16.8.05		Post	Pen
		for	exp.		
1.	Pandira Chanda	10		10 $\frac{1}{2}$	
2.	Smitirekha Dutta	6 $\frac{1}{2}$		18	
3.	Rina Dey	00		07 $\frac{1}{2}$	
4.	Ashma Begam	01		11	
5.	Samapti Banerjee	11		19 $\frac{1}{2}$	
6.	Alpana Roy	3 $\frac{1}{2}$		13 $\frac{1}{2}$	
7.	Bhabani Banerjee	03		14	
8.	Sabina Begam	15		16	
9.	Wasmina Begam	16 $\frac{1}{2}$		21	
10.	Mungli Paswan	2 $\frac{1}{2}$		13	
11.	Badrin Mahar	10		19	
12.	Nurjahan Begam	01		08 $\frac{1}{2}$	
13.	Anima Talukdar (F.T.S)	12 $\frac{1}{2}$		12 $\frac{1}{2}$	
14.	Shifali Ghosh	04		13 $\frac{1}{2}$	
15.	Chinmoyee Sain	05		19	
16.	Joba Patra	3 $\frac{1}{2}$		05 $\frac{1}{2}$	
17.	Bipad Tarine Bhattacharjee	02 02		12	
18.	Kalpna Dey	04		19 $\frac{1}{2}$	
19.	Reba Ghoshal Banerjee (F.T.S)	18		16	
20.	Alpana Dutta (F.T.S)	08		21 $\frac{1}{2}$	
21.	Purnima Gupta	07		09 $\frac{1}{2}$	
22.	Jayanti Sen	10		20 $\frac{1}{2}$	
23.	Amena Khatun	4 $\frac{1}{2}$		08 $\frac{1}{2}$	
24.	Sabita Konar	04		13	
25.	Maya Das	06		21	
26.	Kaberi Das Roy (F.T.S)	15 $\frac{1}{2}$	14 $\frac{1}{2}$	19	
27.	Shika Sarkar	8 $\frac{1}{2}$		18	
28.	Manashi Misra	10		21	
29.	Rina Das	05		13	
30.	Tanuja Begam	05		13 $\frac{1}{2}$	
31.	Kohinur Khatun	02		13	
32.	Mallika Majumdar (F.T.S)	16 17 $\frac{1}{2}$		16	
33.	Malabika Mukherjee	01		18	

Sl. No.	Name	Pre. Exam.	Prst	Remarks
34.	Serina Yasmin	$7\frac{1}{2}$	$19\frac{1}{2}$	
35.	Neepa Rani Bose (F.T.S)	$10\frac{1}{2}$	15	
36.	Tula Roy	$6\frac{1}{2}$	15	
37.	Sipra Chakraborty	0911	$22\frac{1}{2}$	
38.	knishna Mitra (F.T.S)	12	13	
39.	Swapna Mukherjee	05	14	
40.	Indrani Acharya	03	092	
41	Sumita Mukherjee	04	16	

Burdwan Khalashipara, H.P. - 2, Date - 22/08/05
23/08/05

Sl. No.	Name	Pre Exam.	Post Exam	Remarks
1)	Dipali Banerjee	02	14	
2)	Rita Mukherjee	8½	15	
3.	Dalu Dutta	04	18	
4.	Baby Singh	11½	22 (3)	
5.	Sandhya Chatterjee (F.T.S)	11½	18	
6.	Mamata Roy	14	15	
7.	Mamata Rakshit	05	00 2	
8.	Basanti Roy	14	20 (6)	
9.	Tapasi Sengupta	17	13	
10.	Mina Karmakar	16½	10	
11.	Shikha Halder	13½	23 (2)	
12.	Mini Chatterjee	9½	19	
13.	Jamuna Mahato	00	06 2	
14.	Bhabani Pal	8½	20 (6)	
15.	Sandhya Bose Roy	00	11 8	
16.	Basanti Roy (Singha)	09	20½ (5)	
17.	Dipali Acharya	07	18	
18.	Sulekha Saha	08	15½	
19.	Basantika Mondal	07	19½	
20.	Sunanda Baisya	13	21 (4)	
21.	Sadhana Paul (F.T.S)	14½	23 (2)	
22.	Shila Biswas	13½	21 (4)	
23.	Gita Roy (F.T.S)	11	21½	
24.	Santana Das	10	21	
25.	Mina Bhattacharjee	12	17	
26.	Papiya Dutta	12	22 (5)	
27.	Smt. Tapati Guha	14	20 (6)	
28.	Purnima Ghosh (F.T.S)	18½	17	
29.	Alpana Mitra (F.T.S)	15½	23½ (1)	

24/08/05
25.8.05

Baronilpur, Sukanta Pally, Burdwan (H.P. - 3)

SL. No.

Name

Pre. Exam.

Post. Exam.

Remarks

1.	Mina Chakraborty	$17\frac{1}{2}$	12	
2.	Minati Pal (Roy)	10 ✓	$6\frac{1}{2}$	
3.	Narayani Biswas	$15\frac{1}{2}$	09	
4.	Sefali Basak	17	9 $10\frac{1}{2}$	
5.	Santa karmakar	$8\frac{1}{2}$ ✓	$18\frac{1}{2}$	
6.	Arati Groswami	11	07	
7.	Shanti kumari Devi	09 ✓	06	
8.	Suniti Sadhu (Halder)	$15\frac{1}{2}$	09	
9.	Nihar kana Dey	18	07	
10.	Ushna Barua	$15\frac{1}{2}$	16 $\frac{1}{2}$	
11.	Nibedita Ghosh	12	10 08	
12.	Sunita Bhadra	02 ✓	$11\frac{1}{2}$	
13.	Arati Das	$16\frac{1}{2}$	03	
14.	Anupama Sarkar (Dai)	10 ✓	$12\frac{1}{2}$	
15.	kakoli Biswas (F.T.S)	$13\frac{1}{2}$	$16\frac{1}{2}$	
16.	Mamatamoyee Deb	06 ✓	13	
17.	Gita Rani Roy	$1\frac{1}{2}$ ✓	12	
18.	Minati Das	18	$12\frac{1}{2}$	
19.	Dipali Ghosh	16	12 10	
20.	Shikha Lahiri	08 ✓	05	
21.	Sebika Biswas	$14\frac{1}{2}$	12	
22.	Sabita Sain (F.T.S)	18	16 14	
23.	karabi Mondal	$16\frac{1}{2}$	15 13	
24.	Hira Mukherjee	$10\frac{1}{2}$ ✓	14	
25.	Anchana Mukherjee (F.T.S)	17	4 $3\frac{1}{2}$	
26.	Shikha Chanda (F.T.S)	19	15 13	
27.	Tapati Sarkar	19	09 07	
28.	Madhabi Halder (F.T.S)	16	07	

24/8/05Boronilpur, Sukanta Pally, Burdwan (H.P. - 3)

<u>Sl. No.</u>	<u>Name.</u>	<u>Pre Exam.</u>	<u>Post. Exam.</u>	<u>Remarks</u>
29.	Dola Das	16	05 06 =	
30.	Nilima Das	09 ✓	20	
31.	Debika Nandi	13	18	
32.	Pratima Dey	$17\frac{1}{2}$	$18\frac{1}{2}$	
33.	Nita Roy	$15\frac{1}{2}$	11	
34.	Aparna Ghosh (F.T.S)	$15\frac{1}{2}$	$15\frac{1}{2}$	
35.	Mina Roy Das	16	09 07 =	
36.	Gowri Das	$16\frac{1}{2}$	16 $\frac{1}{2}$ 17	
37.	Bula Bhandari	$15\frac{1}{2}$	9 $\frac{1}{2}$ =	

26/08/05

Alamgang, Thun Thure pool, Burdwan (H.P.-4)

27/08/05

27/08/05

SL
NO.

Name

Pre.
Exam.Post.
Exam.

Remarks

1.	Bani Biswas	07	13	
2.	Lalita Das (F.T.S)	14	18 20	
3.	Alo Dutta	3 $\frac{1}{2}$	12	
4.	Gulnazar Begam	05	08 =	
5.	Malati Bharja	00	03 =	
6.	Preetimoyee Bhattacharjee	06	10 $\frac{1}{2}$ =	
7.	Rakha Begam	00	6 $\frac{1}{2}$ =	
8.	Mina Sinha	05	13	
9.	Sabitri Golder	4 $\frac{1}{2}$	11	
10.	Anjali Bhattacharjee	5 $\frac{1}{2}$	13 $\frac{1}{2}$	
11.	Nupur Saha	03	02 =	
12.	Sova Banik	01	06 =	
13.	Durgarani Chatterjee	6 $\frac{1}{2}$	12	
14.	Malati Ganguly	12	14 $\frac{1}{2}$	
15.	Sarnamoyee Basu	5 $\frac{1}{2}$	4 $\frac{1}{2}$ =	
16.	Basanti Goswami	00	04 =	
17.	Pratima Ghosh	00 04	09 =	
18.	Jharna Das	06 07	10 =	
19.	Maya Das (F.T.S)	12	20 $\frac{1}{2}$	
20.	Sikha Das	08	15 $\frac{1}{2}$	
21.	Milan Das	6 $\frac{1}{2}$	09 =	
22.	Gowri Patra	08	19	
23.	Purnima Chel (F.T.S)	07 11	18	
24.	Gowri Dutta	06	12	
25.	Dipali Sheth	00	01 =	
26.	Tripti Banerjee	4 $\frac{1}{2}$	11	
27.	Azizunessa (F.T.S)	9 $\frac{1}{2}$	14 $\frac{1}{2}$	
28.	Bela Pal	07	18 $\frac{1}{2}$	

29

26/08/05

Alamganj, Jhur Jhur Pool, Burdwan

(H.P.-4)

Sl. No.	Name.	Pre Exam.	Post. Exam.	Remarks
29.	Mina Gupta	$8\frac{1}{2}$	$17\frac{1}{2}$	
30.	Tanuja Khatun (P.T.S)	04	$14\frac{1}{2}$	
31.	Dipa Mallik	07	11	
32.	Anjali Saha	09	17	
33.	Suchitra Mondal	11	$20\frac{1}{2}$	
34.	Chhabi Singh	06	14	
35.	Labanya Prava Khan	$6\frac{1}{2}$	$20\frac{1}{2}$	
36.	Shyamali Mondal (P.T.S)	13	24	
37.	Sandhya Mukherjee	05	$11\frac{1}{2}$	

30/08/05 Kanchannagar, Burdwan (H.P. - 5) (Bardhaman)

31.08.05

30.8.05

31.08.05

<u>SL. NO</u>	<u>Name</u>	<u>Pre Exam.</u>	<u>Post Exam.</u>	<u>Remarks</u>
1.	Shovakarmakar	11 $\frac{1}{2}$	14 $\frac{1}{2}$	
//2.	Soma Banerjee	4 $\frac{1}{2}$	5 $\frac{1}{2}$ 2	
3.	Champa Nath (F.T.S)	13 $\frac{1}{2}$	12	
4.	Anjali Pal	5 $\frac{1}{2}$	10 $\frac{1}{2}$ 2	
5.	Mamata Das	13 $\frac{1}{2}$	11 $\frac{1}{2}$	
6.	Belarani Mondal	4 $\frac{1}{2}$	1 $\frac{1}{2}$ 2	
//7.	Shipra Dutta	03	3 $\frac{1}{2}$ 2	
8.	Sandhya Das	5 $\frac{1}{2}$	17	
9.	Gowri Chakraborty	12	19 $\frac{1}{2}$	
10.	Anjana Nath (F.T.S)	17 $\frac{1}{2}$	16	
11.	Manju Biswas	7 $\frac{1}{2}$	11 $\frac{1}{2}$	
12.	Maya Das	08	11	
13.	Sankari Majumdar	10	11	
14.	Anjali Bhattacharjee	12 $\frac{1}{2}$	11	
15.	Jharna Guha	10 $\frac{1}{2}$	11 $\frac{1}{2}$	
16.	Swapna Das	16	14	
17.	Jayabati Mitra (F.T.S)	17 $\frac{1}{2}$	22	
18.	Anjali Debnath	05	10 2	
19.	Souli Sarkar	7 $\frac{1}{2}$	13 $\frac{1}{2}$	



Proforma for Report of training on
Food & Nutrition and Growth Monitoring of Under-Five Children.

Name of the ULB : Khargpur.

No. of HAUs under		
CUDP III	IPP-VIII	Total
—	4	4

Report for the Month of August 05

Training held during	HAU no. covered	Nos. of functionaries participated in the training		
		HHWs	FTS _s + A.N.M	STS _s
09.8.05 & 10.8.05-8	No. 3	16	5+1	—
11.8.05+12.8.05	No 4	28	7	—

Training completed so far for 4 no. of HAUs.

Prasanna
12/8/05
U. H. I. O.
IPP-VIII-(extn.)
Khargpur Municipality

Signature of Health Officer / Asstt. Health Officer



H.P - IV CHHOTA AYMA / KHARAGPUR

Sl NO.	NAME	PRE EVALUATION TEST	POST EVALUATION TEST.
1.	Smt- Anindita Bhattacharjee (F.T.S)	24.	24.
2.	Smt- Kaberi Saha	22	24.
3.	Rukmani Ghosh	22	23
4.	Manju Das.	18	20
5.	Smt- Tapasi Pal (F.T.S)	24.	24.
6.	Chhaya Dey	19.	20
7.	Bulu Das.	22	23.
8.	Mina Singha Roy	21	22
9.	Usha Dubey	21	22 1/2
10.	Rama Devi (F.T.S)	16	18
11.	Shelby Sarkar.	16.	20.
12.	Pushpa Bose.	16.	19.
13.	Rama Chakraborty	14	22
14.	Sarbamangala Ghosh	20	19.
15.	Rekha Hatai	20	24
16.	Tapasi Ghosh (F.T.S)	17	21
17.	Kumkum Chowdhury	19.	22
18.	Rina Adhikari	22	18
19.	Amrita Banerjee	21	23.

H.P. - IV Chhota Ayma / Kharagpur

Sl. No.	NAME	PRE EVALUATION TEST	POST EVALUATION TEST
20.	Pushpa Bose. Ashma Khaton	20	20 20
21.	Nilima Das. (F.T.S)	24	24 24
22.	Thumko Sarkar	23	25
23.	Shantilata Ghosh	22	23
24.	Supriya Digare	23	22 22
25.	Sarpaya Das. (F.T.S)	21	23
26.	Seema Chakraborty	19	18
27.	Bandana Sarkar	19	22
28.	Sulekha Banerjee	19	20
29.	Karuna Ghosh	18	18
30.	Kallana Ghosh.	10	15
31.	Niva Manna (F.T.S)	21	22
32.	Reba Sinha	18	16
33.	Chaina Sashmal.	20	21
34.	Minati Sarkhel	19	20
35.	Behula Sharma.	12	20

Signature
11/8/05

U. P. I. O.
IPP-VIII-(Extn.)
Kharagpur Municipality



Signature

Signature
Health Expert
11-8-05

I.P.P. - VIII (EXTN)
 KHARASPUR MUNICIPALITY
 H.P. - III MALANCHA.

SL NO	NAME	PRE EVALUATION TEST	POST EVALUATION TEST.
1.	Smt Soma Dey A.N.M.	25	25
2.	Smt Swapna Mitra (F.T.S)	18	21
3.	Bani Bhattacharjee	13	16
4.	Sabita Bhattacharjee	14	17
5.	Kalpana Biswas.	07	Absent
6.	Maya Ghosh (F.T.S)	20	23
7.	Lagna Banerjee	19½	25
8.	Purnima Raha.	15½	22
9.	Itu Paul.	12½	21
10.	Bhakti Gupta (F.T.S)	13	16
11.	Shikha Basu	20½	23
12.	Swapna Maiti	14	25
13.	Alpana Roy	10	11
14.	Sujala Saha	Absent	Absent
15.	Maya Banik (F.T.S)	20	22
16.	Shankari Barman	17½	22
17.	Sandhya Majumdar	06	19
18.	Bhabani Dasg	17½	21

I.P.P. - VIII (EXTN)
KHARAGPUR MUNICIPALITY
H.P. - III MALANCHHA.

