



COALITION OF POPULATION ACTIVITIES & RESEARCH

24/J, Baghajatin Station Road

CALCUTTA - 700032

PHONES : 4257098

5523667

FAX: 0091 033 2417704

E-mail: COPAR@caltiger.com

Ref No: 36 /copar/RP-04/2000

Dated: 29.08.2000

*Dr. Kar
Dr. Samin
Wong H. Ooan
K. S. S. S.
3/8*

To
The Adviser (Health)
State Urban Development Agency (SUDA)
Saltlake, Calcutta.

Subject: Submission of a proposal for awareness and demonstration programme on low cost nutritious food supplements for young children and mothers.

Sir,
Kindly refer our discussion held on 22nd August 2000 at your chamber, Unnayan Bhabwan , Saltlake. As per your suggestion, I enclosed here with a proposal along with a copy of CMDA's. Selection order for your kind perusal and necessary action accordingly.
Thanking you.

Yours faithfully,

Dr. Nag
(Dr. Debabrata Nag.) 29/8/2000
HON. EXECUTIVE DIRECTOR.

*at. Samin to Adviser.
The initial sum
to be tried at AST Rep. for project.
To 2000 cases with number of
P.S., Ast ch. of are among
date 11-12, 2k.
01/09/2000
S. S. S. S.*



AWARENESS AND DEMONSTRATION PROGRAMME ON LOW COST NUTRITIOUS FOOD SUPPLEMENTS FOR YOUNG CHILDREN AND MOTHERS

All of us need to consume nutritionally balanced diets to maintain health. Infants, young children and adolescents require adequate food nutritional quality for proper growth and development. Malnutrition is a silent emergency. About 63% of the under-five in India are malnourished. Translated into absolute numbers, it implies 75 million children ! Fifty three percent are moderately and severely underweight, while fifty two percent are stunted. We are raising a generation which is debilitated, which cannot contribute effectively to our country economically and otherwise. Malnutrition is adding to our mortality figures. Compared to a well nourished child, a mildly malnourished child has twice the risk of dying from common childhood diseases, moderately malnourished child has eight times the risk. WHO estimates that malnutrition was associated with over half of child deaths that occurred in developing countries. It is also aiding in maternal mortality. Moreover, one in three children born in India in low birth weight. To make the picture more gruesome, a link has been found between malnutrition in early life and development later of chronic diseases like diabetes, hypertension and coronary artery diseases.

Coupled with protein energy malnutrition is the problem of micronutrient deficiency. According to NIN survey 56% of the pre school children and 50% of the pregnant women in third trimester are anaemic. Poor iron intake, worm load and malaria all contribute to it. Forty million people in India suffer from goiter, 2.2 million are cretins and 6.6 millions have mild retardation. In a report of the ICMR working Group of Preschool children, it was stated that 14,000 preschool children suffer from vitamin A deficiency related eye problems at any one point. There are about 25 millions infant, but only 88.2 lakh children in 0-2 Years age group received first dose of vitamin A in 1995 – 96. Nutrition is dependent on three main factors : availability of food at home, health care and child caring practices. Food availability is not determined by income alone.

Nutrition component is an important one for the physical and mental growth of the children. Also a healthy mother can give birth to a healthy child. So, proper nutrition during pregnancies and post –natal period is a must.

Need for food supplements with awareness:

Mother's milk meets the total nutritional needs of the infant till around the fourth month. Thereafter, though the mother may be able to breastfeed, breast milk alone would not be adequate in quantity and quality to cater to the rapidly growing young one. While continuing breastfeeding for as long as possible, the infant has to be given additional foods (food supplements) from the fourth month onwards, to provide the much needed nutrients. Even traditionally, this need has been realized, resulting in such practices as 'annaprasan' around that period. The period 4-24 months is very crucial as growth is fastest then. Lack of optimal nutrients at this stage can have most deleterious and lasting effects on the growth potential and health of these children. However, for various reasons, infants and young children are not provided the food supplements regularly or in



adequate amounts. There is a need to encourage regular use of such supplements along with breast milk.

Nature of the supplements:

Several food supplements for children are available in the market and are extensively advertised over the media. Many of them are very expensive and our average household cannot afford them.

