

SUDA

STATE URBAN DEVELOPMENT AGENCY

HEALTH WING

"ILGUS BHAVAN"

H-C BLOCK, SECTOR-III, BIDHANNAGAR, CALCUTTA-700 091

West Bengal

Ref No. ...SUDA-Health/DFID/04/394

Date11:01:2005

**From : Dr. Shibani Goswami
Project Officer
Health Wing, SUDA**

o/c

**To : The Joint Director,
ILGUS**

**Sub : Booking for accommodation of 2 rooms at the ILGUS Hostel
on 12 January, 2005.**

Madam,

Personnel of Municipal Management Cell, Purulia Municipality under DFID assisted HHW Scheme will be visiting to SUDA Health Wing for official purpose.

You are requested kindly to instruct your office to make necessary arrangement for the accommodation on 12.01.2005.

Shibani Goswami
Project Officer



রাজ্য নগর উন্নয়ন সংস্থা

STATE URBAN DEVELOPMENT AGENCY

"ইলগাস ভবন", এইচ-সি ব্লক, সেক্টর-৩, বিধাননগর, কলকাতা ৭০০ ০৯১, পশ্চিমবঙ্গ

"ILGUS BHAVAN", H-C Block, Sector-III, Bidhannagar, Kolkata 700 091, West Bengal

ক্রমিক নং SUDA- 503/97 (Pt-V)/ 2472/(18)

তারিখ 23.12.2004

From : Director, SUDA

To : The District Magistrate,

..... District

27 DEC 2004



Sub: Convergence & implementation of Urban Poverty Alleviation Programmes

Sir,

The need for Convergence of different Urban Poverty Alleviation Programmes and the need for an effective monitoring mechanism of the programmes has long been felt. DUDA can play a vital role in this regard. Hence, they need to be adequately strengthened. In order to discuss the ways and means for it and various logistic support that may be required in this regard, a meeting is to be held at SUDA Meeting Hall, ILGUS Bhavan, H-C Block, Sector-III, Bidhannagar, Kolkata-700106 on 06.01.2005 at 12.00 Noon. You are requested to kindly allow the Project Officer, DUDA of your District to attend the meeting and offer his/ her valuable comments and suggestions.

Yours faithfully

Director, SUDA

SUDA- 503/97 (Pt-V)/ 2472/1(3)

23.12.2004

Copy forwarded to the :

1. Director of Local Bodies,
2. Chief Engineer, MED,
3. Project Officer, Health Wing, SUDA.

They are requested to kindly make it convenient to attend the meeting.

Attended the meeting -
6.1.05



Director, SUDA

দূরভাষ : ৩৫৮ ৬৪০৩/৬৪২১/৫৭৬৭, ফ্যাক্স : ৩৫৮ ৫৮০০

Joy/ 23.12.2004 Tel : 358 6403/6421/5767, Fax : 358 5800, E.Mail : dirsuda@cal 3.vsnl.net.in



Indo-German Basic Health Project West Bengal
GTZ Technical Assistance Team
C/o Institute of Health & Family Welfare Complex
GN -29, Sector-V, Bidhan Nagar
Kolkata – 700 091, West Bengal, INDIA
Telephone : 91-33-2357 4695/4696
Fax : 91-33-2357 4697
Email : gtz@health-westbengal.net
gtzhewb@cal3.vsnl.net.in

11 May 2004

To Whomsoever It May Concern

This is to certify that Ms. Lorena Aguirre, who is pursuing her Masters in Public Health from Heidelberg University, Germany, is in Kolkata to conduct Research for her Thesis on Adolescent Pregnancy under the guidance of GTZ Indo-German Basic Health Project, West Bengal.

She would be conducting her research within the period spanning May 5th to 25th June, 2004, and would be required to visit organisations, institutions and governmental departments to collect information and data, as well as have discussions and interview informants in areas specific to her research.

Although Ms. Aguirre's meetings would be conducted after seeking a formal appointment, we would greatly appreciate if all necessary cooperation is extended to her during the course of her research visits.