SL NO	NAME	PRE EVALUATION TEST	POST EVALUATION TEST.
19.	Kabita Bose.	08	17
20.	Sumita Pal. (F.T.S)	15	25
21.	Shephali Samanta	18	22
22	J. Ratna	21	20



K. S. Saha
10/8/05
U. H. I. O.
IPP-VIII-(Extn.)
Kharagpur Municipality

[Signature]
10/8/05

[Signature]
10.8.05

Durgapur Municipal Corporation
I.P.P-VIII Ext. Project

①

H.P - Sagarbhangga
No 5

Sl. No.	Name	Pre-Exam on 12.9.05	Post-Exam on 13.9.05	Remark.
1.	Jaya Das	10	20	
2.	Shila Hazra	06	14	
3.	Lipika Dey	05	6 $\frac{1}{2}$	
4.	Purnima Kisku	04	16	
5.	Jaikumari Pradhan (F.T.S)	05	0	
6.	Basanti Das	03	5 $\frac{1}{2}$	
7.	Purnima Bhattacharya	04	14	
8.	Dipti Ganguli (F.T.S)	12	19 $\frac{1}{2}$	
9.	Keya Bose (F.T.S)	09	19	
10.	Asima Kar.	07	09	
11.	Puspa Pal	05	15	
12.	Santi Ghosh	06	14 $\frac{1}{2}$	
13.	Tirtharani Panda	02	03	
14.	Shila Sengupta	03	02	
15.	Jyostna Das	7 $\frac{1}{2}$	17	
16.	Sefali Prasad	5 $\frac{1}{2}$	12	
17.	Gayatri Banerjee	02	16 $\frac{1}{2}$	
18.	Kajal Sarkar	04	15 $\frac{1}{2}$	
19.	Rikta Dey	12	18	
20.	Krishna Debnath (F.T.S)	4 $\frac{1}{2}$	12	
21.	Rama Adhikary	05	18	
22.	Mita Chakraborty	04	14	
23.	Alo Keora	04	08	
24.	Dipali Das	04	08	
25.	Pratima Mukherjee	06	13	
26.	Bhabani Das (F.T.S)	08	12 $\frac{1}{2}$	
27.	Madhabi Das	02	09	
28.	Kalpana Debnath (F.T.S)	9 $\frac{1}{2}$	19	
29.	Gargi Das	07	17	
30.	Dipali Das	01	10 $\frac{1}{2}$	

Sl. No.	Name	Pre-Exam on 14.9.05	Post Exam on 15.9.05	Remark
1	Archana Sutradhar	14	25	
2	Chaya Ghatak	16 $\frac{1}{2}$	21 $\frac{1}{2}$	
3	Rajyashree Mazumder	13 $\frac{1}{2}$	24	
4	Jayanti Chatterjee	15	18 $\frac{1}{2}$	
5	Jaya Das Mahapatra (F.T.S)	12	25	
6	Babli Bouri	12 $\frac{1}{2}$	20	
7	Swapna Sarkar	17	24	
8	Faijunnessa Begum	14	23	
9	Minati Chakraborty	15	18	
10	Krishna Bose	13	24 $\frac{1}{2}$	
11	Santana Das. (F.T.S)	16	25	
12	Usha Das	13 $\frac{1}{2}$	21 $\frac{1}{2}$	
13	Padma Pal (F.T.S)	17	21	
14	Chaitali Mukherjee	19	25	
15	Minati Dalal	04	11	
16	Ratna Das (F.T.S)	11	20 $\frac{1}{2}$	
17	Bitika Sarkar	08	18	
18	Rina Chowdhury	07	13	
19	Jaba Mukherjee	08	12 $\frac{1}{2}$	
20	Salita Samadder	10 $\frac{1}{2}$	21	
21	Sileani Roy	6 $\frac{1}{2}$	14	
22	Archana Mondal	10	17	
23	Bimala Pal	10 $\frac{1}{2}$	15 $\frac{1}{2}$	
24	Kalyani Chatterjee (F.T.S)	06	16	
25	Sapnura Khatun	10 $\frac{1}{2}$	17	
26	Sipra Bhosmick	07	19	
27	Mamata Mondal	06	15	
28	Chitra Shaw	05	11	

29.	Lakshmi Mal	10	22 $\frac{1}{2}$
30.	Alfana Shaw Mandal	11.	15 $\frac{1}{2}$
31.	Baloy Dey	6 $\frac{1}{2}$.	22
32.	Rita Chowdhury	08	18 $\frac{1}{2}$
33.	Mamata Nath.	5 $\frac{1}{2}$.	18
34.	Anima Chatterjee	12.	19 $\frac{1}{2}$
35.	Kalpama Bouri (F.T.S)	11 $\frac{1}{2}$	20
36.	Sunita Adhikari (F.T.S)	08	20 $\frac{1}{2}$
37.	Kalpama Chakraborty	6 $\frac{1}{2}$.	17
38.	Minu Mishra	0	9 $\frac{1}{2}$
39.	Jharna Mukherjee	03.	18 $\frac{1}{2}$
40.	Sukla Mandal	05	19 $\frac{1}{2}$
41.	Mamata Pradhan	10.	20
42.	Rita Mukherjee	10	19 $\frac{1}{2}$
43.	Sikha Janguli	6 $\frac{1}{2}$	13
44.	Fulmoni Murmu	03.	16
45.	Krishna Mukherjee	0	14
46.	Dolly Dutta Roy	10.	17 $\frac{1}{2}$
47.	Minati Bhattacharjee	05	17 $\frac{1}{2}$
48.	Aradhana Paul	10.	17 $\frac{1}{2}$

S. Ch. Thakur
15.9.05

I.P.P. - VIII Ext. Project

Durgapur Municipal Corporation

H.P. - Sreenagar
No. 3 & 6 2 Palashdiha

④

Sl. No.	Name	Pre-Exam on 16.9.05	Post Exam on 17.9.05	Remark
1.	Dayamoyee Dey	14	24	
2.	Noornehar Begum (F.T.S)	2½	17	
3.	Gita Saha (F.T.S)	05	13	
4.	Santana Majumder (F.T.S)	9½	23	
5.	Barnali Prasad (F.T.S)	05	19½	
6.	Merry Ghosh (F.T.S)	05	18½	
7.	Kalpana Das (F.T.S)	09	18½	
8.	Khuku Chatterjee (F.T.S)	02	15	
9.	Sabita Saha (F.T.S)	9½	17½	
10.	Baloy Debnath (F.T.S)	06	17	
11.	Anna Chakraborty (F.T.S)	08	9½	
12.	Yasina Akter Khan	05	17½	
13.	Rina Patra	4½	17	
14.	Tripti Panda	03	19	
15.	Minati Singha Mahapatra	03	12	
16.	Gouri Sarkar	05	17	
17.	Kalyani Pramanik	05	17½	
18.	Debashila Patra	06	18½	
19.	Sangita Biswas	05	18	
20.	Tapati Das	03	15	
21.	Kalpana Dey	11	17½	
22.	Bhagabati Ghosh	11½	23	
23.	Keka Paul	09	23	
24.	Pratima Auddya	08	22	
25.	Maya Bhattacharjee	8½	22½	
26.	Jayanti Sarkhel	3½	14½	
27.	Anjali Chakraborty	06	18	
28.	Bitika Sarkar	06	21	

No	Name	Pre Exam on	Post Exam on	Remark
29	Sunita Mondal	04	15	
30	Manju Mondal	05	17½	
31	Chabi Banerjee	7½	20	
32	Anima Bhawmick	0	9½	
33	Sutapa Chakraborty	4½	19½	
34	Minu Bouri	05	16½	
35	Mina Saha	02	19	
36	Kanan Banik	04	18	
37	Kalpana Roy	6½	19½	
38	Binata Sarkar	05	18½	
39	Lila Das	01	14	
40	Tapati Das	06	21½	
41	Niyati Sarkar	13½	18½	
42	Bekha Debnath	12	24	
43	Sovani Ruidas	0	18½	
44	Maya Chakraborty	5½	16	
45	Katyani Maji	11½	20½	
46	Rekha Roy	06	17½	
47	Monu Biswas	02	08	

S.Ch. Thakur
17.9.05.

Sl. No.	Name	Pre Exam on 18.9.05	Post Exam on 19.9.05	Remark
1.	Laxmi Verma	02	11 $\frac{1}{2}$	
2.	Sikha Das	11		
3.	Sabita Mahato	04	20	
4.	Nilam Jaiswal	02	18 $\frac{1}{2}$	
5.	Chandana Das (F.T.S)	11 $\frac{1}{2}$	22 $\frac{1}{2}$	
6.	Archana Pramanik	10 $\frac{1}{2}$	20	
7.	Rupsena Bilo	14	25	
8.	Dipa Hazra	14 $\frac{1}{2}$	17 $\frac{1}{2}$	
9.	Sima Lahiri	14	21	
10.	Shilani Mohanto (F.T.S)	13 $\frac{1}{2}$	24	
11.	Mallika Das (F.T.S)	14 $\frac{1}{2}$	16 $\frac{1}{2}$	
12.	Sarlamangala Das	14 $\frac{1}{2}$	24	
13.	Silani Mondal	06	16 $\frac{1}{2}$	
14.	Manjusha Adhikary (F.T.S)	05	15	
15.	Pranati Tyiledi (F.T.S)	06	23 $\frac{1}{2}$	
16.	Lalita Kumari	0	7	/
17.	Geeta Prasad	0	0	/
18.	Mamata Dhilbar	07	18 $\frac{1}{2}$	
19.	Malati Bid	4 $\frac{1}{2}$	16	
20.	Bandita Koley	02	4	/
21.	Lakshmi Chakraborty	2 $\frac{1}{2}$	8 $\frac{1}{2}$	
22.	Tunu Karmakar	05	25	
23.	Rukmini Pramanik (F.T.S)	07	18	
24.	Sikha Ankur	03	19	
25.	Jamuna Bid	01	12	
26.	Durga chetri	01	18	
27.	Rupa Shit	04	19	
28.	Ruma Pramanik	03	16	
29.	Mina Singh	0	7	/
30.	Kalpama Kumari	0	7	/

Sl. No	Name	Pre-Exam on	Post-Exam on
31.	Shila Dey	06	13 $\frac{1}{2}$
32.	Aduri Mahato	02.	8 //
33.	Pravati Roy	10	14
34.	Sandhya Nayak (F.T.S)	08	15
35.	Sabita Chowdhury	8 $\frac{1}{2}$	20
36.	Champa Singha Roy	10	22
37.	Ira Chatterjee	3 $\frac{1}{2}$	13
38.	Bandana Roy (F.T.S)	10	23
39.	Tarulata Chakraborty	05	23 $\frac{1}{2}$
40.	Archana Ghatak	0	9 //
41.	Bharati Biswas	01	04 //
42.	Swapna Chatteraj	03.	11
43.	Jharna Biswas	01	11 $\frac{1}{2}$
44.	Sandhya Chand	7 $\frac{1}{2}$	17

S. Ch. Thakur
19.9.05

IPP-VIII Ext. Project
Durgapur Municipal Corporation

H.P. - M.A.M.C.D
No. 2 Palashdiha
④ 26 ⑧

Sl. No	Name	Pre-Exam On 20.9.05	Post-Exam On 21.9.05
1.	Rita Tarafder	16	17
2.	Tapasi Roy	10 $\frac{1}{2}$	11 $\frac{1}{2}$
3.	Rabeya Mondal (F.T.S)	09	07
4.	Saraju Rani Roy	10 $\frac{1}{2}$	7 $\frac{1}{2}$
5.	Manju Karmakar	01	00
6.	Rina Sutradhar	05	13 $\frac{1}{2}$
7.	Kuntalika Mondal	12	17
8.	Nilima Mukherjee	15 $\frac{1}{2}$	11 $\frac{1}{2}$
9.	Ava Banik	03	03
10.	Jayashree Das (F.T.S)	16 $\frac{1}{2}$	16 $\frac{1}{2}$
11.	Sabita Biswas	16	14 $\frac{1}{2}$
12.	Sk. Anowara	07	05
13.	Rina Bhakta (F.T.S)	12	17
14.	Jyostna Debnath (F.T.S)	9 $\frac{1}{2}$	18
15.	Juthika Das	04	08
16.	Gayatri Roy (F.T.S)	06	14
17.	Meera Guhait (F.T.S)	11	13 $\frac{1}{2}$
18.	Tanima Khan	5 $\frac{1}{2}$	18 $\frac{1}{2}$
19.	Dipa Mondal (F.T.S)	12	11 $\frac{1}{2}$
20.	Chandra Chakraborty	10	12
21.	Bijoli Saha	07	01
22.	Mina Chakraborty	03	02
23.	Kanchan Chakraborty	07	12
24.	Sangeeta Bag	05	12
25.	Sumita Panda	10	06
26.	Tripti Gorai	09	08

27.	Namita Sadhu	04	06 ?
28.	Pravati Roy	02	08 ?
29.	Arati Chakraborty (F.T.S)	13	17 ²
30.	Billa Saha	13	08
31.	Mamata Das	02	03 ?
32.	Dipti Das	06	3 $\frac{1}{2}$?
33.	Shibani Dey	04	06 ?
34.	Sikha Biswas	04	01 ?
35.	Ranjita Pal	03	11 ¹
36.	Mukta Das	7 $\frac{1}{2}$	20 ✓
37.	Soma Ghosh	05	06 ?
38.	Uma Chakraborty	16	5 $\frac{1}{2}$?
39.	Jharna Nayak	8 $\frac{1}{2}$	06 ?
40.	Alpana Koner	06	14
41.	Madhuri Biswas	10	8 $\frac{1}{2}$
42.	Alo Samanta	08	11
43.	Papia Samanta	13 $\frac{1}{2}$	17 ²
44.	Anima Sarkar	05	04 ?
45.	Madhabi Khara (F.T.S)	11	11
46.	Manju Roy Sanyal (F.T.S)	11 $\frac{1}{2}$	18
47.	Xipi Das	14	13
48.	Purnima Sengupta	04	07 ?
49.	Suniti Malakar	9 $\frac{1}{2}$	05 ?
50.	Tripti Chakraborty	01	04 ?
51.	Saroj Jaiswal	02	2 $\frac{1}{2}$?
52.	Malati Chatterjee (A.N.M)	06	8 $\frac{1}{2}$?
53.	Bandana Mazumder	12	15
54.	Mrinmoyee Saha	6 $\frac{1}{2}$	13
55.	Mat Sarajubani Roy,	10	07 ?

S. Ch. Thakur

21.9.05

Sl.No	Name	Pre Exam on 22.9.05	Post Exam on 23.9.05
1.	Tripti Chakraborty	04	08
2.	Sankari Mondal (F.T.S)	02	17
3.	Lalita Ruidas	02	08
4.	Sandhya Kar (F.T.S)	06	16
5.	Maya Chatterjee	05	14½
6.	Rizia Khatoon	1½	15
7.	Sikha Chakraborty	2½	9½
8.	Aparna Biswas	7½	18½
9.	Ruma Chakraborty (F.T.S)	09	18
10.	Sukta Mondal (F.T.S)	3½	16
11.	Sabita Chatterjee	01	16
12.	Rama Biswas	2½	19
13.	Smriti Nandi	3½	18½
14.	Parleati Koner	06	7½
15.	Bulurani Bhattacharjee	3½	10
16.	Sidhurani Dey	01	02
17.	Maya Ruidas	0	11
18.	Mitali Dey	05	13
19.	Kaberi Bose (F.T.S)	06	17½
20.	Samapti Pal	03	16
21.	Relcha Dutta	01	0
22.	Tribeni Roy	01	02
23.	Asha Pal (F.T.S)	10	20
24.	Chandana Bhattacharjee	06	19
25.	Swati Sarkar	05	14½
26.	Lakshmi Singh	02	01

S. Ch. Thakur
23.9.05

OFFICE OF THE MUNICIPAL COUNCILLORS, ALIPURDUAR

Memo No. IPP-VIII(Extn)/Trg/05/56

From : *Soumitra Mohan.*

*S.D.O, Alipurduar
&
Chairman, Alipurduar Municipality.*

P.O. ALIPURDUAR COURT
Dist. Jalpaiguri
Pin : 736122

Date: 21.10.2005.

To,

*Sri. Arnab Roy,
Project Director, CMU*

*Sub:- Re-orientation training for grass root level health functionaries
i.e. HHWs, FTSS, ANMs etc under health component of KUSP.*

Ref:- Your Memo No. CMU-94/2003(Pt-II)131(11) dt. 13.05.2005.

Sir,

This is to inform you that the following training will be conducted as per schedule given below.

<u>1st Phase</u>	<u>Name of Course</u>	<u>Duration</u>
29.10.05 to 30.10.05.	<i>On food Nutrition and growth monitoring of under 5 Children.</i>	02 days
<u>2nd Phase</u>	<u>Name of Course</u>	<u>Duration</u>
12.11.05 to 13.11.05.	<i>Training on STD/HIV/AIDs</i>	02 days

Dr. M.K. Santra, Health Officer of this Municipality who has already undergone Training Courses at Bangalore on the above subjects will conduct the above courses to HHWs, FTSS, ANM/GNMs.

You are requested to send Trainers, if any for imparting above trainings accordingly.

Yours faithfully,

*Chairman
Alipurduar Municipality*

Memo No. IPP-VIII(Extn)/Trg/05/56(4) dt. 21.10.05.

Copy to :-

- 1. Project Officer, 'SUDA' ILGUS BHAVAN, Kolkata - 91. - for information please.*
- 2. Project Director, IPP-VIII(Extn), Alipurduar Municipality. - -do-*
- 3. Health Officer, Alipurduar Municipality. - for information n/a please.*
- 4. PHN, IPP-VIII(Extn), Alipurduar Municipality. - -do-*

*Chairman
Alipurduar Municipality.*

IPP- VIII (Extn) Jalpaiguri Municipality

Evaluation sheet - on retsaining
on Food & Nutrition and GMA v. 10
G.W. Hru.