Supplements can be prepared with a judicious mix of the commonly available and consumed foodstuffs like cereals, pulses and vegetables. Even the commercial supplements are made from such foodstuff only. Mothers need be told that there is no need to go in for such products. Some of the recipes for this supplements can be "ready-to-eat" type. That means, after preparing, there is no need to cook them again. Some others can be of the "ready-to-cook" type like porridges or items like upma, which have to be cooked each time the child is feed. One important aspect in the preparation of a supplement is that it should provide the energy, protein(all the needed amino acids), vitamins and minerals. Addition of any common green leafy vegetable in the supplement ensures the supply of essential vitamins and minerals. In addition, attention should be given to the following aspects:

- Use of locally available foodstuffs.
- Easy method of cooking or processing.
- Acceptable taste, colour, consistency and bulk.

Recipes for a few low cost supplements are given here, keeping the above mentioned factors in view. They are meant for infants and young children (4 - 24 months). Since young children cannot consume the full quantity of supplements suggested, at a time, the same should be given at two or three feeds. Older children can also be given these supplements but the quantities should be increased accordingly.

The combination of ingredients (cereals, pulses, green leafy vegetables, etc.) are only suggestive. Other cereals or pulses which are available or acceptable can be substituted.

Objectives:

1. Low cost nutritious food Cooking demonstration among the selected beneficiaries in the vulnerable are areas of the urban local bodies.
2. Information Education Communication (IEC) through inter personal communication to the mothers and adolescens girls by conducting the programmes at beneficiaries house.
3. To stimulate them for preparing the same low cost nutritious food in their home.

Methodology of the Project:

It is happen in many health and nutrition related projects and programs could not provide sustainable positive impact on community development, because they could not involve the people to participate during the stages of planning, decision making and evaluating. Hence people's valuable thoughts, experiences and emotions based on the their problems needs and demands were probably not addressed in the project of programme designs. As



a result people could 'nearly participate' during implementation stage only. It seems that the very meaning of community participation was not clearly and adequately comprehended by many, till late.

In addition to the above it is also being realised that community development through community participations can take place if people can come together on common issues and work as a team. The concept of self help group especially among the women is being realized to day as the only process of realizing long term socio-economic and health related development both at micro as well as macro levels.

Community participation is a means to achieve community empowerment which will lead to development by the people themselves and thus, a true community development will take place. There are certain steps which needs to be ensured before community participation can become a self dynamic process, leading to community empowerment.

Steps are as follows :

- Community assessment (to assess the existing status, problems, needs, demands of a community)
- Community awareness (realization on the assessment, roles & rights, available service and future projects)
- Community involvement (capacity building on knowledge & skill developments on assessment & awareness)
- Community participation (facilitating the community on planning, organizing, implementing & evaluating)
- Community empowerment (community can do all the above activities by itself, with little or no outside support)

Keeping all in mind, **Participatory Approach** has to be followed in the said project.

Selection criteria for beneficiaries are as follows:

- a) Those families where income is Rs. 1,500/- or below per month
- b) Mothers having sick and under nourished children.
- c) Mothers whose children are with low weight according to the age of children.
- d) Mothers having frequent child birth without any spacing.
- e) Pregnant and lactating mothers.
- f) Families where adolescent girls have taken the responsibility of cooking the food materials for the families.

Selection of those families /children /Mothers and adolescent girls will be made by the representative of local bodies during their routine activities by Home Visits.

Design of programme implementation :

1. The concerned NGOs will be responsible in organizing for such demonstration, programmes with assistance of representative of local bodies.
2. The place, time and date for such demonstration programme will have to be fixed by the co-ordinator of NGO and representative of L.B. together in a one such project.
3. The number of such participants should not be more than 25 to 30.
4. These participants should be selected meticulously observing the criteria as detailed.



5. Cooking demonstration should be arranged to utilize locally available cheap food items and to show how to preserve the nutrients. The utensils for cooking the food will be taken from the beneficiaries themselves. OR may be arranged by the representatives of local bodies.
6. Such awareness programme should also assess the existing knowledge of processing and cooking procedures of the participants.
7. Discussion should elicit deficiencies and defects of the cooking procedures and process that are being followed by them.
8. One or two mothers among the participants will be asked to participate in actual processing and cooking during the demonstration as a hands-on training.
9. The organizer / trainer with the help of the representative of local bodies will also record the weight of the children accompanying the participants, if possible. The weights of the children will be informed to the mothers and children considered to be undernourished should be taken up for the awareness programme. Cause of such mal-nutrition due to faulty diets should be explained to the mothers. Those children should be referred to the sub-centre for further monitoring of the growth and development.
10. The participants will be requested to express their views on the particular awareness programme of the day. Wherever feasible a check list is preferably used for assessment.

Staffing for Programme:

1. Field Coordinator
 2. Trainers
-] having background of Social work and nutrition

In each programme minimum two trainers will attend.