Thanking you in anticipation for your support and cooperation,

With best regards,

Snigdha Guha
Acting Team Leader &
Sr. Programme Officer
GTZ Technical Assistance Team

SUDA

STATE URBAN DEVELOPMENT AGENCY

HEALTH WING

"ILGUS BHAVAN"

**H-C BLOCK, SECTOR-III, BIDHANNAGAR, CALCUTTA-700 091
West Bengal**

SUDA-Health/DFID/04/262
Ref No.

Date **01.10.2004**.....

From : Director, SUDA

**To : The Chairman, Uluberia Municipality,
The Chairman, Maheshtala Municipality,
Chief Municipal Health Officer, KMC**

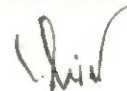
**Sub : Discussion on Operational & Financial Guidelines
for October, 2004 NID Round.**

Sir,

With the objective of immunising all under five children by OPV during NID Round w.e.f. 10 October, 2004, a discussion session has been scheduled on 6th October at 2 P.M. at ILGUS Bhavan, as desired by the Secretary, MA Dept.

You are requested kindly to make it convenient to be present and participate in the said discussion session to make the programme successful. If it becomes inconvenient on your part to attend, you may depute the concerned official.

Yours faithfully,

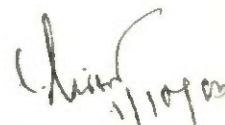


Director, SUDA

SUDA-Health/DFID/04/262(1)
CC

01.10.2004

Sri Atanu Majumder, UNICEF - for information with reference to telephonic discussion on date. You are requested to attend the said discussion session.



Director, SUDA

6596-7/9
23.9.04

JSCSM/04
27/10/04

3220-D
28.9.04

Govt. of West Bengal
Directorate of Health Services,
State Family Welfare Bureau,
Swasthya Bhavan, Kolkata 700 091

2947

Memo No. H/SFWB/10N-1-2004/ 921 (19)

Dated, Kol. the 15th Sept' 2004

To
1. - 18. The Chief Medical Officer of Health.



TO
Secretary MA.
A 24/9

19. The D.F.W.O., Kolkata.

Sub: Operational and Financial Guidelines for October 04 NID Round

Operational and Financial Guidelines for NID Round to be held on and from 10 October, 04 are given below:

- Objectives: 1) To Immunize all under five children by OPV
2) To visit each and every household and also temporary/semi-permanent settlements.

Strategy:

- Day -1: Booth Day (10 October, 2004)
- Day 2&3: House to house (HTH) activity to immunize those children who did not turn up at the booth. Additional days of HTH activity will be allowed only in those booths, which have a house load per team per day in excess of 100 in rural areas and 125 in urban areas.
- 1 supervisor to be engaged per 3 booths/6 HTH teams

GUIDELINES

1) Booth Timing: Booths have to be kept open from 9 AM to 4 PM or till the last child at the booth is immunized whichever is later. If the district decides to change the timings for local needs, then the revised timings should be uniform throughout the district and must be ratified through the DTF. However, the total booth hours should not be less than seven hours. Booth timings should be widely publicized to the community through aggressive HEC and IPC (Inter-personal communication).

2) Household load per team per day for HTH activity will be as per table below:

Area of activity	Minimum for individual Team-day	Maximum for individual Team-day	Average for Block/Planning Unit
Rural	60	100	80
Urban	80	125	100

3) Micro Planning and Review of existing micro-plans:

- Booth placement should be rationalized based on experience of previous rounds.
- Supervisor area should be clearly demarcated on the Block Map.
- Micro-plans developed in past rounds should be further refined.
- HTH micro planning: The HTH micro-plans should be de-linked from the booth micro plan and rationalized based on household load per team per day as indicated above. The unit for HTH activity will be a household. Wherever needed the days of activity will need to be adjusted such that no team should visit more than 100/125 houses in a rural/urban team-day area.
- Block level Micro-plans must be reviewed at the district level and a feedback given to the State by 4 October, 2004 in the format prescribed in the new Oct-Nov NID Guidelines.

A:\Guidelines Letter Oct 04.doc

IBCP/
U.O.NO 164(E)
Date 24.09.04

Div SDA
Dr. Arul
Dr. UNICEF, MA
Dr. KMC
Dr. K. S. Das
29.9.04

- Master copies of necessary formats (available in the Oct-Nov NID Guidelines) including mop-up type tally sheets to be collected from NPS Unit Offices.