NAME	Pre-Training evaluation	Post Training evaluation
1. Smt. Krishna Guha (FTS)	8	19½
2. " Namita Bhattacharjee	6	12½
3. " Jayanti Das	4½	25
4. " Sarbari Das (Tempo- rary FTS)	5	19½
5. " Chhaya Datta Mondal	1½	06 =
6. " Kabeti Jostidar	1½	14
7. " Sampã Dasgupta	3½	10 =
8. " Shyamali Bagchi (FTS)	3	=
9. " Lita Sengupta. Lina	3	9 =
10. " Anindita Paul.	5½	23½
11. " Nupur Das.	8½	25
12. " Shanta Ukil.	4½	19
13. " Menna Khatun	5½	19
14. " Namita Biswas (FTS)	5	=
15. " Mousumi Mukherjee	2	22
16. " Ajanta Guha	1½	11½

	Pre-training evaluation	Post Training evaluation
17. Smt. Jva Das.	0	14½
18. " Bina Das Bhousmik.	1	7½
19. " Sumita Ghosh (FTS)	10	25
20. " Ratna Ghosh.	3½	14
21. " Sumita Saha.	4½	23
22. " Uma Chetri.	2	17
23. " Muna Basnet (FTS)	4	24½
24. " Tripti Joarder.	2½	17½
25. " Shankoti Chakraborty	4	21½
25. " Dalia Chakraborty (55)	11	25
26. " Kalpana st		
26. " Rita Ghosh (FTS)	3	11
27. " Hasi Chakraborty.	2	13
28. " Uma Basak.	1	04 2
29. " Suparna Roy.	7	23
30. " Keka Dutta Roy.	3½	23
31. " Kalpana Chakraborty (FTS)	12	23
32. " Alo Shil	11½	14

		Pre-training evaluation	Post training evaluation
33.	Smt. Shukla Ghosh.	9	20
34.	" Swapna Dutta	$14\frac{1}{2}$	21
35.	" Krishna Chakraborty	18 ^{Sum} 14 (18)	25
36.	" Tamali Sarker	$4\frac{1}{2}$	23
37.	" Ananya Banerjee (FTS)	20	$24 + 1 = 25$
38.	" Anita Dutta.	$\frac{1}{2}$	=
39.	" Chumki Sikder.	4	25
40.	" Chinu Basak	$2\frac{1}{2}$	06 =
41.	" Arati Singha (FTS)	$10\frac{1}{2}$	25
42.	" Bari Dutta	$5\frac{1}{2}$	25
43.	" Sampa Ghosh	7	19
44.	" Mitra Majumder	$2\frac{1}{2}$	9 =
45.	" Tinku Saha (FTS)	6	20
46.	" Sova Das.	4	$14\frac{1}{2}$
47.	" Anjali Sarker.	$\frac{1}{2}$	$3\frac{1}{2}$ =
48.	" Bhoreli Sarker	$4\frac{1}{2}$	19

		<u>Pre training evaluation</u>	<u>Post training evaluation</u>
49.	Smt. Tzipiti Dey Sarker	5	21 $\frac{1}{2}$
50.	u Kalpana Chakraborty (F.T.S)	5	22
51.	u Suniti Karmakar	absent 2 $\frac{1}{2}$	06 ✓
52.	u Arzati Das.	2	12
53.	u Rakha Sen.	5 $\frac{1}{2}$	13 $\frac{1}{2}$
54.	u Bandana Das.	8	25

~~GR~~
2/10/05

~~15~~

2,10,05

OFFICE OF THE PROJECT DIRECTOR
IPP-VIII (Extd.) SILIGURI
SILIGURI MUNICIPAL CORPORATION SILIGURI-734401

Memo No.....941/IPP-VIII

Date.....26.09.2005.....

H. P. No.....

Ward No.....

To
The Project Officer
SUDA
ILGUS BHAWAN
H.C.SECTOR-III
Bidhannagar, Kolkata-700091



Subject: Result sheet of HAU-4,5 and 6

Enclosed kindly find herewith the result sheet of HAU IV,V and VI for your perusal and taking necessary action.

Enc: As stated.

Signature
26/9/05
✓ Project Director
IPP-VIII(Extn)
Siliguri.

OFFICE OF THE PROJECT DIRECTOR
IPP-VIII (Extd.) SILIGURI
SILIGURI MUNICIPAL CORPORATION SILIGURI-734401

Memo No...../IPP-VIII

Date.....

H. P. No.....

Ward No.....

PROFORMA FOR REPORT OF TRAINING ON
FOOD & NUTRITION AND GROWTH MONITORING OF UNDER -FIVE CHILDREN.

Siliguri
 -----Municipal Corporation/
 Municipality.

* Report for the month of September 2005

Training held during.	HAU no. covered	No. of functionaries participated in the training.		
		HW'S	PTSS	STSS/ANMs
<i>September 2005</i>	<i>IV, V, VI</i>			
<i>19th Sept. 2005</i>	<i>IV, V, VI</i>	<i>114</i>	<i>23</i>	<i>5</i>
<i>24th " 2005</i>	<i>IV, V, VI</i>			

*Training completed so far no. of HAU/HPs

✓
Asst. Dir.
 Project Director
 IPP VIII, Siliguri
26/9/05

**OFFICE OF THE PROJECT DIRECTOR
IPP-VIII (Extd.) SILIGURI**

SILIGURI MUNICIPAL CORPORATION SILIGURI-734401

Memo No. /IPP-VIII

Date... ..

H. P. No....

Ward No....

Marks obtained by the trainees on Malnutrition and growth under 5(five) years Children on 21.9.2005 and 22.09.2005 at H.P.VI

SL.No.	Name of the Trainees	Pre-evaluation Test.	Post -evaluation Test.
1.	Smt. Mina Haldar, F.T.S.	15	25
2.	" Gouri Dey, F.T.S.	19	25
3.	" Anjali Dey, F.T.S.	18	19
4.	" Sabita Mazumdar, F.T.S.	16	24
5.	" Sima Chakraborty, F.T.S.	17	25
6.	" Chhaya Sarkar, F.T.S.	16	25
6.	" Minati Paul, F.T.S.	16	19
7.	" Chandana Sarkar, G.N.M.	18	25
8.	" Mridul Banerjee, Nurse.	11	25
9.	" Malati Haldar	08	14
10.	" Chhayarani Dey	19	22
11.	" Sikha Bhattacharjee	18½	24
12.	" Manju Saha	19	23
13.	" Rekha Roy	11½	16
14.	" Moli Sarkar	17½	25
15.	" Sibani Sarkar	16	25
16.	" Sipra Sarkar	09	14
17.	" Lila Das	11	21
18.	" Archana Dey Biswas	13½	24
19.	" Bandana Ghosh	09	22
20.	" Chitra Mondal	11	25
21.	" Sankari Paul	11	25
22.	" Sabita Sen	11	22
23.	" Subhaya Mitra	13	25
24.	" Parbati Sarkar	10	15
25.	" Sathi Dutta	15	21
26.	" Sima Dutta	19	25
27.	" Ila Pual Ghosh	20	25
28.	" Dolidas Choudhury	19	22
29.	" Sideepa Saha	14	21
30.	" Geeta Bhattacharjee	09	17
31.	" Rama Das	12	22
32.	" Mala Ghosh	18(18)	24
33.	" Bandana Das	17	25
34.	" Sarwati Paul	15	20.
35.	" Krishna Sarkar	18	25
36.	" Helen Dundung	07	19
37.	" Sampa Bose	11	11
38.	" Mita Bhattacharjee	17	23
39.	" Niyoti Roy	08	13
40.	" Annu Malakar	19	24
41.	" Chhaya Goswami	05	11
42.	" Tapasi Roy	16	21
43.	" Manju Ghosh	10	12
44.	" Rama Guha	16	29

[Signature]
26/9/2005
Project Director
IPP VIII, Siliguri

**OFFICE OF THE PROJECT DIRECTOR
IPP-VIII (Extd.) SILIGURI**

SILIGURI MUNICIPAL CORPORATION SILIGURI-734401

Memo No. /IPP-VIII

Date... ..

H. P. No....

Ward No....

MARKS OBTAINED BY THE TRAINEES ON ^{Food &} ~~ML~~NUTRITION AND GROWTH UNDER 5 YEARS CHILDREN ON 19.09.2005 AND 20.09.2005 AT HEALTHPOST-IV

<u>SL NO.</u>	<u>NAME OF THE TRAINEES</u>	<u>Pre-EVALUTION</u>	<u>Post EVALUTION</u>
1.	Smt. ANITA SAHA, F.T.S.	08	22
2.	" ANITA DAS, F.T.S.	13	25
3.	" ESONA SAHA, F.T.S.	15	22
4.	" SABITA SINGH ROY, FTS	12	23
5.	" CHHABI DHAR, FTS	19	24
6.	" SHYAMALI SAHA, FTS	21	25
7.	" MANGALAROY, FTS	17	23
8.	" NILIMA DUTTA GUHA ROY, FTS	11	20
9.	" SIMA BURMAN, GNM	10	25
10.	" BAKUL PAUL KUNDU	03	15
11.	" MINATI SEN	06	16
12.	" URMILA SARKAR	05	17
13.	" SMRITI CHATTERJEE	08	21
14.	" SADHANA PAUL	07	21
15.	" SIPRA SARKAR	06	18
16.	" MINATI CHAKRABORTY	01	14
17.	" SEFALI DAS	07	23
18.	" ANNU MALAKAR	05	19
19.	" BASANT SAHA	16	22
20.	" MINATI DAS	05	17
21.	" ITI SAHA	07	22
22.	" RAMA DAS	03	12
23.	" NUPUR BHATTACHARJEE	10	25
24.	" SIKHA HALDAR	08	17
25.	" LUXMI SARKAR SARKAR	05	19
26.	" TULTUL MONDAL	04	22
27.	" PAPIYA ROY	15	24
28.	" SANDHYA PAUL	19	21
29.	" SWAPANA SEN	11	20
30.	" NIYOTI ROY	03	17
31.	" RANU BARUA	09	19
32.	" MANJU GHOSH	01	14
33.	" KUNTI CHHETRI	10	23
34.	" SARSWATI DAS	07	20
35.	" SUSUMA CHAKRABORTY	15	19
36.	" UMA BHATTACHARJEE	12	18
37.	" ARATI BARUA	09	19
38.	" ANITA DAS	04	13
39.	" RAJANI DARJEE	10	19

✓ *Ashu*
Project Director
IPP VIII, Siliguri

**OFFICE OF THE PROJECT DIRECTOR
IPP-VIII (Extd.) SILIGURI**

SILIGURI MUNICIPAL CORPORATION SILIGURI-734401

Memo No. /IPP-VIII

Date.... ..

H. P. No.....

Ward No.....

Marks obtained by the trainees on malnutrition and growth under five years Children on 23.09.2005 and 24.09.2005 at H.P.-V

SL NO.	Name of the trainees.	Pre-evaluation Test.	Post-Evaluation Test.
1.	Smt. Sukla Sarkar, FTS	07	24
2.	" Kalyani Biswas, FTS	17	25
3.	" Alpana Palit, FTS	06	25
4.	" Janhabi Saha, FTS	08	25
5.	" Deepali Dalal, FTS	06	25
6.	" Debi Dey, FTS	07	25
7.	" Alideb Nath, FTS	15	25
8.	" Sefali Biswas, FTS	23	25
9.	" Dipali Ghosh Bose, FTS	07	25
10.	" Debashri Saha, GNM	15	25
11.	" Pronati Ghosh, OT Nurse	05	A
12.	" Rita Bose	01	16
13.	" Alpana Deb Nath	01	17
14.	" Sarwati Saha	3	21
15.	" Malatisingh Roy	03	15
16.	" Sadhana Nandi	02	22
17.	" Swapana Ghosh	02	22
18.	" Devika Thapa	-	16
19.	" Sakti Sen	-	20
20.	" Protima Ghosh	12	21
21.	" Radharani Sarkar	06	20
22.	" Alo Dutta	06	24
23.	" Gita Mazumdar	03	13
24.	" Sevika Adhikari	06	20
25.	" Archana Chakraborty	05	19
26.	" Pratima roy Burman	12	21
27.	" Niva Adhikari	03	21
28.	" Luxmi Biswas	05	23
29.	" Sabitarani Dhar	03	19
30.	" Tripti Saha	05	20
31.	" Sarmiladas	07	24
32.	" Tapasidas Bhattacharjee	07	25
33.	" Arati Biswas	06	17
34.	" Tapati Ghosh	03	25
35.	" Puspa Sutradhar	05	23
36.	" Maya Dutta	04	25
37.	" Tulika Bhattacharjee	06	25
38.	" Ratnadas Chakraborty	04	24
39.	" Sandhya De Sarkar	05	24
40.	" Arati Saha	03	21
41.	" Subhasi Dey	07	23
42.	" Anandamoyee Saha	10	25
43.	" Sampa Mahato	20	25
44.	" Sefali Mondal	09	21
45.	" Animesen Gupta	12	25
46.	" Protimadebi Goswami	06	23
47.	" Krishna Chakraborty	12	25
48.	" Amita Nandi	12	25
49.	" Swapana Ganguli	19	22
50.	" Nina Nath	06	23

Adm. M. 26/9/2005
Project Director
IPP VIII, Siliguri
P.T.O. page-2

OFFICE OF THE PROJECT DIRECTOR
IPP-VIII (Extd.) SILIGURI

SILIGURI MUNICIPAL CORPORATION SILIGURI-734401

Memo No. /IPP-VIII

Date... ..

H. P. No....

Ward No....

PAGE-2

51.	SmtJharnaroy Ghosh	10	25
52.	" Protima Shom	06	24
53.	" Deepali Munshi	12	25
54.	" Bina Paul	12	23
55.	" Anju Paul	01	22
56.	" Sibani Chatterjee	13	25
57.	" Sandhya Bhowmik	09	25
58.	" Chhaya Goswami	02	18½
59.	" Sampa Bose	05	24

Adm. Asst.
Project Director
IPP VIII, Siliguri



KOLKATA URBAN SERVICES FOR THE POOR
CHANGE MANAGEMENT UNIT

Memo No. CMU-94/2003(Pt. III)/1177

Dt. .. 25.11.2005

From : Arnab Roy
Project Director, CMU

To : The Chairman
English Bazar Municipality

Sub. : Re-training to grass root level functionaries on Food & Nutrition and Growth Monitoring of Under-Five Children under Health component of KUSP.

Sir,

The above mentioned training have already been conducted at HPs during 13-14 & 19-20 November, 2005. It is seen from the pre- & post evaluation score sheet that the following HHWs secured very poor marks in both the evaluation tests.

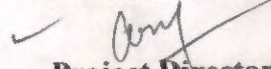
Total Marks-25

Name of HHW	Pre-evaluation Score	Post-evaluation Score
Pratima Chowdhury	03	05
Dolon Roy	03	09
Lila Rajak	01	02
Tanjima Khatun	1.5	08
Dulu Chowdhury (FTS)	04	08
Aloka Chakraborty (ANM)	3.5	08
Saraswati Das	05	06
Santana Das	01	04
Laxmi Biswas	02	04
Reba Roy	00	04
Sabitri Barman	01	03

As the re-orientation training is towards strengthening of service delivery by the grass root level functionary, it is quite necessary that they should possess adequate knowledge on the subject. Hence it is requested that more close attention should be given to these above mentioned grass root level functionaries so that they attain the required standard for effective delivery of services, described under job responsibility.

Thanking you.

Yours faithfully,


Project Director, CMU

Contd. to P-2.



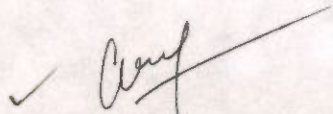
- 2 -

Memo No. CMU-94/2003(Pt. III)/1177/1 (2)

Dt. .. 25.11.2005

Copy forwarded for information to :

1. Secretary, Municipal Affairs Dept.,
2. PS to MIC, Municipal Affairs Dept.,


Project Director, CMU

KTU-1

Sl. No.	Name	Pre-Evaluation	Post-Evaluation
1	2	3	4
1	Rekha Roy, F.T.S	7.5	23.0
2	Monimala Das	14.5	22.5
3	Jasmin-Ara-Begam	2.0	21.0
4	Jayanti Ganguly	5.0	25.0
5	Anju Choudhury	5.5	15.5
6	Pratima Majumdar	13.0	22.5
7	Gopa Das, F.T.S	12.0	24.5
8	Anowara Bibi	3.5	12.5
9	Sabita Das	3.0	18.5
10	Gita Chakraborty	2.5	20.0
11	Rina Bibi	9.0	22.5
12	Supriti Ghosh, F.T.S	16.0	23.5
13	Safeda Bibi	7.5	24.0
14	Debi Mishra	12.0	23.5
15	Sikha Das Sarkar	15.5	22.0
16	Utpala Das Sarkar	15.0	25.0
17	Sakuntala Karmakar	10.0	24.0
18	Reba Saha Roy, F.T.S	17.5	25.0
19	Bisakha Biswas	13.5	25.0
20	Akhtari Begam	5.0	13.5
21	Basana Dam	1.0	22.0
22	Mahamaya Sen	12.0	25.0
23	Suniti Dutta	3.0	17.5
24	Nilima Dey	16.5	24.0
25	Maya Biswas	9.0	11.5

m. Banik
Lovachoy.