Financial Support:

1. Remuneration for organizing the programme- Rs. 750/- per programme.
2. Actual T.A. from Calcutta to the field
3. Either accommodation provided by the local bodies or actual amount should be reimbursed on producing the Hotel/Guest House bill.
4. Rs. 100/- (fixed) per trainer or coordinator per day as D.A.



NIVEDITA ANUSARINI

(A Voluntary Organisation for urban and rural Development)
(Regd. Under West Bengal Societies Regn. Act.)

Regd. Office / Working Office :
56, Dingsaipara Road, Bally,
Howrah, Pin-711 201



may pl
consider for
RCH Ad.
Am
31/10

- 4 JAN 2002

To

The Adviser,
IPP-VIII (Extension)
Health wing of State Urban Development Agency
Ilgus Bhavan, H-c Block,
Bidhanagar (Salt Lake)
Kolkata - 700091

Sub: Allotment of Nutrition Programme

Sir, we humbly intimate that our organisation 'Nivedita Anusarini' has both expertise and experience in carrying out Nutrition ~~Project~~ programmes for people living under BPL. We have carried out supplementary Nutrition programme and growth monitoring for poor children and mothers, organised by Welfare Section of Ramakrishna Mission at Belur for one year (1998).

We also carried out Cooking Demonstration to the beneficiaries on cheap sources of nutritious food under IPP-VIII project under CMDA at units under Uttarpara Municipality for nearly two years (June '99 to April 2001) to the satisfaction of all concerned, and was appreciated highly by Municipal Authorities and the beneficiaries have been greatly benefitted. We attach a Certificate from The Chairman, Uttarpara Municipality, to this effect.

We, therefore, request you to include our organisation for allotment of subject project at units around Burdwan and Asansol.

Thanking you,

Yours faithfully

CB

Chhaya Banerjee
Secretary

Dated 3rd Jan. 02

Bally, Howrah.

NIVEDITA ANUSARINI



NIVEDITA ANUSARINI

(A Voluntary Organisation for urban and rural Development)
(Regd. Under West Bengal Societies Regn. Act.)

Regd. Office / Working Office :
56, Dingsaipara Road, Bally,
Howrah, Pin-711 201

To
The Adviser,
IPP-VIII (Extension)
Health wing of state Urban Development Agency,
Ilgus Bhawan, H-C Block,
Bidhan Nagar (Salt lake)
Kolkata - 700 091

PO
we may consider
it below
from 3/1/02

Sub: Allotment of Nutrition Programme
Expenditure Estimates


Sir, We have the honour to state that we have carried out nutrition programme to the satisfaction of all concerned at units under Uttarpara Municipality and estimated expenditure, as was approved is attached.

However due to abround increase in prices of all Commodities, conveyance cost, and the distance involved from Bally to Burdwan and Asansol, a revised estimated is submitted for your perusal and approval. In this connection, we humbly intimate that we may not be able to carry out the project, if this estimates are not agreed.

C	(i) utensils and stove for cooking - 500:00 (one time only)	} Per unit per day.
	(ii) Conveyance and carrying charges - Rs. 100 x 3 = 300:00	
	(iii) ingredients, food grains (Atta, rice, suji, dal, Masala), vegetables, cooking oil, fuel - Rs. 150 = 150:00	
	(iv) Nutrition Demonstrator (2) - Rs. 200 x 2 = 400:00	
	(v) Social worker (careear) (1) - Rs. 100 x 1 = 100:00	
	Total	950:00

Thanking you,

yours faithfully


Secretary
Chhaya Banerjee
Secretary

NIVEDITA ANUSARINI

Jan 02.
Bally, Howrah



NIVEDITA ANUSARINI

(A Voluntary Organisation for urban and rural Development)
(Regd. Under West Bengal Societies Regn. Act.)

Regd. Office / Working Office :
56, Dingsaipara Road, Bally,
Howrah, Pin-711 201

PO
we may consider
it below
3/1/02

To
The Adviser,
IPP-VIII (Extension)
Health wing of state Urban Development Agency,
Ilgus Bhawan, H-C Block,
Bidhan Nagar (Salt Lake)
Kolkata - 700 091

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yours faithfully


Secretary
Chhaya Banerjee
Secretary

NIVEDITA ANUSARINI

Jan 02.

By, Howrah



NIVEDITA ANUSARINI

(A Voluntary Organisation for urban and rural Development)
(Regd. Under West Bengal Societies Regn. Act.)