Sl. No.	Name	Pre-Evaluation	Post-Evaluation
1	2	3	4
26	Sampa Majumder, F.T.S	5.5	24.0
27	Papia Sarkar	3.0	17.5
28	Saraswati Das	5.0	6.0
29	Soma Guha	4.0	18.5
30	Anjali Karmakar	0.0	10.5
31	Sukla Barman, F.T.S	6.0	25.0
32	Santana Das	1.0	4.0
33	Laxmi Biswas	2.0	4.0
34	Janaki Saha Goldar	12.5	25.0
35	Sabita Roy Mukharjee	7.0	23.0
36	Jharna Halidar	2.0	11.0
37	Chhabi Ghosh, F.T.S	6.5	23.0
38	Arati Ghosh	3.0	19.0
39	Reba Roy	0.0	4.0
40	Sabitri Barman	1.0	3.0
41	Rina Roy	4.0	22.0
42	Kabita Saha	5.0	17.0
43	Kumudini Hembram, Nurse	Absent	Absent
44	Mst. Rehen Khatun, Jr. Nurse.	8.0	24.5
45	Aloka Chakraborty		15.0
46	Lila Rajak		12.0
47	Sabita Roy		22.5
48	Shibani Chattarjee		22.5
49	Pratima Choudhury		24.5
50	Dwiti Baral		24.5
51	Dulu Choudhury		25.0
52	Dolon Roy		25.0
53	Tanjima Khatun		24.5

[Handwritten Signature]

NA 52

Sl. No.	Name	Pre-Evaluation	Post-Evaluation
1	2	3	4
1	Sukla Ghosh, F.T.S	3.0	18.0
2	Sabitri Haldar (Ghosh)	3.0	24.5
3	Renuka Adhikari	3.0	21.0
4	Pratima Choudhury	3.0	5.0
5	Laxmi Das	4.0	17.0
6	Sefali Kar	5.0	13.5
7	Rita Sarkar	3.5	21.5
8	Tuku Paul, F.T.S	8.0	22.5
9	Jayashree Sarkar	6.0	23.0
10	Ratna Das	2.0	22.0
11	Shila Kar	4.0	21.0
12	Dolon Roy	3.0	9.0
13	Bandana Ghosh	5.0	22.0
14	Shibani Chatterjee	2.0	12.0
15	Gita Mukharjee, F.T.S	5.5	18.5
16	Anamika Saha (Das)	5.0	24.0
17	Santana Dutta	4.0	22.0
18	Sova Das	2.5	25.0
19	Sunanda Choudhury	3.0	20.5
20	Lila Rajak	1.0	2.0
21	Lila Sarkar, F.T.S	2.5	22.0
22	Jayanti Dutta	6.5	25.0
23	Tanjima Khatun	1.5	8.0
24	Mira Rani Jha (Roy)	4.5	23.0
25	Baby Basak	4.5	25.0
26	Pratima Chauhan	4.0	14.5
			Contd..... Page (2)

Sl. No.	Name	2	
		Pre-Evaluation	Post-Evaluation
1	2	3	4
27	Basanti Ghosh, F.T.S	5.5	23.5
28	Tripti Kundu	4.5	24.5
29	Sudha Karmakar	6.5	20.5
30	Latika Mahato	4.0	21.0
31	Jahanara Begam	5.0	22.0
32	Dwiti Baral	2.0	12.5
33	Iti Kundu	5.5	25.0
34	Chanchala Das, F.T.S	4.0	25.0
35	Minoti Choudhury	4.5	22.0
36	Reba Dutta	1.5	22.0
37	Sima Das(Saha)	5.0	25.0
38	Santana Mukharjee	3.0	17.5
39	Dulu Choudhury, F.T.S	4.0	8.0
40	Monorama Roy	2.5	18.5
41	Sabita Roy	1.0	10.0
42	Krishan Goswami	5.0	25.0
43	Mani Dey, A.N.M	5.0	24.5
44	Sarathi Biswas, Addl. Nurse	4.5	22.0
45	Aloka Chakraborty, A.N.M	3.5	8.0
46	Rinku Chakraborty, Nurse	4.0	20.0
47	Alpona Chakraborty, A.N.M	6.0	24.5

Dr. Basak 14/11/05
(Dr. Mukti Basak)

Sova Roy
DR. Sova Roy
14/11/05



KOLKATA URBAN SERVICES FOR THE POOR
CHANGE MANAGEMENT UNIT

Memo No. CMU-94/2003(Pt. III)/1059

Dt. .. 08.11.2005

From : Arnab Roy
Project Director, CMU

o/c

To : The Chairman
English Bazar Municipality

Sub. : Re-training for grass root level health functionaries i.e. HHWs, FTSs and STSs on Food & Nutrition and Growth Monitoring under Health component of KUSP.

Ref. : This office earlier communication under memo no. CMU-94/2000 (Pt. II)/416 dt. 08.07.2005.

Sir,

It has already been communicated to you by Health Expert, CMU that the said re-training programme in respect of your municipality for one no. of HAU will be held at your place during 13 - 14 November, 2005.

Dr. Krishna Sarda, Public Health Expert from CMU will attend the two days training on scheduled dates for monitoring & supervision. She will reach Malda by Gour Express on 13th November, 2005. You are requested kindly to make necessary arrangement for her local mobility support and accommodation.

Copy of guideline on Food & Nutrition and Growth Monitoring will be provided to you through Dr. Sarda which are to be Xeroxed at your end and be given to each of the participants as training materials.

You are requested to depute Medical Professionals attached with IPP-VIII (Extn.) to participate and conduct the two days session of the re-training programme.

A report after completion of training at each HAU level is to be forwarded to the undersigned as per enclosed proforma *.

Thanking you.

Encl. : *

Yours faithfully,


Project Director, CMU

Memo No. CMU-94/2003(Pt. III)/1059/110

Dt. .. 08.11.2005

Copy forwarded for information and necessary action to :

1. Krishna Sarda, Public Health Expert


Project Director, CMU

OFFICE OF THE

IPP-VIII (Extension)

Balurghat Municipality
BALURGHAT ★ DAKSHIN DINAJPUR



Memo No.....271/(2)/IPP-VIII (Extn.) / 29/05

Dated.....23.08.05

To

Dr. K. Sarda,
Public Health Expert,
IPP-VIII(Extn.),
SUDA, ILGUS BHABAN,
H.C. Block, Sector - 3,
Bidhannagar, KOLKATA - 700 106. |

Dr. B.N. Kabiraj,
Medical Officer,
IPP-VIII(Extn.),
Balurghat Municipality.

Sub :- Training of H.H.Ns & F.T.Ss on Food & Nutrition
and Growth Monitoring of under five children.

Ref :- This Office Memo No. 265/IPP-VIII(Extn.)/29/05
dated 09.08.05.

Madam/Sir,

This is to inform you that Training of grass root level Health workers of this Municipality on Food & Nutrition and Growth Monitoring of under five children has been organised in two batches, for 1st batch on 28th & 29th and 2nd. batch on 30th. & 31st. instant, at Subarna Tat - the Municipal meeting Hall.

You have been selected as trainer for the above meeting.

You are requested to please attend the training/meeting and deliver your valuable deliberations.

Thanking you.

Yours faithfully,

Sd/- Illegible

Chairman
IPP-VIII(Extn.) Balurghat
Balurghat Municipality.

Contd.....P/2

OFFICE OF THE
IPP-VIII (Extension)
Balurghat Municipality
BALURGHAT ★ DAKSHIN DINAJPUR

Memo No...../IPP-VIII (Extn.)

Dated.....

- 2 -

Memo No. 271/(2)/1(2)/IPP-VIII(Extn.)/29/05 dated 23.08.05.

Copy forwarded for information and favour of taking necessary action to :-

- ✓ (1) The Project Director, Change Management Unit (CMU),
ILGUS BHABAN, H.C. Block, Sector - 3, Bidhannagar,
Kolkata - 700 106.
- (2) The project officer, Health, SUDA, ILGUS BHABAN,
H.C. Block, Bidhannagar, Kolkata - 700 106.

(Signature)
Chairman
IPP-VIII(Extn.) Balurghat
Balurghat Municipality.

23/08/05
Memo No. 271/(2)/2(15)/IPP-VIII(Extn.)/29/05 dated 23.08.05.

Copy forwarded for information with request to please attend the training meeting to :-

- 1) Sree K.C. Das, MCIC, Balurghat Municipality.
- 2) Dr. M. Guharoy (Chatterjee), Medical Officer, IPP-VIII
(Extn.), Balurghat Municipality.
- 3) Sree S.K. Roy, UHIO, Balurghat Municipality.
- 4) to (15) Smt....., F.T.S, SHP No..
She is requested please attend the meeting as per schedule
along with her H.H.Ws.

Chairman
IPP-VIII(Extn.) Balurghat
Balurghat Municipality.

OFFICE OF THE
IPP-VIII (Extension)
Balurghat Municipality
BALURGHAT ★ DAKSHIN DINAJPUR



Memo No.....**286**...../IPP-VIII (Extn.) /29/05

Dated.....**06.09.05**.....

To
The Project Director,
C.M.U.,
Kolkata Urban Services for the poor,
ILGUS BHAVAN,
H.C. Block, Sector 3,
Bidhan Nagar, Kolkata - 700 106.

*Dr. Grosvenor
and
15/9*

Sub :- proforma Report of training on Food & Nutrition
and Growth monitoring of under five children.

Sir,

I am enclosing the proforma report of training on Food
& Nutrition and Growth Monitoring of under Five Children
held on 28th & 29th and 30th & 31st. August, 2005.

In this connection this is to state that result of
evaluation of training held on 30.08.05 & 31.08.05 is enclosed.
Result sheet of training held on 28.08.05 & 29.08.05 has already
been sent through Dr. K. Sarada, Public Health Expert of K.U.S.P.

Thanking you.

Yours faithfully,

Encls: As Stated

Bikas
Chairman
IPP-VIII(Extn.) Balurghat
Balurghat Municipality.

*2:
06/09/05*



Proforma for Report of training on
Food & Nutrition and Growth Monitoring of Under-Five Children.

- Name of the ULB : *Balurghat Municipality.*

No. of HAUs under		
CUDP III	IPP-VIII	Total
X	2 nos.	2 nos.

- Report for the Month of *August, 2005.*

Training held during	HAU no. covered	Nos. of functionaries participated in the training		
		HHWs	FTS _s	STS _s
<i>28.8.05 31.8.05</i>	<i>2 nos.</i>	<i>64 nos.</i>	<i>12 nos.</i>	<i>—</i>

- Training completed so far for no. of HAUs.

Mgr/6.9.05
Medical Officer
IPP-VIII (Extn.) Balurghat
Balurghat Municipality.
Signature of Health Officer / Asstt. Health Officer

(1)	(2)	(3)	(4)	(5)
32.	Smt. Jharna Saha.	5'0	16'0'	
33.	" Supriya Dey.	5'0	20'0.	
34.	" Mita Saha (Roy).	4'0	17'0	
35.	" Gita Kundu, P.T.S.	12'5	25'0	
36.	" Gita Dutta.	4'0	6'0 2	
37.	" Dipali Kundu.	14'0	21'5	
38.	" Manju Jorder.	3'0	15'5	
39.	" Renuka Saha-II.	8'0	25'0.	
40.	" Basanti Paul.	10'0	18'0	

Siddhanta
31/8/05

Mousumi Jyaha
31/8/05

Bhomen Nath Mahapatra
31/8/05

Urban Health Improvement
Organiser, Balurghat Municipality
Balurghat Municipality
Dakshin Dinajpur.

Medical Officer
IPP-VIII (Exam.) Balurghat
Balurghat Municipality
Dakshin Dinajpur.

I. P. P - VIII (EXTN)

KHARAGPUR MUNICIPALITY

Memo No. : 124 I.P.P. VIII (Extn) -I-55/05

Date 12.7.05.



To,

The Project Director, CMU,
K. U. S. P.
Ilgus Bhavan, H-C Block,
Sector-3, Bidhannagar,
Kolkata-700106.

Dr. G. S. Sanyal
15/7/05

Sub: Re-orientation Training for Gross root Level Health Functionaries on ^{nut growth} monitoring of under 5 yrs Children.

Ref: Your memo no.-CMU-94/2003(Pt-II)/131(11) dt.13.5.2005.

Sir,

As desired, I propose the dates for re-orientation training for H.H.Ws, F.T.S. and ANMs on food and Nutrition and growth monitoring of under 5 years children at 4 HAUS detailed below.

SL.NO.	NAME OF HAU	ADDRESS	DATES PROPOSED	TIME.
1	HAU No.-I	Inda, Anandanagar Kharagpur.	2.8.2005 3.8.2005.	12 noon. <i>Dr. K. Sanyal</i>
2.	HAU No.-II	Rajogram, Kharagpur	4.8.2005 5.8.2005.	--do-- <i>Dr. K. Sanyal</i>
3.	HAU No.-III	Chandipur, Malancha Kharagpur	9.8.2005 10.8.2005.	--do--
4.	HAU No.-IV	Chhoto Ayma, Kharagpur	11.8.2005 12.8.2005	--do--

Dates and time may kindly be confirmed early.

Thanking you,

yours faithfully,



(R. S. Pandey)
Chairman
Kharagpur Municipality.



KOLKATA URBAN SERVICES FOR THE POOR
CHANGE MANAGEMENT UNIT

Memo No. CMU-94/2003(Pt. II)/429(11)

Dt. .. 12.07.2005

From : Arnab Roy, IAS
Project Director, CMU

Attn: Sri Singh, UHO
Paritosh Babu, MIC

To : The Mayor / Chairman

...Subiguni..... Municipal Corporation / Municipality

Sub. : Trainers training for Health Officers / Asst. Health Officer / Medical Officer
on Food & Nutrition and Growth Monitoring of under-five children.

Sir,

You may be aware that retraining of the grass root level health functionaries is one of the approved activities to strengthen the existing community based health care programmes at your ULB.

For this purpose, a Trainers training programme is scheduled on Food & Nutrition and Growth Monitoring of under-five children on **27.07.2005 at 12-00 noon** at the conference hall, SUDA, ILGUS Bhavan, Salt lake. HO / AHO / Medical Officer of the ULB will impart two days training on Food & Nutrition and Growth Monitoring of under-five children to the HHWs, FTSs and ANMs / STSs at HAU / HP level which will be facilitated, monitored and supervised by an expert from CMU.

Hence, you are requested to instruct your HO / AHO / MO to participate in the said Trainers training programme.

Expenditure incurred for the purpose is to be met out of KUSP fund already provided to you. Statement of Expenditure is to be submitted to this office under the A/C head "Support to health sector - Re-training" by 10th of the following month.

Thanking you.

Yours faithfully,


Project Director, CMU

Contd. to P-2.



- 2 -

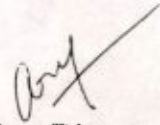
Memo No. CMU-94/2003(Pt. II)/429(11)/1(11)

Dt. .. 12.07.2005

Copy forwarded for information and necessary action to :

Health Officer / Asstt. Health Officer / MO,

..... Municipal Corporation / Municipality.

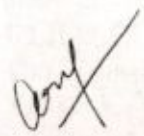

Project Director, CMU

Memo No. CMU-94/2003(Pt. II)/429(11)/2(7)

Dt. .. 12.07.2005

Copy forwarded for kind information to :

1. Secretary, MA Dept.
2. PS to MIC, MA & UD
3. Director of Local Bodies
4. Director, SUDA
5. Project Manager, CMU
6. Accounts Officer, CMU
- ✓ 7. Health Expert, CMU


Project Director, CMU



KOLKATA URBAN SERVICES FOR THE POOR
CHANGE MANAGEMENT UNIT

Memo No. CMU-94/2003(Pt. III)/883

Dt. .. 28.09.2005

**From : Dr. Shibani Goswami
Health Expert, CMU**

**To : The Chairperson
Jalpaiguri Municipality**

**Sub. : Re-orientation training for grass root level health functionaries i.e.
HHWs, FTSS etc. under Health Component of KUSP.**

Sir,

This is to inform you that Dr. Krishna Sarda, Public Health Expert will monitor the said training programme on behalf of CMU during the scheduled dates i.e. 1st & 2nd October, 2005. She will reach NJP on the morning of 1st October, 2005 by Kanchan Kanya. You are requested kindly to make necessary arrangement for her mobility support from railway station to municipality and accommodation at Jalpaiguri during the said period.

Thanking you.