Regd. Office / Working Office :
56, Dingsaipara Road, Bally,
Howrah, Pin-711 201

PO
we may consider
it below
3/1/02

To
The Advisor,
IPP-VIII (Extension)
Health wing of state Urban Development Agency,
Ilgus Bhawan, H-C Block,
Bidhan Nagar (Salt Lake)
Kolkata - 700 091

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	(v) Social worker (career) (1) - Rs. 100 x 1 = 100:00	
	Total	950:00

Thanking you,

yours faithfully


Secretary
Chhaya Banerjee
Secretary

NIVEDITA ANUSARINI

Jan 02.
by, Howrah



NIVEDITA ANUSARINI

(A Voluntary Organisation for urban and rural Development)
(Regd. Under West Bengal Societies Regn. Act.)

Regd. Office / Working Office : 65, Dingsai para Road,
Bally, Howrah
Pin - 711201

To : The Chief of Health,
IPP-VIII, C.M.D.A.,
3rd floor, 'G' Block,
Unnayan Bhawan, Salt Lake.

S i r,

It is intimated that we have carried out cooking demonstration at Makhala 'Prolhad Singh School' area on 27. 2. '99 (Saturday).

It was attended by 35 mothers & 20 children, 5 HHWs, one F T Supervisor, 2 2nd Tier Supervisors and 2 Medical Officers.

Details of our expenditure is as under :-

1. Purchase of vegetables & cereals	: Rs.	300.00
2. Honorarium of 2 Resource persons (Rs. 100 each)	: Rs.	200.00
3. Honorarium of 2 Social workers (Rs. 50 each)	: Rs.	100.00
4. Conveyance charges (to and fro)	: Rs.	200.00
		<hr/>
		Rs. 800.00

Thanking you,

Yours faithfully,

Handwritten signature
15/3/99

DR. S. V. SARKAR
Bally Office
Municipal Corporation

Handwritten signature
President

10.3





IPP - VIII. CMDA FAMILY WELFARE (US) PROJECT

Unnayan Bhavan. Bidhan Nagar 'G' Block. 3rd Floor. Calcutta - 700 091 Phone : 334-5257 / 358-6771 / 337-0697 Fax : 358-3931

No. 284 /E-19/CMDA/Health/FW(US)/IPP-VIII/97

Dated : 15.12.99

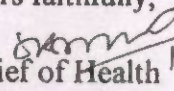
To

Nibedita Anusarani

Dear Sirs,

With reference to the previous order regarding organising the awareness programme amongst the beneficiaries of different Municipalities under IPP -VIII programme, you are requested not to continue the RCH/MCH & FW awareness programme. However, you may continue the cooking demonstration programme the number of which should not exceed 15 programmes per month per Municipality. Monthly advance programme schedule of nutrition awareness programme with cooking demonstration should be sent to the undersigned duly signed by municipal authorities at least one week before the starting of the programme.

Yours faithfully,

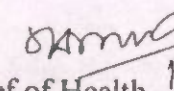

Chief of Health 14/12/99
IPP-VIII, Calcutta
CMDA

No. /E-19/CMDA/Health/FW(US)/IPP-VIII/97

Dated :

Copy forwarded to :-

1. Chairman/Mayor _____ Municipality/Corporation
2. Health Officer _____ Municipality/Corporation
3. Accounts Officer , IPP - VIII , CMDA


Chief of Health 14/12/99
IPP-VIII, Calcutta
CMDA



IPP - VIII. CMDA FAMILY WELFARE (US) PROJECT

Unnayan Bhavan, Bidhan Nagar 'G' Block, 3rd Floor, Calcutta - 700 091 Phone : 334-5257 / 358-6771 / 337-0697 Fax : 358-3931

No. 195/98/E-19/CMDA/FW(US)/Health/98

Date : 31.5.99

To

M/S, Nibedita Annasani
56, Deingshapara Lane
Bally, Howrah

Sub : Awareness Programme on RCH, MCH, FW and Nutrition.

In reference to this office memo no. 812/E-19/CMDA/ FW(US)/Health/98 dated 6.7.98, this is to inform you that your organisation is selected for organising awareness programme on RCH, MCH, FW and Nutrition in the municipality mentioned below. You will have to organise the programmes as per guidelines enclosed herewith. The remuneration for organising RCH, MCH, FW and Nutrition Cooking demonstration programmes will be Rs. 750/- & Rs. 700/- respectively. You are requested to submit the bill on completion of the programme along with performance certificate from the municipal authorities, to this office for payment.