Yours faithfully,

Project Director, CMU

Memo No. CMU-94/2003(Pt. III)/883/1

Dt. .. 28.09.2005

Copy forwarded for information to :

Project Director, IPP-VIII (Extn.), Jalpaiguri Municipality.

Project Director, CMU

Dr. Krishna Sarda, Public Health Specialist.



KOLKATA URBAN SERVICES FOR THE POOR
CHANGE MANAGEMENT UNIT

Memo No. CMU-94/2003(Pt. II)/C24

Dt. .. 13.08.2005

From : Arnab Roy
Project Director, CMU

To : The Chairperson
Balurghat Municipality

Sub. : Re-orientation training for grass root level health functionaries i.e.
HHWs, FTSs etc. under Health Component of KUSP.

Madam,

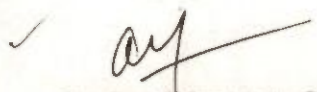
Reference is invited to your communication under memo no. 265/IPP-VIII (Extn.)/29/05 dt. 09.08.2005 on the above subject.

This is to inform you that Dr. Krishna Sarada, Public Health Expert will monitor the said training programme on behalf of CMU during the scheduled dates i.e. 28 to 31st August, 2005. She will reach Balurghat on the morning of 28th August, 2005. You are requested kindly to make necessary arrangement for her accommodation at Balurghat.

This is also to re-iterate that unit cost for two days training programme at each HP shall not exceed Rs. 5,700/-. As there are two HPs at your ULB, the estimated training cost shall not exceed Rs. 11,400/-. I hope you can well accommodate the training expenditure within the budget limit.

Thanking you.

Yours faithfully,


Project Director, CMU

Memo No. CMU-94/2003(Pt. II)/

Dt. .. 13.08.2005

Copy forwarded for information and necessary action to :
Project Director, IPP-VIII (Extn.), Balurghat Municipality.


Project Director, CMU

IPP-VIII (Extension)

Balurghat Municipality
BALURGHAT ★ DAKSHIN DINAJPUR

Memo No.....265/IPP-VIII (Extn.) /29/05

Dated.....09.08.05...

To

✓
The Project Director,
Change Management Unit (CMU),
ILGUS BHAVAN, H.C. Block,
Sector - 3, Bidhannagar,
K O L K A T A - 700 106.

Dr. Grosuani
12/8

Sub :- Re-orientation training for grass root level
Health functionaries i.e. H.H.Ws, F.T.Ss etc.
under Health Component of KUSP.

Ref :- Your Memo No. CMU-94/2003(pt-II)/430(II) dated
12.07.05

Sir,

With reference to above this is to inform you that
re-orientation training for grass root level health
functionaries under this ULB has been scheduled as follows :-

Date.	Venue	Attending Members	No. of participants
28.08.05 & 29.08.05	Subarna Tat - Municipal Conference Hall.	F.T.Ss & H.H.Ws of S.H.P Nos. 7 to 12.	40
30.08.05 & 31.08.05	-do-	F.T.Ss & H.H.Ws of S.H.P. Nos. 1 to 6.	36

In this connection this is to state that at present we
have 76 number of grass root level workers. But you have
sanctioned unit cost for each training for 50 participants
o-nly.

Hence, cost of training materials and tea & tiffin will
exceed your ceiling limit, which may kindly be permitted.

Yours faithfully,

B. Sinha
Chairman

IPP-VIII(Extn.) Balurghat
Balurghat Municipality

10/09/08/05

Contd....P/2

OFFICE OF THE
IPP-VIII (Extension)
Balurghat Municipality
BALURGHAT ★ DAKSHIN DINAJPUR

Memo No...../IPP-VIII (Extn.)

Dated.....

- 2 -

Memo No. 265/1(1)/IPP-VIII(Extn.)/29/05 dated 09.08.05

Copy forwarded for information and taking necessary
action to the Project Officer (Health), SUDA, ILGUS BHAVAN,
H.C. Block, Sector - 3, Bidhannagar, Kolkata - 700 106.

Chairman
IPP-VIII(Extn.) Balurghat
Balurghat Municipality.



KOLKATA URBAN SERVICES FOR THE POOR
CHANGE MANAGEMENT UNIT

Memo No. CMU-94/2003(Pt. II)/619

Dt. 12.08.2005

From : Dr. Shibani Goswami
Health Expert, CMU

To : The Project Director
IPP-VIII-(Extn.)
Siliguri Municipal Corporation

Sub. : Training of HHWs, FTSs on Food & Nutrition and Growth Monitoring of Under Five-Children under Health Component of KUSP.

Sir,

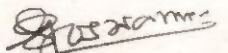
Reference is invited to your communication bearing memo no. 931/IPP-VIII dt. 03.08.2005.

This is to inform you that Dr. Krishna Sarda, Public Health Expert will monitor the above mentioned training on behalf of CMU, KUSP during 16-17, 18-19 & 22-24 August, 2005. She will be reaching New Jalpaiguri on the Morning of 16th August, 2005 by Darjeeling Mail.

You are requested kindly to make necessary arrangement for her transport from New Jalpaiguri Station to Siliguri and suitable accommodation during her stay at Siliguri.

Thanking you.

Yours faithfully,


Health Expert

Memo No. CMU-94/2003(Pt. II)/619-1(2)

Dt. 12.08.2005

Copy forwarded for information and necessary action to :

1. Mr. P. Singh, UHIO, IPP-VIII-(Extn.), Siliguri Municipal Corporation.
2. Dr. Krishna Sarda, Public Health Expert.


Health Expert



KOLKATA URBAN SERVICES FOR THE POOR
CHANGE MANAGEMENT UNIT

Memo No. CMU-94/2003(Pt. II)/ 619

Dt. 12.08.2005

From : Dr. Shibani Goswami
Health Expert, CMU

To : The Project Director
IPP-VIII-(Extn.)
Siliguri Municipal Corporation

Sub. : Training of HHWs, FTSs on Food & Nutrition and Growth
Monitoring of Under Five-Children under Health Component of
KUSP.

Sir,

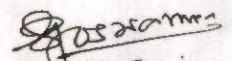
Reference is invited to your communication bearing memo no. 931/IPP-VIII dt. 03.08.2005.

This is to inform you that Dr. Krishna Sarada, Public Health Expert will monitor the above mentioned training on behalf of CMU, KUSP during 16-17, 18-19 & 22-24 August, 2005. She will be reaching New Jalpaiguri on the Morning of 16th August, 2005 by Darjeeling Mail.

You are requested kindly to make necessary arrangement for her transport from New Jalpaiguri Station to Siliguri and suitable accommodation during her stay at Siliguri.

Thanking you.

Yours faithfully,

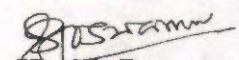

Health Expert

Memo No. CMU-94/2003(Pt. II)/ 619-1(2)

Dt. 12.08.2005

Copy forwarded for information and necessary action to :

1. Mr. P. Singh, UHIO, IPP-VIII-(Extn.), Siliguri Municipal Corporation.
2. Dr. Krishna Sarada, Public Health Expert.


Health Expert

Office of the
Burdwan Municipality



Memo No. 647/20-6

dt. 22-7-05.

To
Sri Arnab Ray,
Project Director, C.M.U.
ILGUS Bhavan, H.C. Block,
Sector - 3, Bidhannagar,
Kolkata - 106

Dr. Goswami
5/8/05

Sub :- Nomination for Trainers training the
H.O. on Food & Nutrition to be held
on 27/7/2005 at ILGUS Bhavan.

Ref :- Your No. CMU 94/2003(Pt - 11)/429
(11) dt. 12/7/2005.

S I R ,

With reference to the captioned matter Dr. Panchu Gopal Ray
a part time Medical Officer of I.P.P. (VIII-Extn), Burdwan Municipality
is hereby nominated to attend the above mentioned training to be held on
27/7/2005 at 12.00 noon at ILGUS Bhavan, Salt Lake, Kolkata.

Yours faithfully,

Chairman,
Burdwan Municipality.

Memo No.

dt.

- Copy to :-
- 1). M.C.I.C. (Health),
 - 2). Project Officer, I.P.P. (VIII- Extn), B.M.
 - 3). H.O. Burdwan Municipality.
 - 4). Sri Sanjib Sarker, Clerk-in-charge, I.P.P. (VIII-Extn)
Alamganj, Burdwan for information.
 - 5). Dr. Panchu Gopal Ray, Part time M.O. I.P.P. (VIII-Extn)
with the request to attend the training Programme at
ILGUS Bhavan, Salt Lake, Kolkata.

Chairman,
Burdwan Municipality.

Comp. by :-



033-2359-3184

**OFFICE OF THE PROJECT DIRECTOR
IPP-VIII (Extd.) SILIGURI**

SILIGURI MUNICIPAL CORPORATION SILIGURI-734401

Memo No 931 /IPP-VIII

Date 3.8.2005

H. P. No.

Ward No.



10 AUG 2005

To
The Project Officer
SUDA
ILGUS BHAWAN
H.C. Sector-III - Bidhannagar
Kolkata-700091

Subject: Training of HHW, F.T.S. on food & Nutrition
and growth monitoring under five children.

- training
The training of HHW, 1st Tier Supervisor on Food and Nutrition Growth monitoring of under five children at Healthpost will be started from 16th August, 2005. The training will start at 11.00 A.M. to 1.00 P.M. and 2nd session 2.00 P.M. to 4.00 P.M.

So, you are requested to kindly arrange to send C.M.U. representative at Siliguri positively on 16th August, 2005. His accomodation will be arranged from this end.

Lau
Project Director
IPP-VIII (Extn)
Siliguri.

3/8/05

Darjelling Mem

*16-17
18-19
20-22
23-24*

*20-21st
Dr. S. C. ROY*

Office of the IPP VIII (Extension)

Burdwan Municipality

Jhurjhure Pool, Alamganj, Burdwan - 713102



Ref. No. 34/IPP-VIII(Extn.)/B.M.

Date: 1/8/05

To,

Dr. Shibani Goswami,
Health Expert (K.U.S.P.),
Ilgus Bhaban,
Sector-III, Bidhannagar,
Kolkata- 700 106.

Madam,

I beg to enclose herewith a xerox copy of this office letter no.- 646/XII- 6 dated 22/07/05 for favour of your kind perusal and taking necessary action.

Sooner the appropriate action in this regard be taken, is better.

Yours faithfully,

Chairman,
Burdwan Municipality.

Memo No.-

Date :-

Copy to Sri Sanjib Sarkar attached with I.P.P.-VIII(Extn.) Project is directed to go to Kolkata to hand over this letter to this addressee and persue the matter with her immediately.

Chairman,
Burdwan Municipality.

Office of the Board of Councillors
 Burdwan Municipality

Memo No. 646/20-6

Dated 22.7.05

From: Sbri S. Mondal,
 Chairman,
Burdwan Municipality.

To: Sbri Arunab Ray,
 Project Director, W M U,
 Ugas Bhawan, H.C. Block,
 Sector-3, Bidhannagar,
Kolkata-106.

Sub:-Re-orientation programme i.e. for grass root level Health functionaries i.e. HHEs, FHSs, and ANMs/STs under Health component KUSP.

Ref:- Your No. CMU-94/2003(Pt-11)/430(11) dated 12.7.2005.

Sir,

With reference to the captioned matter the programmes of the re-orientation of HHEs, FHSs, and ANMs of the I.P.P.-VIII (Extn) Programme, Burdwan Burdwan Municipality is furnished below.

Sl. No.	Number of the Health Post.	Location.	Date of the re-orientation.
1.	1	Goda Daspara, Burdwan.	16.8.05 & 17.8.2005; - chairman
2.	2	Khalashipara, Burdwan	22 19.8.05 & 19.8.2005; 23
3.	3	Sukantapally, Burdwan	24 23.08.05 & 24.8.05. 25
4.	4	Alamgunj, Burdwan	26 25.8.05 & 26.8.2005; 27
5.	5	Kanchannagar, Burdwan.	30.8.05 & 31.8.2005;

I would request you to depute one ~~to depute one~~ Resource person from your end as per programme sited above. If any modification is of this programme is needed from your end that may be done and intimated to this end.

Yours faithfully,


 Chairman,
Burdwan Municipality.

Memo No. _____ dt. _____

- Copy to:- (1) M.C.I.C. (Health), Burdwan Municipality.
 (2) Executive Officer, -do-
 (3) Health Officer, -do-
 (4) Sri Sanjib Sarkar, Clerk In-charge, I.P.P. (VIII-Extn).

Chairman,
Burdwan Municipality.

b/b.21705.
 Comp. BY:

Office of the Board of Councillors
 Burdwan Municipality



Memo No. 646/20-6

Dated 22.7.05.

From: Shri S. Mondal,
 Chairman,
Burdwan Municipality.

To: Shri Arnab Roy,
 Project Director, Q M U,
ILgus Bhawan, H.C. Block,
Sector-3, Bidhannagar,
Kolkata-106.

Dr. S. Goswami Fe.
Am 3/8/05

Sub:-Re-orientation programme i.e. for grass root level Health functionaries i.e. HHWs, FTSS, and ANMs/STSS under Health component KUSP.

Ref:- Your No. CMU-94/2003 (Pt-11)/430 (11) dated 12.7.2005.

Sir,

With reference to the captioned matter the programme of the re-orientation of HHWs, FTSS, and ANMs of the I.P.P.-VIII (Extn) Programme, Burdwan Burdwan Municipality is furnished below.

Sl. No.	Number of the Health Post.	Location.	Date of the re-orientation.
1.	1	Goda Daspara, Burdwan.	16.8.05 & 17.8.2005.
2.	2	Khalashipara, Burdwan	18.8.05 & 19.8.2005. 22-23
3.	3	Sukantapally, Burdwan	23.08.05 & 24.8.05. 24-25
4.	4	Alamgunj. Burdwan	25.8.05 & 26.8.2005. 26-27
5.	5	Kanchannagar, Burdwan.	30.8.05 & 31.8.2005.

I would request you to depute one ~~to depute one~~ Resource person from your end as per programme cited above. If any modification ~~is~~ of this programme is needed from your end that may be done and intimated to this end

Yours faithfully,

[Signature]
 Chairman,
 Burdwan Municipality.

This is apropos discussion with Burdwan MP R. S. Ghosh

Memo No. _____ dt. _____

- Copy to:- (1) M.C.I.C. (Health), Burdwan Municipality.
 (2) Executive Officer, -do-
 (3) Health Officer, -do-
 (4) Sri Sanjib Sarkar, Clerk In-charge, I.P.P. (VIII-Extn).

Chairman,
 Burdwan Municipality./



**Trainers training on food & nutrition and growth monitoring of
under 5 children for 11 Non-KMA ULBs on 27.07.05**

Sl. No.	Name of Participant	Designation	Name of ULB / Organisation	Signature
1.	Santa Saha	J.T.O	R.C.H. Ansaid	Saha
2.	Dr. K. Ganyal	Medical Supervisor	R.C.H. Subkoyal	Ganyal
3.	DR. S.K. DAS	Health Officer	Siliguri Municipal Corporation	Das
4.	DR. R.S. MISRA	Health officer	Siliguri IPP (VII) Extn.	Misra
5.	Dr. R.B. Ghosh	M.O. (M)	S.P.P. VIII (Ext) Rangam	Ghosh
6.	Dr. P.M. Chakrabarty	Health officer	Durgapur Municipal Corporation	Chakrabarty
7.	Dr. B.N. Kaliraj	Medical officer	S.P.P. - VII (Batu) Barabati Municipal	Kaliraj
8.	Dr. T. G. Ray	Part time Medical officer	S.P.P. VIII Burdwan Municipality	Ray 27.7.05
9.	Dr. J. Dasgupta	Resident Medical officer	Lakanya Mahi Sadan S.P.P. - VIII Jalpaiguri Municipality	Dasgupta 27.7.05
10.	Dr. Pralay Kr Saha	Health officer	Jalpaiguri Municipality	Saha 27/7/05
11.	Dr. U.M. Mukherjee	Health Officer	Asand Municipal Corporation	Mukherjee 27/7/05
12.	Dr. D.K. Mandal	do	Kharagpur Municipal	Mandal 27/7/05
13.	Dr. S. Ghosh	Idf	C.M.U.	Ghosh
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**Trainers training on food & nutrition and growth monitoring of
under 5 children for 11 Non-KMA ULBs on 27.07.05**

Sl. No.	Name of Participant	Designation	Name of ULB / Organisation	Signature
1.	Santa Datta	J.T.O	R.C.H.A sansad	S Datta
2.	Dr. K. Ganyal	Medical Supervisor	R.C.H Subproject	K Ganyal
3.	DR. S.K. DAS.	Health Officer	Siliguri Municipi Corporation	S Das
4.	DR. R.S. Misra.	Health officer	Siliguri IPP (VIII) Extn.	R Misra
5.	Dr. R.B. Ghosh	M.O. (M)	S.P.P. VIII (Ext) Raiganj Municipality	R Ghosh
6.	Dr. P. M. Chakraborty	Health officer	Durgapur Municipal Corp	P Chakraborty
7.	Dr. B. N. Kaliraj	Medical officer	J.P.P. - VIII (Baku) Government Municipality	B Kaliraj
8.	Dr. P. G. Ray.	Part time Medical officer	J.P.P. VIII Burdwan Municipality	P Ray 27.7.05
9.	Dr. J. Dasgupta	Resident Medical officer	Labanya Mati Sadan J.P.P. VIII Jalpaiguri Municipality	J Dasgupta 27.7.05
10.	Dr. Pralay Kr Saha.	Health officer	Jalpaiguri Municipality	P Saha 27/7/05
11.	Dr. U. M. Mukherjee	Health Officer	Asand Municipal Corporation	U Mukherjee 27/7/05
12.	Dr. D. K. Mandal.	do	Kharagpur Municipal Corporation	D Mandal 27/7/05
13.	Dr. S. Ghosh	IBF	C.M.U.	S Ghosh
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Sl. No.	Name of Participant	Designation	Name of ULB / Organisation	Signature
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OFFICE OF THE
IPP-VIII (Extension)
Balurghat Municipality
BALURGHAT ★ DAKSHIN DINAJPUR



Memo No.....234/IPP-VIII (Extn.)/13/05

Dated.....21.07.05

To

The Project Director, CMU,
Kolkata Urban Services for the Poor,
ILGUS BHABAN, H.C. Block,
Bidhan Nagar,
K O L K A T A - 7 0 0 1 0 6 .