Name of the Municipality :

4) Uttarpara

~~Uttarpara~~
~~Uttarpara~~

Yours faithfully,

Chandran
Chief of Health 21/5/99
IPP-VIII, CMDA

No. /E-19/CMDA/FW(US)/Health/98

Date : _____

Copy to :-

1. Account Officer -I, IPP-VIII, CMDA

Chief of Health
IPP-VIII, CMDA



IPP - VIII. ~~1998~~

FAMILY WELFARE (US) PROJECT

Unnayan Bhavan, P'dhan Nagar 'G' Block, 3rd Floor, Calcutta - 700 091 Phone : 334-5257 / 350-8771 / 337-0697 Fax : 350-3931

No. 812 (15) 11-19/CMDA/FW(US)/1calit/98

Date - 06.7.98.

To Nivedita Anusarani
Pally

Sub: Organising awareness Programme in respect of RCH, MCH, FW & Nutrition with special emphasis to aware adolescence girls.

This is to inform you that the IPP-8, has taken up a programme for awareness on Reproductive child health, Maternal & Child care, Family Welfare and proper nutrition demonstration with low cost locally available vegetables & Food grains amongst the target population under this project. The project decided to engage reputed NGOs for this purpose. If you are willing to accept the programme, you will have to apply to the Chief of Health, IPP-8, CMDA, Unnayan Bhavan, 'G' Block, 3rd floor, Salt Lake, Calcutta -91, along with following information/documents:-

- 1) Your organisation must be a registered one - non political.
- 2) Mention previous experiences in similar nature of work supported by documents.
- 3) Should be financially sound.
- 4) Whether your organisation have required staff for organising the programme.
- 5) Capacity to organising the numbers of programme in a month.
- 6) Submit an estimate of expenditure for organising per programme with break up.
- 7) Mention area of organising the programme.
- 8) Submit of quarterly reports of your achievements to the project authority for reviews.

For further clarification you are requested to contact the IEC unit at HQ of IPP-VIII

Yours application should reach to the address mentioned above on the before 31.7.98.

Yours faithfully,

Orna Chakrabarti
Chief of Health
IPP-8, Calcutta,
CMDA.

6/7/98

PHONES { 654-1144
654-1180
PBX { 654-5391
654-9581
654-9681
FAX : 654-4346



RAMAKRISHNA MISSION
P.O. BELUR MATH, DIST. HOWRAH
WEST BENGAL : 711 202

22.7.98

To whom it may concern

This is to certify that some of the lady members of the Voluntary Organization 'Nivedita Anusarini' have rendered voluntary service in the Welfare Section of Ramakrishna Mission, Belur Math, Howrah since last eight months from November 1997 to June 1998. The Welfare activities were family welfare, nutrition demonstration including MCH. It was done under the guidance of qualified doctor Dr. Chaitali Mukherjee, M.B.B.S. Beneficeries were from different slum areas around Bally and Belur.

Swami Srikananda
(Swami Srikananda)
Asth. Secretary.

SUDA

STATE URBAN DEVELOPMENT AGENCY

HEALTH WING

"ILGUS BHAVAN"

H-C BLOCK, SECTOR-III, BIDHANNAGAR, CALCUTTA-700 091
West Bengal

SUDA-120/96(Pt-IV)/1041

Ref No.

Date **3.1.2002**

From: Adviser(Health)
SUDA

To: The Secretary
56, Dingsai Para Road
Bally, Howrah 711 201
ANUSARINE

**Sub: Nutrition awareness Programme under RCH Sub-Project
Asansol during 11-12 January, 2002**

Sir,

You are requested to conduct four nos. of sessions on Nutrition Awareness programme at Asansol Municipal Corporation during 11-12 January, 2002. The trainers may please be instructed to report to the Mayor /Health officer, Asansol Municipal Corporation at the office on 11.1.2002 at 11 a.m. Necessary briefing may please be obtained from Project Officer, RCH Sub-Project Asansol, Health Wing SUDA prior to launching of the programme.

You are requested to submit bill on completion of the programme along with performance certificate from the municipal authority to this office for payment. It may be noted that for conveyance and carrying charges actual will be paid on production of Tickets/ certification as the case may be.

Yours faithfully,

[Signature]
Adviser (Health) 3.1.2002
3.1.2002

SUDA-120/96(Pt-IV)/1041 (2)

C.C.

Mayor. Asansol Municipal corporation, -- You are requested to instruct the concerned personnel to guide the NGO for performing the programmes in the localities under RCH Sub-Project, Asansol and grant the performance certificate after holding the programmes. Only accommodation may kindly be arranged for the period from 11-12 January, 2002.

F.O.: SUDA -- for information and necessary action,

[Signature]
Adviser (Health) 3.1.2002

Office of the Councillors, Uttarpara-Kotrung Municipality.

No.....

From : **Shri Pinaki Dhamali**
Chairman, Uttarpara-Kotrung Municipality.

To.....

.....

.....

Dated, Uttarpara the **8th Nov.** 200 1.

To whom it may concern.

Nivedita Anusarini, a voluntary Organisation has carried out Nutrition Awareness Programme at units under Uttarpara Municipality under IPP-VIII project of CMDA, to the full satisfaction of the beneficiaries and authorities alike. The beneficiaries have been greatly enlightened and benefitted from this programme. It is strongly felt that this type of Nutrition awareness programmes including Cooking demonstration for cheap and nutritious food should be taken up by the municipalities implementing MCH programme for enhancing awareness regarding nutrition for poor mothers and children.

P. Dhamali
8-11-01

UTTARPARA-KOTRUNG
MUNICIPALITY

5. Accounts & Audit (Section 15)

- a) Books of accounts shall contain details of all sums of money received with source and all sums of money spent with purpose or object.
- b) Accounts of all assets and liabilities of the Society shall be maintained.
- c) Accounts shall be audited once a year by a practising Chartered Accountant.

6. Annual General Meeting (Section 16)

- a) To be held at least once every year and not more than 15 months shall elapse between two successive A.G.M.s.
- b) Balance Sheet and Auditor's Report shall be placed in the ~~xxxxx~~ Annual General Meeting.

7. Annual and other Returns (Section 17)

A. Within 30 days after Annual General Meeting, file along with Form VI and the fee of Rs. 25/- for each year:-

- i) A list of names, addresses, occupations of the members of the governing body, the President the Secretary and other office bearers (To be certified by both President and Secretary).
- ii) Governing Body's annual report on the working of the society for the previous year (To be certified by both President and Secretary).
- iii) A copy of the Balance Sheet and Auditor's Report certified by the auditor.

B. Whenever there is change in the composition of the Governing Body or in the holder of the office of the President/Secretary occurring for any reason whatsoever, an application in cartridge paper under Sec. 17(3) within 30 days from such change should be filed along with fee of Rs. 5/- and the resolution, certified by the President and the Secretary.

IN ORDER TO AVOID PENALTY UNDER THE WEST BENGAL SOCIETIES
REGISTRATION ACT 1961, THE FOLLOWING REQUIREMENTS SHOULD
BE STRICTLY ADHERED TO BY ALL SOCIETIES :-

1. Alteration of Memorandum of Association (Section 8 & 9)

- a) Alteration can be made only with the previous permission of Registrar - Apply for the purpose, in Form No. V.
- b) After obtaining Registrar's permission, get a resolution passed by the 3/4th of members present in a general meeting altering the clause/s of the Memorandum for which permission was sought.

Apply in Form No. IV along with the copy of the resolution to be certified by the President and the Secretary with the fee of Rs. 50/- in cash WITHIN THIRTY DAYS OF SUCH ALTERATION.

2. Alteration of Regulations :

- a) Previous permission of Registrar - not required. Therefore, Form No. V is not applicable.
- b) Remaining formalities - similar with that applicable to alteration of memorandum.

Alterations are effective from the date on which Registrar's intimation as to recording of Alteration in Registrar's Office is received by the Society.

3. Regarding Society's Name (Section 13)

- a) Name of the Society to be prominently displayed outside its office or the place of business.
- b) The society shall have a seal with its name engraved thereon.
- c) The name of the society shall be mentioned in all documents executed in its favour or on its behalf.

4. Register of Members (Section 14)

To be maintained at its Registered Office. Name and address of each member, Date of admission, Date of cessation of membership shall be mentioned in the Register within 15 days from the occurrence of events.

যদিপ্রমাণের পর প্রতি বছর মোট
দুই সহ (নগদ) রিটার্ন করা
হবে তাহলে বাধ্যকর্তৃক।

Registration granted in
anticipation of the
information/facts stated
in the document being
correct and true.



Certificate of Registration of Societies

WEST BENGAL ACT XXVI of 1961

No. 5/92821 of 1998-1999

I heroby certify that Nivedita Anusarini,

has this day been registered under the West Bengal Societies
Registration Act, 1961.

Given under my hand at Calcutta
this Twenty four day of December

One thousand two hundred and eighty eight



Amal Chandra
Registrar of Firms, Societies &
Non-Trading Corporations,
West Bengal.

PANKJIR NO.