Dr. S. Goswami
27/7/05

Sub :- Trainers training for Health Officer/ Asstt.
Health Officer/ Medical Officer on Food &
Nutrition and Groth Monitoring of under five
Children.

Ref :- Your Memo No. CMU-94/2003(Pt-II)/429(11) dated
12.07.05.

Sir,

With reference to the above subject this is to inform
you that Dr. B.N. Kabiraj, Medical Officer, Balurghat Poura
Hospital & Matri Sadan under IPP-VIII(Extn.) will participate
the trainers training programme to be held on 27.07.05
at SUDA.

In this connection this is for your information that
we have no Health Officer or Asstt. Health Officer at present.

Yours faithfully,

Biswas

Chairman

IPP-VIII(Extn.) Balurghat
Balurghat Municipality.

21/07/05

Memo No. 234/1(1)/IPP-VIII(Extn.)/13/05 Dated 21.07.05.

Copy forwarded for information and taking necessary
action to the Project Officer (Health), SUDA, ILGUS BHABAN,
Bidhan Nagar, Kolkata - 700 106.

Chairman
IPP-VIII(Extn.) Balurghat
Balurghat Municipality.



H0
630.

**Proforma for Report of training on
Food & Nutrition and Growth Monitoring of Under-Five Children.**

..... Municipal Corporation / Municipality

- Report for the Month of

•

Training held during	HAU no. covered	Nos. of functionaries participated in the training		
		HHWs	FTSs	STSs / ANMs

- Training completed so far for no. of HAUs / HPs.

Signature of Health Officer / Asstt. Health Officer



Ho
630.

**Proforma for Report of training on
Food & Nutrition and Growth Monitoring of Under-Five Children.**

..... **Municipal Corporation / Municipality**

- Report for the Month of
-

Training held during	HAU no. covered	Nos. of functionaries participated in the training		
		HHWs	FTSs	STSs / ANMs

- Training completed so far for no. of HAUs / HPs.

Signature of Health Officer / Asstt. Health Officer



Ho
630.

**Proforma for Report of training on
Food & Nutrition and Growth Monitoring of Under-Five Children.**

..... **Municipal Corporation / Municipality**

- Report for the Month of

-

Training held during	HAU no. covered	Nos. of functionaries participated in the training		
		HHWs	FTSs	STSs / ANMs

- Training completed so far for no. of HAUs / HPs.

Signature of Health Officer / Asstt. Health Officer

স্বেচ্ছাসেবী স্বাস্থ্যকর্মী,
প্রথম ও দ্বিতীয় সারির পরিদর্শিকার

জন্য

খাদ্য ও পুষ্টি এবং পাঁচ বছর পর্যন্ত বাচ্চার
ওজনের গতিরেখার নির্দেশিকা

ডি. এফ. আই. ডি. - র সহায়তায়
কোলকাতা আরবান সার্ভিসেস ফর্ দি পুওর
(কে.ইউ.এস.পি.)

খাদ্য ও পুষ্টি

পুষ্টি

পুষ্টি বলতে বোঝায় খাদ্য বস্তু সম্পর্কে সম্যক জ্ঞান ও শরীর গঠনে খাদ্য বস্তুর যথাযথ প্রয়োগ। খাদ্য শরীর বৃদ্ধি করে, শরীরে শক্তি যোগায় এবং রোগ প্রতিরোধের ক্ষমতা দেয়।

পুষ্টিকর খাবার ও তার প্রয়োজনীয়তা

আমরা প্রতিদিন যা খাই সাধারণত পুষ্টির গুণাগুণ বিচার করে খাই না। আমাদের খাওয়া-দাওয়া বংশগত অভ্যাস, ধর্মের অনুশাসন ও সামাজিক রীতি নীতি মেনে চলে। প্রচলিত এই খাদ্যের অভ্যাস বিশেষ করে শিশু, গর্ভবতী ও প্রসূতি মায়ের ক্ষেত্রে খুবই ত্রুটি পূর্ণ। তারফলে এরা অপুষ্টিজনিত রোগে ভোগে। এক এক ধরনের খাবারে এক বা একাধিক পুষ্টির উপাদান থাকে। যে সব খাবারে এই উপাদানগুলি পরিমাণমত থাকে সেইগুলি পুষ্টিকর খাবার। আমরা যা খাই তা অনেকটা হজম হয়, শরীরে পুষ্টি দেয়। যা হজম হয় না বা কাজে লাগে না, তা মলমূত্র হয়ে শরীর থেকে বেরিয়ে যায়।

পুষ্টির উপাদান

পুষ্টির উপাদানগুলি হল -

(১) শর্করা (কার্বোহাইড্রেট), (২) প্রোটিন, (৩) তেল বা চর্বি, (৪) ভিটামিন ও খনিজ পদার্থ (৫) জল।

পুষ্টির উপাদানের উৎস, কার্যকারিতা ও অভাবজনিত রোগ

পুষ্টির উপাদান	উৎস	কার্যকারিতা	অভাবজনিত রোগ
শর্করা	চাল, গম, যব, বাজরা, আলু, ওল, চিনি, গুড়, আখ ইত্যাদি।	শরীরে তাপ উৎপাদন করে ও কাজ করার ক্ষমতা বাড়ায়।	শরীর শুকিয়ে যায়, বাড়ে না, রোগ প্রতিরোধ ক্ষমতা কমে যায়।
প্রোটিন	প্রাণীজ - মাছ, মাংস, ডিম, দুধ উদ্ভিজ্জ - সয়াবিন, ডাল, বাদাম, গম ইত্যাদি।	শরীর বৃদ্ধি করে, রোগ প্রতিরোধ করে।	শরীর শুকিয়ে যায়, বাড়ে না, রোগ প্রতিরোধ ক্ষমতা কমে যায়।
তেল বা চর্বি	প্রাণীজ - ঘি, মাখন উদ্ভিজ্জ - বাদাম, নারকেল, সরষে, সূর্যমুখী।	শরীরে তাপ উৎপাদন করে ও কাজ করার ক্ষমতা বাড়ায়।	শরীর শুকিয়ে যায়, বাড়ে না, রোগ প্রতিরোধ ক্ষমতা কমে যায়।
ভিটামিন - এ	প্রাণীজ - মাছ, লিভার, দুধ, মাখন, ঘি উদ্ভিজ্জ - গাজর, সবুজ শাকসব্জি, পাকা পেঁপে।	চোখ, চামড়া ভাল রাখে।	রাতকানা রোগ হয় / অন্ধত্ব হতে পারে, চামড়া খসখসে হয়।
ভিটামিন - বি১	চেকি ছাঁটা চাল, গম, বাদাম, মটরশুঁটি।	স্বাভাবিক খিদে, পাচন, হজমে সাহায্য করে, স্নায়ু সুস্থ রাখে।	খিদে কমে যায় / হজমের গন্ডগোল / বেরিবেরি রোগ হয়।
ভিটামিন - বি২	দুধ, দুধ থেকে তৈরী খাবার, ডিম, সবুজ শাকসব্জি, ডাল।	মুখ, চোখ ভাল রাখে, হজমে সাহায্য করে।	মুখে ও জিভে ঘা হয় / হজমের গন্ডগোল / চোখের অসুখ হয়।

পুষ্টির উপাদান	উৎস	কার্যকারিতা	অভাবজনিত রোগ
নিয়াসিন	মাংস, মাছ, সজ্জি, বাদাম, ডাল।	চামড়া ও স্নায়ু ভাল রাখে / হজমে সাহায্য করে।	মুখে ও জিভে ঘা হয় / হজমের গন্ডগোল / চামড়া ও স্নায়ুর অসুখ হয়।
ভিটামিন - সি	টটকা ফল, যেমন - আমলকি, পেয়ারা, লেবু, সবুজ শাকসজ্জি	দাঁতের মাড়ি ভাল রাখে। দেহের কোষগুলি ভাল থাকে, রোগ সংক্রমণ প্রতিরোধ করে।	মাড়ি স্পঞ্জের মত ফুলে ওঠে ও রক্ত পড়ে।
ভিটামিন - ডি	সূর্যের আলোতে চামড়ার নিচে এই ভিটামিন তৈরী হয়। মাছের যকৃতের তেল, ডিম, দুধেও পাওয়া যায়।	দাঁত ও হাড় তৈরীতে সাহায্য করে।	বাচ্চাদের রিকেট, বড়দের হাড়ের অসুখ।
ফলিক অ্যাসিড	সবুজ শাকসজ্জি, মাংস, ডিম, দুধ।	রক্তকণিকা তৈরী করে।	রক্তাল্পতা।
ভিটামিন - বি১২	মাংস, যকৃত, মাছ, ডিম।	রক্তকণিকা তৈরী করে, স্নায়ুর শক্তি বৃদ্ধি করে।	রক্তাল্পতা, স্নায়ুর অসুখ।
ক্যালসিয়াম ও ফসফরাস	দুধ, মাছ, ডিম, সবুজ শাকসজ্জি, দানা শস্য।	হাড় ও দাঁত তৈরীতে, রক্ত জমাট বাঁধতে সাহায্য করে।	স্বাভাবিক হাড় গঠন হয় না।
আয়রন (লোহা)	যকৃত, মাছ, মাংস, সবুজ শাকসজ্জি, মেথি, কচু।	রক্তে হিমোগ্লোবিন তৈরীর জন্য আয়রন দরকার।	রক্তাল্পতা।
আয়োডিন	সমুদ্রের মাছ, শাকসজ্জি, ডাল।	থাইরয়েড গ্রান্ডের হরমোন তৈরীর জন্য প্রয়োজন, যা শারীরিক ও মানসিক স্বাস্থ্য ঠিক রাখে।	শরীরের বৃদ্ধি হয় না। জড়বুদ্ধি সম্পন্ন হয়, গলগন্ড হয়।

সুখম খাদ্য

শর্করা, প্রোটিন, স্নেহ, ভিটামিন, খনিজপদার্থ খাদ্যবস্তু থেকে উপযুক্ত পরিমাণে রোজ খাবার খেতে হবে। কোনো একটিকে বাদ দিলে চলবে না। যেকোনো একটি বাদ পড়লে আস্তে আস্তে অপুষ্টির লক্ষণ দেখা যাবে।

অপুষ্টির বিভিন্ন কারণ

- পরিমাণগত ও গুণগত খাদ্যের অভাব।
- পরিবারের আর্থিক অস্বচ্ছলতা।
- সুখমখাদ্য ও খাবারের গুণ সম্বন্ধে অজ্ঞতা।
- অধিক সন্তানের জন্ম / বড় পরিবার।
- অপরিচ্ছন্নতা - এর ফলে ডায়েরিয়া, কুঁড়ি ইত্যাদি হয়, শরীর থেকে পুষ্টির উপাদান বেরিয়ে যায়, হজম ক্ষমতা কমে যায়।

● স্বাস্থ্য ব্যবস্থার সুযোগ গ্রহণ না করা (যথা টীকা, নিয়মিত চেক আপ, পরিবার পরিকল্পনা, সত্বর রোগের চিকিৎসা গ্রহণ ইত্যাদি)।

● সামাজিক চল - খাবারের বেশিরভাগটাই পরিবারের পুরুষরাই পায়। অবশিষ্ট যা থাকে বাড়ির মেয়েরা তাই খায়। সেজন্য মেয়েদের অপুষ্টি বেশি হয়। একইভাবে কন্যা সন্তানকেও অবহেলা করা হয়।

পুষ্টির পক্ষে ক্ষতিকর অভ্যাস

● শিশুর জন্মের পর মায়ের বুকের হলুদ গাঢ় দুধ (কোলোস্ট্রাম) ফেলে দেওয়া হয়। কোলোস্ট্রাম খাওয়ালে শিশুর রোগ প্রতিরোধ ক্ষমতা বাড়ে।

● শিশুর ৬ মাস বয়সের আগেই মায়ের বুকের দুধ বন্ধ করে / কমিয়ে দেওয়া। শিশুর ৬ মাস বয়স পর্যন্ত শুধু মায়ের দুধই যথেষ্ট। কারণ এতে আছে সবরকম পুষ্টির উপাদান, রোগ প্রতিরোধক ক্ষমতা, হজম করার এনজাইম, দেহ বৃদ্ধিকারী হরমোন ও এটি জীবানু মুক্ত।

● সঠিক সময়ে শিশুকে অন্য খাবার না দেওয়া। শিশুর ৬ মাস বয়সের পর থেকে মায়ের দুধ যথেষ্ট নয়। মায়ের দুধ ছাড়াও অল্প পরিমাণে অর্ধশক্ত খাবার দিতে হবে - এবং এর পরিমাণ ধীরে ধীরে বাড়তে হবে।

● ভাতের ফ্যান ফেলে দেওয়া। ফ্যানে আছে শর্করা, কিছু প্রোটিন, ভিটামিন ও খনিজ পদার্থ যা শরীরের জন্য দরকার - ফ্যান ফেলে না দিয়ে ভাত রান্না করা ভাল। অথবা ভাতের ফ্যান ডালের সঙ্গে / তরকারীর সাথে রান্না করে খাওয়া যায়।

● শাকসব্জি কেটে খোওয়া চালু অভ্যাস। এতে খাবারের গুণ কমে যায়। তাই আগে শাকসব্জি ধুয়ে পরে কাটা ভাল।

● বেশির ভাগ সময়ই তরকারির খোসা ফেলে দিয়ে রান্না করা হয়। খোসায় অনেক পরিমাণে খাদ্য গুণ থাকে। সেইজন্য খোসাসুদ্ধ তরকারি রান্না করা ভাল।

● পেটের অসুখ করলে স্বাভাবিক খাবার বন্ধ করে জল, বার্লি দেওয়া হয়। এতে অপুষ্টি হয়। একই অভ্যাস সর্দি, জ্বরেও করা হয়। অসুখ সেরে ওঠার সময়ই বেশি করে পুষ্টিকর খাবার দেওয়া প্রয়োজন।

অপুষ্টিজনিত কয়েকটি রোগ

(১) ম্যারাসমাস

(২) কোয়াশিওরকার

(৩) রক্তাল্পতা

(৪) রাতকানা, অন্ধত্ব,

(৫) গলগন্ড।

পুষ্টি সংক্রান্ত শিক্ষাদান

আগে বলা হয়েছে বাচ্চা ও শিশুদের অপুষ্টির প্রধান কারণ দারিদ্র্য ও অজ্ঞতা। এক্ষেত্রে অজ্ঞতা বলতে বোঝায় খাদ্যবস্তু নির্বাচনে ও খাওয়ানোর পদ্ধতিতে জ্ঞানের অভাব। অতএব এ সম্পর্কে এলাকার পরিবারগুলিকে সজাগ করে তোলার দায়িত্ব স্বেচ্ছাসেবী কর্মীর। মা (গর্ভবতী ও প্রসবান্তে) ও শিশুর পুষ্টিকর খাদ্য বিশেষভাবে প্রয়োজন - এ কথা সকলকে বোঝাতে হবে। স্বাস্থ্যকর্মীকে তুলে ধরতে হবে যে -

● একজন গর্ভবতী মা যদি প্রতিদিন উপযুক্ত খাবার না পান তবে নবজাত শিশুর জন্ম-ওজন কম হবে। বাচ্চা রুগ্ন হবে আর উপযুক্ত পরিমাণে মায়ের দুধ পাবে না।

● কি খাবার খাবে, কতটা পরিমাণে - সে সম্পর্কে অনেক গর্ভবতী মায়েদের সঠিক ধারণা নেই। তাদের বোঝাতে হবে যে, গর্ভবতী অবস্থায় সে বেশী পরিমাণে খাবে, বিশেষ করে রুটি বা ভাত, ডাল, সবুজ শাকসব্জি, দুধ ও ডিম।

- মায়েদের জন্যে যদি মাছ, মাংস বা ডিমের পয়সা না জোটে তবে অন্ততঃ একমুঠো চীনেবাদাম, দ্বিগুন পরিমাণে ডাল তার জন্যে রোজ বরাদ্দ করা যেতে পারে।
- পাঁচ বছরের নিচে শিশুরা যদি প্রত্যহ পুষ্টিকর খাদ্য না পায়, তবে তাদের শারীরিক ও মানসিক বিকাশ বাধাপ্রাপ্ত হয়, ফলে অসুখে ভোগে, এমনকি মৃত্যুও ঘটে।
- তিন বছর পর্যন্ত শিশুদের পরিবারের সময়মাত্রিক খাবার ছাড়াও দিনে কম করে দুবার জলখাবার ব্যবস্থা করতে হবে - এটা হবে তার বাড়ন্ত শরীরের জোগান।
- পুষ্টিকর খাদ্য মানে সুখম খাদ্য। পরিবারের প্রচলিত খাদ্য তালিকার কিছুটা এদিক-ওদিক করে সীমাবদ্ধ আর্থিক সঙ্গতির মধ্যেও পুষ্টিকর খাদ্য তালিকায় পরিবর্তন করা যায়।
- ভাত বা গমের সঙ্গে একমুঠো চীনেবাদাম বা ডাল মিশিয়ে রান্না করলে খাদ্যগুণ অনেক বেড়ে যায়।
- প্রতি বেলার খাবারের সঙ্গে টাটকা শাকসব্জি থাকবে।
- টমেটো, গাজর, মুলো, বাঁধাকপি প্রভৃতি ভাল করে ধুয়ে কাঁচা খাওয়া ভাল। রান্না করলে খাদ্যগুণ অনেক কমে যায়।
- টেঁকিছাঁটা সেদ্ধ চাল অনেক উপকারী।
- চাল বা তরকারি সেদ্ধ করে জল ফেলে না দিয়ে ডালে বা ঝোলে মিশিয়ে দেওয়া যায়।
- ছোলা বা মুগ ভিজিয়ে রেখে যখন অঙ্কুর গজায় তখন কাঁচা বা অল্প সেদ্ধ করে বার বার খাওয়া চলে।
- একরকম ডালের পরিবর্তে নানারকমের ডাল মিশিয়ে একসাথে রান্না করলে খাদ্যগুণ অনেক বেশী পাওয়া যায়।

কাদের বেশি পুষ্টিকর খাবার দরকার ?