ACKNOWLEDGEMENT
(To be filled by assessee in duplicate) [I.T.S.-3A]

ITNS-189

Name (block letters) **NIVEDITA ANUSARINI**

Assessment Year
19 **2001** **2002**

Address (block letters) **56 DINGSAI PARA ROAD
BALLY, P.S. BALLY DIST HOWRAH**

Status
* (use code) **08**

Residence
* (use code) **01**

* (See Return for correct code)

Previous year : ending on **31 - 03 19 2001**

Number of months **12**

INCOME DISCLOSED IN THE RETURN	CODE	AMOUNT (Rs.)
1. Income from house property :	130	<u>Nil</u>
2. Profits and gains of business and profession :		
Share in profits of R.F.	141	<u>Nil</u>
Share in profits of URF/AOP/BOI	142	<u>Nil</u>
Own business/profession	143	<u>Nil</u>
Discontinued business	144	<u>Nil</u>
Deemed income u/s 80HHD(5)	145	<u>Nil</u>
3. Capital gains:		
(i) short term	151	<u>Nil</u>
(ii) long term	152	<u>Nil</u>
4. Income from other sources:		
(i) dividends	161	<u>Nil</u>
(ii) interest on securities	160	<u>Nil</u>
(iii) other interest	162	<u>5579.00</u>
(iv) winnings from lotteries, cross word puzzles, races etc.	164	<u>Nil</u>
(v) voluntary contributions u/s 11	163	<u>1301.00</u>
(vi) others	169	<u>54965.00</u>
5. Deemed income u/s 11		<u>Nil</u>
6. Aggregate of items 1 to 5:	100	<u>Nil</u>
Less : Brought forward losses or allowances (total of codes 211 & 212)	210	<u>Nil</u>
Income deductible u/s 11	215	<u>61345.00</u>
7. Gross Total Income:	220	<u>Nil</u>
Less : Admissible deductions under Chapter VI A:	200	<u>Nil</u>
10% of book profits	862	<u>Nil</u>
8 TOTAL INCOME : (in figures)	300	<u>Nil</u>
(in words)		<u>Nil</u>
Net agricultural income	580	<u>Nil</u>
Tax payable (incl. surcharge)	310	<u>Nil</u>
PRE-ASSESSMENT TAXES/ REFUNDABLE TAX		
(330)	<u>Nil</u>	
(360)	<u>Nil</u>	
(360)	<u>Nil</u>	

Deductions under Chapter IV					
Section	Code	Amount (Rs.)	Section	Code	Amount (Rs.)
32	430	<u>Nil</u>	35A	449	<u>Nil</u>
32A	441	<u>Nil</u>	35AB	463	<u>Nil</u>
32AB	456	<u>Nil</u>	35CCA	444	<u>Nil</u>
33A	448	<u>Nil</u>	35CCB	445	<u>Nil</u>
33AB	457	<u>Nil</u>	35D	452	<u>Nil</u>
33B	462	<u>Nil</u>	35E	458	<u>Nil</u>
35	442	<u>Nil</u>	37	459	<u>Nil</u>

Deductions under Chapter VI A								
Sec.	Code	Amount	Sec.	Code	Amount	Sec.	Code	Amount
80G	242	<u>Nil</u>	80HH	244	<u>Nil</u>	80HHA	245	<u>Nil</u>
80HHB	246	<u>Nil</u>	80HHC	247	<u>Nil</u>	80HHD	255	<u>Nil</u>
80-I	251	<u>Nil</u>	80J	254	<u>Nil</u>	80M	271	<u>Nil</u>
80-O	274	<u>Nil</u>	Other	289	<u>Nil</u>	TOTAL	200	<u>Nil</u>

PRE ASSESSMENT TAXES : 1. Advance Taxes

Date of payment:	1)	2)	3)	Total
Amount (Rs.)	<u>Nil</u>	<u>Nil</u>	<u>Nil</u>	<u>Nil</u>
	(351)	(352)	(353)	(350)

2. Tax deducted at source

Amount Rs.	Dividends	Others	Total
	<u>Nil</u>	<u>Nil</u>	<u>Nil</u>
	(344)	(349)	(340)

Self assessment tax (333)

Nil

Tax collected at source (335)

Nil

Total number of documents evidencing above payments

In words

Statements or Documents enclosed (Please specify)

- (a) FORB ANNUAL REPORT
- (b) AUDITED ACCOUNTS
- (c) LIST OF INVESTMENT
- (d) ISA APPLICATION COPY
- (e) _____
- (f) _____

Signature of assessee

Chhaya Banerjee
Secretary

To be filled in the Income Tax Deptt.
Received one return of income and enclosure as per details given above.