- গর্ভবতী মহিলা,
- প্রসূতি মা,
- ৫ বছরের নিচে বাচ্চা,
- কিশোর - কিশোরী,
- বয়স্ক নাগরিক,
- কঠিন অসুখের পরবর্তী সময়।

গর্ভবতী মহিলার খাদ্য তালিকা

মা আগে যা খেতেন তার থেকে সিকি ভাগ খাবার বেশী খেতে হবে চার মাস থেকেই। (দৈনিক ৩০০ ক্যালোরি ও ১৫ গ্রাম প্রোটিন বেশী প্রয়োজন)। গর্ভবতী মহিলার বেশী খাওয়া প্রয়োজন কারণ তার নিজের এবং গর্ভে বাড়তে থাকা শিশুর যথাযথ পুষ্টির জন্য। গর্ভবতী মহিলা বেশি পরিমাণে না খেলে শিশুর জন্ম ওজন কম হবে।

● প্রসূতি মায়ের খাদ্য তালিকা

শিশুর জন্ম থেকে শিশুর ছয় সপ্তাহ বয়স পর্যন্ত মাকে প্রসূতি মা বলে। পূর্বে যা খেতেন তার দেড় গুণ খাবার খেতে হবে।

শিশু জন্মের একঘন্টার মধ্যে মা ও শিশুর দুজনরেই খাবার ব্যবস্থা করতে হবে। মাকে পুষ্টির সহজপাচ্য খাদ্য (মাছ, ডাল, ভাত বা রুটি) দিতে হবে। নবজাতকের জন্য মায়ের বুকের দুধ। এই সময় মাকে প্রচুর জলীয় খাদ্যও খেতে হবে। প্রসবের পর চার পাঁচ দিন যে ঘন আঠালো দুধ বেরোয় তাকে "কোলোস্ট্রাম" বলে। কোলোস্ট্রাম অত্যন্ত উপকারী বলে শিশুকে অবশ্যই খাওয়াতে হবে। মায়ের বুকে যতদিন দুধ থাকবে ততদিন অন্য খাদ্য ছাড়াও শিশুকে বুকের দুধ দিতে হবে। এতে মায়ের ফিগার নষ্ট হয় না। জন্মের আঘন্টা পর থেকে বুকের দুধ দেওয়াকে "Baby Friendly" বলে।

মাতৃদুগ্ধের উপকারিতা

(১) মাতৃদুগ্ধে শিশুর প্রয়োজনীয় সবরকম পুষ্টির উপাদান আছে, (২) রোগ প্রতিরোধক অ্যান্টিবডি আছে, (৩) হজম করবার এনজাইম আছে, (৪) দেহ বৃদ্ধিকারী হরমোন আছে, (৫) জীবন মুক্ত।

প্রথম ৬ মাস শিশু বুকের দুধ ছাড়া আর কিছু খাবে না। কৌটোর দুধ শিশুর পক্ষে ক্ষতিকর, কারণ এতে ভিটামিন ও অ্যান্টিবডি নেই।

উইনিং ফুড

৬ মাস বয়স থেকে শিশুকে বুকের দুধ ছাড়াও অল্প পরিমাণে প্রথম যে পরিপূরক খাদ্য দেওয়া হয়, তাকে উইনিং ফুড বলে। এই পরিপূরক খাদ্য হবে নরম, মশলাবিহীন, সহজপাচ্য খাবার। যেমন পাকা কলা, গলা ভাত, ডাল, শাক-সজ্জি, ডিম, মাছ ইত্যাদি। এই খাদ্য অল্প পরিমাণে ধীরে ধীরে বাড়াতে হয়।

রক্তাঙ্গতা কি ?

● শরীরে লৌহ কণিকার ঘাটতি হলে রক্তে হিমোগ্লোবিন কমে যায়, যার ফলে রক্তাঙ্গতা রোগ দেখা দেয়।

আমাদের দেশে শিশু, বাড়ন্ত ছেলে-মেয়েদের ও গর্ভবতী মহিলাদের মধ্যে রক্তাঙ্গতার প্রাদুর্ভাব অত্যন্ত বেশী। প্রধাণ কারণগুলি হল : (১) হুক-ওয়ার্ম, (২) অপুষ্টি, (৩) নানারকম রোগে ক্রমাগত ভোগা, (৪) মহিলাদের বার বার সন্তান ধারণ, (৫) বার বার গর্ভপাত, (৬) প্রসবের সময়, আগে ও পরে অতিরিক্ত রক্তপাত।

রক্তাঙ্গতার লক্ষণ

রক্তাঙ্গতার জন্য রোগীর শরীর ফগকাসে ও দুর্বল হয়। সে বেশি কাজ করতে পারে না। গর্ভবতী মহিলাদের মধ্যে অনেকেই রক্তাঙ্গতার দরুন মারা যায়। জন্মের সময় শিশুর ওজন কম হতে পারে। রক্তাঙ্গতা শিশু মৃত্যুর অন্যতম কারণ।

প্রতিকার

- * উপযুক্ত ডোজে ফলিকার ট্যাবলেট খাওয়াতে হবে;
- * গর্ভবতী মহিলাদের ১০০ টি ফলিকার বড়ি দিতে হবে, রোজ ১টি করে খাওয়ার জন্য।
- * হুক-ওয়ার্ম বা অন্য অসুখ থাকলে এর চিকিৎসা করাতে হবে;
- * পুষ্টির খাদ্য খেতে হবে - সবুজ শাকসজ্জি, ডুমুর, খোড়, ডাল, গুড়, যকৃত, মাছ ও মাংস খাওয়া দরকার।

● ঝুঁকি সম্পন্ন শিশু

- ১) জন্ম-ওজন ২.৫ কেজির কম, অথবা পরে দ্বিতীয় গ্রেডের নিচে ওজন।
- ২) যমজ সন্তান হলে সেই শিশুদের যত্ন কম হয় ও মায়ের দুধ কম পায়।
- ৩) ফরসেপস্ ও অস্কোপচারে শিশুর জন্ম।
- ৪) মায়ের বছর বছর সন্তান হলে। এছাড়া পঞ্চম বা ততোধিক গর্ভের সন্তান।
- ৫) জন্মগত কোন অসুখ যথা - হার্ট, লিভার, কিডনি প্রভৃতির। কিংবা কোন সংক্রামক ব্যাধি হয়েছে।
- ৬) জন্মের পর মাতৃবিয়োগ, মায়ের কঠিন অসুখ বা মানসিক ব্যাধি, বাবার মৃত্যু।
- ৭) আগের ভাই বোনের কেউ জন্মের কিছু দিনের মধ্যে মারা গেলে।
- ৮) কর্মরতা মা / বুকের দুধ খাওয়ানো শুরু করা যায়নি।

● শিশুর ওজন বৃদ্ধির হার

জন্মের সময় - ২.৫ কেজি থেকে ৩ কেজি স্বাভাবিক, ৬ মাসে - দ্বিগুণ, ১ বছরে - তিনগুণ, ২ বছরে - চারগুণ তারপরে প্রতি বছর ৫ বছর বয়স পর্যন্ত বছরে ২ কেজি হিসাবে ওজন বাড়বে।

● জন্ম থেকে পাঁচ বছর পর্যন্ত বাচ্চার ওজনের গতিরেখা

জন্মকালে শিশুটির ওজন স্বাভাবিক মানে আছে কিনা এবং পরবর্তী কালে প্রতিমাসে আশানুরূপভাবে ওজন বাড়ছে কিনা তা দেখার জন্যে নিম্নলিখিত "ওজনের গতিরেখা" বা গ্রাফটি প্রতিমাসে একবার করে শিশুটির ওজন নেবার পর বিধি অনুসারে চালু রাখতে হবে। এ বিষয়ে নিম্নলিখিত বিষয়গুলি লক্ষণীয় :-

- (ক) গ্রাফে সমান্তরাল রেখাটি যেখানে আরম্ভ হয়েছে সেখানে শিশুর জন্মমাস এবং বৎসর সঠিকভাবে লিখতে হবে। ওজন করবার সময় জন্মের মাস থেকে হিসাব করে শিশুর বর্তমান বয়স সর্বমোট কতমাস হচ্ছে তা হিসাব করে নিতে হবে।
- (খ) এরপরে শিশুটিকে 'স্প্রিং ব্যালেন্সে' ওজন করে প্রতিমাসে "ওজনের গতিরেখা" গ্রাফে বয়স ও ওজনের রেখাটি যেখানে মিলিত হয়েছে - সেখানে একটি 'x' দাগ দিতে হবে।
- (গ) এই 'x' দাগগুলি জুড়ে দিলে ঐ শিশুর ওজনের গ্রাফ তৈরী হবে এবং শিশুটি সুস্থ থাকলে প্রতিমাসের নতুন 'x' দাগ আগের মাসের চেয়ে উঁচুতে থাকবে।

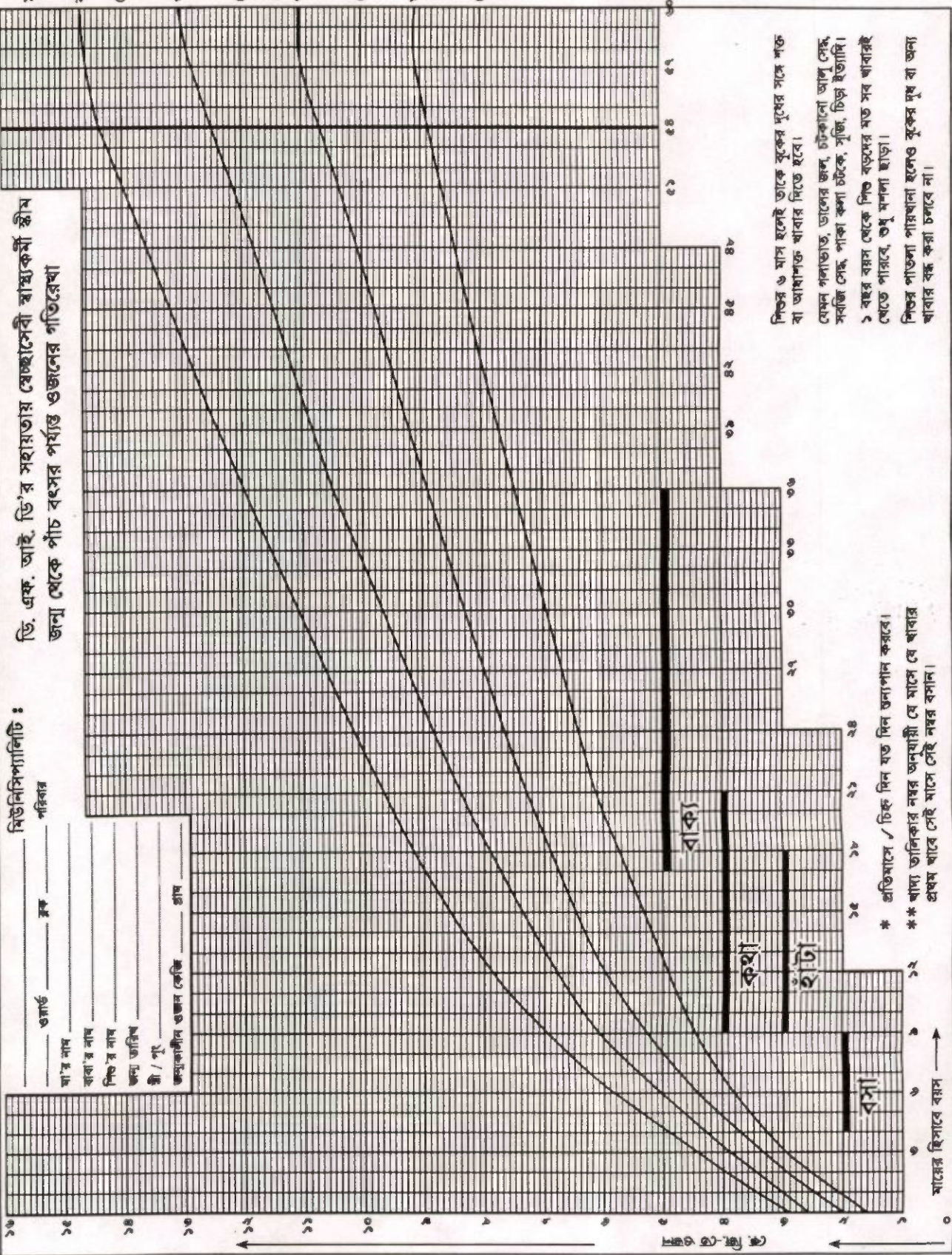
গ্রাফের নমুনা এই সঙ্গে দেওয়া আছে। দ্রষ্টব্য :

- (১) সাধারণতঃ সুস্থ ও সবল শিশুরা গ্রাফের ১ নং রেখার উপরে থাকবে।
- (২) ১ এবং ২ রেখার মাঝামাঝি শিশুরা সামান্য অপুষ্টিতে ভুগছে। মায়ের স্বাস্থ্য ও পুষ্টি সম্বন্ধে সম্যক ধারণা বুঝিয়ে দিতে হবে, যাতে বাড়িতে পরিপূরক খাবার দেওয়া সম্ভব হয়। অবশ্য পরবর্তী কয়েকমাস এইসব শিশুর ওজনের দিকে নজর রাখতে হবে।
- (৩) যে সব শিশু ২ এবং ৩ রেখার মাঝামাঝি থাকবে, তারা অপুষ্টিতে ভুগছে, সুতরাং তাদের পরিপূরক খাদ্য দেওয়া বিশেষ প্রয়োজন।
- (৪) ৩ এবং ৪ রেখার মধ্যবর্তী শিশুরা গুরুতর অপুষ্টিতে ভুগছে, এদের জন্যে অবিলম্বে চিকিৎসকের পরামর্শ নিয়ে পুষ্টি বা অন্যান্য ওষুধের ব্যবস্থা করতে হবে।
- (৫) ৪ রেখার নিচে সেসব শিশুদের ওজন দেখা যাবে তাদের সরাসরি হাসপাতালে ভর্তি করে চিকিৎসার ব্যবস্থা করা একান্ত প্রয়োজন।

সঠিক স্থানে (✓) চিহ্ন দিন। টীকা - বি সি জি - ১ ডোজ, পোলিও - ১/২/৩ ডোজ, ডি পি টি - ১/২/৩ ডোজ, হাম - ১ ডোজ, বুটর-পোলিও - ১ ডোজ, ডি পি টি - ১ ডোজ, ডি পি টি - ১ ডোজ

জন্ম নিবন্ধন পত্রের গ্রহণের কোড বসান : ডায়ালিসিস - ডা, লাইসেন্স - সা, এম. টি. সি. সহ লাইসেন্স - এম. টি. সি. নিরোধ - নি, আই, ইউ, ডি. - আই, এম. টি. সি. - এম।

ডিটামিন 'এ' জন্মের ডোজ (✓ দিন) ১/২/৩/৪/৫



ডি. এফ. আই. ডি'র সহায়তায় যেচ্ছাসেবী স্বাস্থ্যকর্মী স্কিম
জন্ম থেকে পাঁচ বৎসর পর্যন্ত ওজনের গতিরোধা

মিউনিসিপ্যালিটি : _____
ওয়ার্ড : _____ রক : _____ পরিবার : _____

মা'র নাম : _____
বাবা'র নাম : _____
শিশু'র নাম : _____
জন্ম তারিখ : _____
স্বী / পু : _____
জন্মকালীন ওজন কেজি : _____ গ্রাম : _____

শিশুর ৬ মাস হলেই তাকে বুকের দুধের সঙ্গে শক্ত বা আধাশক্ত খাবার দিতে হবে।
যেমন পলাভাত, ডালের জল, চটকানো আলু সেরু, সবজি সেরু, পাকা কলা চটকে, সুজি, চিজ ইত্যাদি।
১ বছর বয়স থেকে শিশু বড়দের মত সব খাবারই খেতে পারবে, শুধু মশলা হাজা।
শিশুর পাতলা পায়খানা হলেও বুকের দুধ বা অন্য খাবার বন্ধ করা চলবে না।

* প্রতিমাসে / চিহ্ন দিন যত দিন জনপান করবে।
** খাদ্য তালিকার নম্বর অনুযায়ী যে মাসে যে খাবার গ্রহণ করে সেই মাসে সেই নম্বর বসান।

১০	পতির দুধ
৯	মটরচিহ্ন ইত্যাদি
৮	মাস
৭	তারিতরকারি
৬	শাক
৫	খিচুড়ি
৪	ডিম
৩	কলা বা অন্য ফল
২	আলু
১	সুজি
খাদ্য তালিকা	→
১	সুজি
২	আলু
৩	কলা বা অন্য ফল
৪	ডিম
৫	খিচুড়ি
৬	শাক
৭	তারিতরকারি
৮	মাস
৯	মটরচিহ্ন ইত্যাদি
১০	পতির দুধ

প্রথম দুই মাসের মধ্যে শিশুর ওজন হ্রাস হলে বা ১০ দিনের মধ্যে দুই বারের বেশি ডায়েরিয়া বা বমি হলে শিশুকে হাসপাতালে নিয়ে যেতে হবে।

KOLKATA URBAN SERVICES FOR THE POOR (KUSP)

ASSISTED BY DFID

AN OUTLINE FOR TRAINERS

REGARDING

TRAINING OF HONORARY HEALTH WORKER, 1ST TIER & 2ND TIER SUPERVISOR

ON

FOOD & NUTRITION

AND

GROWTH MONITORING OF UNDER - FIVE CHILDREN

AT HAU NO. OF MUNICIPALITY

TIME : 11.00 A.M. to 1.00 P.M. and 2.00 to 4.00 P.M.

	Points for Discussion	
	1 st Session	2 nd Session
Day - 1	<ul style="list-style-type: none">• Pre-evaluation test.• Elementary human nutrition – What is nutrition ? Nutritious food and its importance. Classification of food – Protein, Fat, Carbohydrate, Vitamins, Minerals – local sources each of them, importance and deficiency diseases.	<ul style="list-style-type: none">• What is Balance Diet ?• Cause of malnutrition.• Faculty practices.• Diseases due to malnutrition.• Awareness on nutrition – right method of cutting and cooking.
Day - 2	<ul style="list-style-type: none">• Nutritional requirement for vulnerable groups.• Importance of Maternal & under five child nutrition.• Effect of proper nutrition on pregnant women to offspring.• Benefit of breast milk, emphasis of colostrums and weaning food.• What is Anaemia ? Symptoms.• National Anaemia Control Programme for mothers and children.• High risk children.• Growth Monitoring Curve.	<ul style="list-style-type: none">• Practical session on weighing of under five children, plotting in growth monitoring card.• Post evaluation test.

OFFICE OF THE

IPP-VIII (Extension)

Balurghat Municipality

BALURGHAT ★ DAKSHIN DINAJPUR

Memo No.....234/IPP-VIII (Extn.) /13/05

Dated.....21.07.05

To

The Project Director, CMU,
Kolkata Urban Services for the Poor,
ILGUS BHABAN, H.C. Block,
Bidhan Nagar,
K O L K A T A - 7 0 0 1 0 6.

26 JUL 2005



Sub :- Trainers training for Health Officer/ Asstt.
Health Officer/ Medical Officer on Food &
Nutrition and Groth Monitoring of under five
Children.

Ref :- Your Memo No. CMU-94/2003(Pt-II)/429(11) dated
12.07.05.

Sir,

With reference to the above subject this is to inform
you that Dr. B.N. Kabiraj, Medical Officer, Balurghat Poura
Hospital & Matri Sadan under IPP-VIII(Extn.) will participate
the trainers training programme to be held on 27.07.05
at SUDA.

In this connection this is for your information that
we have no Health Officer or Asstt. Health Officer at present.

Yours faithfully,

Sd/- S. Biswas.

Chairman
IPP-VIII(Extn.) Balurghat
Balurghat Municipality.

Memo No. 234/1(1)/IPP-VIII(Extn.)/13/05 Dated 21.07.05.

✓ Copy forwarded for information and taking necessary
action to the Project Officer (Health), SUDA, ILGUS BHABAN,
Bidhan Nagar, Kolkata - 700 106.

Biswas
Chairman
IPP-VIII(Extn.) Balurghat
Balurghat Municipality.

21/07/05

I. P. P - VIII (EXTN)

KHARAGPUR MUNICIPALITY

Memo No. : 132 I.P.P. VIII (Extn) 1-55/05

Date 19.7.2005

To
The Project Director, C.M.U.
K. U. S. P.
Ilgus Bhavan, H.C. Block,
Sector - 3, Bidhannagar,
Kolkata - 700106.

Dr. Brown
27



Sub: Trainers training for M.O. on Food & Nutrition
and Growth Monitoring of under - 5 children.

Ref: Your memo No. C.M.U. - 94/2003(Pt-II)/429(II)
Dt.-12.7.2005.

Sir,

Dr. D.N. Mondal, M.B.B.S., M.O., Kharagpur Municipality will
participate in the trainers' training scheduled to be held on 27.7.2005,
at ~~the~~ the Conference Hall, ~~SUDA~~ SUDA. *at 12 noon*

This is for your kind information and necessary action.

Thanking you,

Yours Faithfully,



RS
(R. S. Pandey)
Chairman
Kharagpur Municipality

Memo No. - ----- I.P.P.-VIII(Extn)-1-55/05 Dt.-19.7.2005

Copy with a copy of memo no. C.M.U.-94/2003(Pt-II)/429(II)
Dt.-12.7.2005 of the Project Director, C.M.U. forwarded to Dr.
D. N. Mondal, M.B.B.S., Inda, Kharagpur with a request to attend the
meeting on the Scheduled date and time and to organise and impart two
days training at each 9.8.2005 to 12.8.2005.

Chairman
Kharagpur Municipality

Encl: As stated.

033 - 2337 7319

**OFFICE OF THE PROJECT DIRECTOR
IPP-VIII (Extd.) SILIGURI**

SILIGURI MUNICIPAL CORPORATION SILIGURI-734401

Memo No.928 _ /IPP-VIII

Date... ..22.7.2005...

H. P. No....

Ward No....

To
The Project Director(C.M.U.)
Kolkata Urban Services for Poor
ILGUS BHAWAN
Sector-III, Bidhannagar
Kolkata-700091

Dr. Goswami
22/7

The following information regarding training programme at Kolkata and Bangalore are appended below:

1. Dr. S.K.Das, Health Officer, S.M. Corporation
2. Dr. R.S.Mishra ,PTMO, IPP-VIII(Extn)
are attending the training on 22 27th and 28th July, 2005.
3. The trainee doctor accomodation may kindly be arranged from your kind end.
4. The xerox copy of railway Tickets are enclosed for your verification.

22/7/05
Project Director
IPP-VIII(Extn)
Siliguri

Memo "o-928/1(1) IPP-VIII(Extn) Dated:22.7.2005

Copy forwarded for information and necessary action:

1. The Project Officer, SUDA(Health Wing), ILGUS BHAWAN
Sector-III, Bidhannagar, Kolkata-700091

Project Director
IPP-VIII(Extn)
Siliguri.
22/7/05

Jt Director, ILGUS
Sub: Booking of 2 (two) rooms at ILGUS
Ward No. 27-28 July, 2005
Madam, you are requested to instruct your
office to make necessary arrangement
for booking of 2 (two) rooms.
26.7.05



KOLKATA URBAN SERVICES FOR THE POOR
CHANGE MANAGEMENT UNIT

Memo No. CMU-94/2003(Pt. II)/430(11)

Dt. .. 12.07.2005

From : Arnab Roy, IAS
Project Director, CMU

To : The Mayor / Chairman

..... Municipal Corporation / Municipality

1.P.P-VII Exm 2 RCH Asansol

Sub. : Re-orientation training for grass root level health functionaries i.e.
HHWs, FTSs and ANMs/ STSs under health component of KUSP.

Sir,

You are aware that retraining of the grass root level health functionaries is one of the approved activities to strengthen the existing community based health care programmes at your ULB.

On completion of trainers training on food & nutrition and growth monitoring of under five children scheduled on 27.07.2005, the re-orientation training for grass root level health functionaries i.e. HHWs, FTSs, ANMs / STSs are to be organized at each HAU / HP level of your ULB, which is to be completed by September, 2005.

The session design for the said training programme for two days duration is enclosed.

Unit cost for each HAU / HP level training is as under :

Description	Unit Cost Per Head (Amount in Rs.)	Estimated Total Expenditure not exceeding (In Rs.)
Training material i.e. folder, pen, writing pad and Xerox copy of the training material (training material will be provided to HO / AHO / MO of your ULB)	30.00	Rs. 30/- x 50 participants = Rs. 1500/-
Tea & tiffin	30.00	Rs. 30/- x 50 participants x 2 days = Rs. 3000/-
Fee to ULB faculty member	200.00	Rs. 200/- x 2 faculties x 2 days = Rs. 800/-
Contingency i.e. hiring of Overhead projector, cost of transparency sheet and OH marker, etc.	-	Rs. 200/- per day x 2 days = Rs. 400/-
	TOTAL	Rs. 5,700/-

Contd. to P-2.



- 2 -

The re-training programme planning and implementation are to be done by the Health Officer / Asst. Health Officer / MO of your ULB with prior intimation to Dr. Shibani Goswami, Health Expert, CMU. An expert from CMU will attend the two days training at each HAU / HP level for monitoring and supervision.

The expenditure incurred for the purpose may be met out of KUSP fund already placed with you. The expenditure may be booked under the A/C head "Support to Health sector – Re-training of grass root level health functionaries".

A Report on the said activity may be forwarded to this office by 10th of the following month.

You are requested to submit the Statement of Expenditure (SOE) and Utilisation Certificate (UC) by 10th of the following month.

Enclo. : As stated.

Yours faithfully,


Project Director, CMU

Memo No. CMU-94/2003(Pt. II)/430(11)/1(11)

Dt. .. 12.07.2005

Copy forwarded for information and necessary action to :

1. Health Officer / Asstt. Health Officer, Municipality.


Project Director, CMU

Memo No. CMU-94/2003(Pt. II)/430(11)/2(8)

Dt. .. 12.07.2005

Copy forwarded for kind information to :

1. Secretary, MA Dept.
2. PS to MIC, MA & UD
3. Director of Local Bodies
4. Director, SUDA
5. Project Manager, CMU
6. Financial Advisor, CMU
7. Accounts Officer, CMU
8. Health Expert, CMU


Project Director, CMU

Memo No. CMU-94/2003(Pt. II)/430(11)/3(1)

Dt. .. 12.07.2005

Copy forwarded for information and necessary action to :

MS Silke Seco, Human Development Adviser, West Bengal Team, DFID


Project Director, CMU



KOLKATA URBAN SERVICES FOR THE POOR (KUSP)

ASSISTED BY DFID

AN OUTLINE FOR TRAINERS

REGARDING

TRAINING OF HHW, FTS & STS / ANM

ON

FOOD & NUTRITION

AND

GROWTH MONITORING OF UNDER - FIVE CHILDREN

AT HAU/ HP NO. OF MUNICIPALITY

TIME : 11.00 A.M. to 1.00 P.M. and 2.00 to 4.00 P.M.

	Points for Discussion	
	1st Session	2nd Session
Day - 1	<ul style="list-style-type: none"> • Pre-evaluation test. • Elementary human nutrition – What is nutrition ? Nutritious food and its importance. Classification of food – Protein, Fat, Carbohydrate, Vitamins, Minerals – local sources each of them, importance and deficiency diseases. 	<ul style="list-style-type: none"> • What is Balance Diet ? • Cause of malnutrition. • Faulty practices. • Diseases due to malnutrition. • Awareness on nutrition – right method of cutting and cooking.
Day – 2	<ul style="list-style-type: none"> • Nutritional requirement for vulnerable groups. • Importance of Maternal & under five child nutrition. • Effect of proper nutrition on pregnant women to offspring. • Benefit of breast milk, emphasis of colostrums and weaning food. • What is Anaemia ? Symptoms. • National Anaemia Control Programme for mothers and children. • High risk children. • Growth Monitoring Curve. 	<ul style="list-style-type: none"> • Practical session on weighing of under five children, plotting in growth monitoring card. • Post evaluation test.



**Proforma for Report of training on
Food & Nutrition and Growth Monitoring of Under-Five Children.**

..... **Municipal Corporation / Municipality**

- Report for the Month of

-

Training held during	HAU no. covered	Nos. of functionaries participated in the training		
		HHWs	FTSs	STSs / ANMs

- Training completed so far for no. of HAUs / HPs.

Signature of Health Officer / Asstt. Health Officer



KOLKATA URBAN SERVICES FOR THE POOR
CHANGE MANAGEMENT UNIT

Memo No. CMU-94/2003(Pt. II)/429(11)

Dt. .. 12.07.2005

**From : Arnab Roy, IAS
Project Director, CMU**

To : The Mayor / Chairman

..... Municipal Corporation / Municipality

1PP-VII EAM 2 RCH ASAMM

**Sub. : Trainers training for Health Officers / Asst. Health Officer / Medical Officer
on Food & Nutrition and Growth Monitoring of under-five children.**

Sir,

You may be aware that retraining of the grass root level health functionaries is one of the approved activities to strengthen the existing community based health care programmes at your ULB.

For this purpose, a Trainers training programme is scheduled on Food & Nutrition and Growth Monitoring of under-five children on **27.07.2005 at 12-00 noon** at the conference hall, SUDA, ILGUS Bhavan, Salt lake. HO / AHO / Medical Officer of the ULB will impart two days training on Food & Nutrition and Growth Monitoring of under-five children to the HHWs, FTSS and ANMs / STSs at HAU / HP level which will be facilitated, monitored and supervised by an expert from CMU.

Hence, you are requested to instruct your HO / AHO / MO to participate in the said Trainers training programme.

Expenditure incurred for the purpose is to be met out of KUSP fund already provided to you. Statement of Expenditure is to be submitted to this office under the A/C head "Support to health sector – Re-training" by 10th of the following month.

Thanking you.

Yours faithfully,


Project Director, CMU

Contd. to P-2.



- 2 -

Memo No. CMU-94/2003(Pt. II)/429(11)/1(11)

Dt. .. 12.07.2005

Copy forwarded for information and necessary action to :

Health Officer / Asstt. Health Officer / MO,

..... Municipal Corporation / Municipality.

Project Director, CMU

Memo No. CMU-94/2003(Pt. II)/429(11)/2(7)

Dt. .. 12.07.2005

Copy forwarded for kind information to :

- 1. Secretary, MA Dept.**
- 2. PS to MIC, MA & UD**
- 3. Director of Local Bodies**
- 4. Director, SUDA**
- 5. Project Manager, CMU**
- 6. Accounts Officer, CMU**
- 7. Health Expert, CMU**

Project Director, CMU

11 Non-KMA ULBs (IPP-VIII Extn. & RCH)

Sl. No.	Name of ULB
1	Alipurduar
2	Asansol
3	Balurghat
4	Barddhaman
5	Darjeeling
6	Durgapur
7	English Bazar
8	Jalpaiguri
9	Kharagpur
10	Raiganj
11	Siliguri

11 Non-KMA ULBs (IPP-VIII Extn. & RCH)

Sl. No.	Name of ULB
1	Alipurduar
2	Asansol
3	Balurghat
4	Barddhaman
5	Darjeeling
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8	Jalpaiguri
9	Kharagpur
10	Raiganj
11	Siliguri