Receipt No. 000993 Date _____

Signature of Receiving Official

Name _____

Designation _____

Stamp

Name (block letters) NIVE DITA ANSARI Assessment Year 19 2009

Address (block letters) 56 BINGSAL PARA ROAD, BALLY
P. S. BALLY, DIST HOWRAH
 Status (use code) 08
 Residence (use code) 01
 * (See return for correct code)

Previous year ending on 31-03 19 2008 Number of months 12

INCOME DISCLOSED IN THE RETURN	CODE	AMOUNT (Rs.)
1. Income from house property :	130	<u>NIL</u>
2. Profits and gains of business and profession :		
Share in profits of R.F.	141	<u>—</u>
Share in profits of URF/AOP/BOI	142	<u>—</u>
Own business/profession	143	<u>—</u>
Discontinued business	144	<u>—</u>
Deemed income u/s 80HHID(5)	145	<u>—</u>
3. Capital gains:		
(i) short term	151	<u>—</u>
(ii) long term	152	<u>—</u>
4. Income from other sources:		
(i) dividends	161	<u>—</u>
(ii) interest on securities	120	<u>—</u>
(iii) other interest	162	<u>1157.00</u>
(iv) winnings from lotteries, cross word puzzles, races etc.	164	<u>—</u>
(v) voluntary contributions u/s 12	163	<u>1275.00</u>
(vi) others	169	<u>49545.00</u>
5. Deemed income u/s 11		<u>—</u>
6. Aggregate of items 1 to 5:	100	<u>—</u>
Less : Brought forward losses or allowances (total of codes 211 & 212)	210	<u>—</u>
Income deductible u/s 11	215	<u>52356.00</u>
7. Gross Total Income:	220	<u>NIL</u>
Less : Admissible deductions under Chapter VI A:	200	<u>—</u>
30% of book profits	862	<u>—</u>
8. TOTAL INCOME : (in figures)	300	<u>—</u>
(in words)		
Net agricultural income	580	<u>—</u>
Tax payable (incl. surcharge)	310	<u>—</u>
PRE - ASSESSMENT TAXES/ REFUND		
(330)		<u>—</u>
(360)		<u>—</u>
(363)		<u>—</u>

Deductions under Chapter IV					
Section	Code	Amount (Rs.)	Section	Code	Amount (Rs.)
32	430	<u>—</u>	35A	449	<u>—</u>
32A	441	<u>—</u>	35AB	463	<u>—</u>
32AB	456	<u>—</u>	35CCA	444	<u>—</u>
33A	448	<u>—</u>	35CCB	445	<u>—</u>
33AB	457	<u>—</u>	35D	452	<u>—</u>
33B	462	<u>—</u>	35E	458	<u>—</u>
35	442	<u>—</u>	37	459	<u>—</u>

Deductions under Chapter VI A								
Sec.	Code	Amount	Sec.	Code	Amount	Sec.	Code	Amount
80G	242	<u>—</u>	80HH	244	<u>—</u>	80HHA	245	<u>—</u>
80HHB	246	<u>—</u>	80HHC	247	<u>—</u>	80HHID	255	<u>—</u>
80-I	251	<u>—</u>	80J	254	<u>—</u>	80M	271	<u>—</u>
80-O	274	<u>—</u>	Other	289	<u>—</u>	TOTAL	200	<u>—</u>

PRE ASSESSMENT TAXES : 1. Advance Taxes

Date of payment:	1)	2)	3)	Total
Amount (Rs.)	<u>—</u>	<u>—</u>	<u>—</u>	<u>—</u>
	(351)	(352)	(353)	(350)

2. Tax deducted at source

Amount Rs.	Dividends	Others	Total
	<u>—</u>	<u>—</u>	<u>—</u>
	(344)	(349)	(340)

Self assessment tax (333) — Tax collected at source (335) —

Total number of documents evidencing above payments

In words _____
 Statements or Documents enclosed (Please specify)
 (a) AN AUDIT REPORT (b) AUDITED ACCOUNTS 31/3/09
 (c) LIST OF INVESTMENT (d) XERO COPY OF TRUST DEED
 (e) ELECTION CARD OF SIGNARIES (f) 12th APR COPY

Signature of assessee Chhaya Banerjee
 Secretary

To be filled in the Income Tax Dept.
 Received one return of income and enclosure as per details given above.
 Receipt No. 000992 Date _____
 Signature of Receiving Official _____
 Name _____
 Designation _____