4) Supervision: Each Supervisor has to visit every 10th P – house in each team day area of about 100 houses. They should begin house checking with a random number. In all, a Supervisor should be checking around 60 P-houses in a day covering all teams under him/her. In addition they should support the teams in converting the X-Houses and will also carry out any other relevant tasks assigned by the BMO/Nodal Officer of Municipal Bodies. Supervisors should ensure that vaccinators under them follow the microplan, have proper knowledge of VVM, house marking/finger marking and Tally sheet filling by regular on the job training. They should also ensure that children living in temporary/semi-permanent establishments (Brick-kilns/ 'Char' areas / Chhitmahals /nomadic people etc.) and/or busy market places, bus stands, Rly stations, etc. are immunized during the round.

Vaccinators to be cautioned that marking of P in the houses with left out children, for any reason, must be stopped. X-houses generated during the day must be revisited the same day and also on subsequent days to immunize the children who have been missed.

5) Evening De-briefings: After completion of the day's activities all the Supervisors have to sit with the Vaccinators under his/her jurisdiction to review the day's activity and take corrective measures.

Block/Planning unit (PU) level evening meetings: All the Unit heads must meet the supervisors in the evening on each day to review the activity and take corrective measures.

District level Evening meetings: CMOH will meet daily with the Zonal/Monitoring Officers (Dist as well as as State Levels to review the day's activity and arrange for immediate corrective measures if needed.

6) District Task Forces (exclusively for Polio) need to be undertaken. Two DTF meetings will be held prior to round – first between 20-25 September and the second between 4-7 October, 2004 (for review of preparedness). Complete proceedings of the DTF must be communicated to the State to the undersigned within 48 hours after completion of the DTF.

7) Indelible Ink Marker Pens: These pens are being procured by State and will be distributed to the districts, if necessary with NPS support. Each HTH team and Supervisor must carry an Indelible Ink Marker pen. Marker pens purchased in earlier rounds must not be used for this round. Workers should be trained that they must allow the indelible ink mark on the fingers to dry, so that the ink can fixate on the tissue and a permanent mark is left.

8) IEC materials: IEC materials (banners, posters etc.) has been ordered by the State and will be supplied to the Districts.

9) Training: Training will be conducted by District Trainers. Only pre-designated and trained District Trainers and/or SMOs will conduct the training sessions. All vaccinators and supervisors will be trained with emphasis on:

- Good Booth Mobilization and coverage
- Complete HTH coverage of each and every household + Brick kilns, Temporary settlements etc.
- "Search and Immunize" strategy during HTH work by entering the household and immunizing all children
- Good Inter personal communication
- Proper maintenance of Cold chain and Interpretation of VVM

No session will have more than 40-50 trainees. Sessions must be interactive.

Financial Guidelines

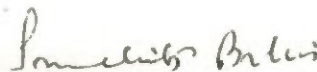
10) Financial guideline : Funding will be made to the districts as per the following norms :

- a) On booth day
 - i. Vaccinators' honorarium : @ Rs 100/- booth
 - ii. Supervisors' honorarium : @ Rs. 50/- Supervisor
 - iii. Mobility support for Supervisors : @ Rs. 75/- Supervisor
- b) On HHH days
 - i. Vaccinators' honorarium : @ Rs 50/- team-day
 - ii. Supervisors' honorarium : @ Rs 50/- Supervisor-day
 - iii. Mobility support for supervisors : @ Rs. 75/- Supervisory day
- c) Contingency : @ Rs 20 / booth : This fund is to be utilized for purchase of pen/pencil, chalk, vial openers and printing of different forms.
- d) Miking : @ Rs.250/ day / 12 booths for 3 days (2 days prior to the activity and on the booth day) to be done **only** on slow moving vehicles mentioning the names/sites of booths, day and time of booth activity. The miking vehicles to do stationary miking in market places, important road crossings, bus stands, Rly stations enroute.
- e) Fund will be provided for district and block level mobility including Cold Chain support @ Rs 300/- per day per 6 booths for 4 days. This fund may also be utilized to meet any shortage in supervisors' mobility.

Number of booths and H-to-H teamdays have been calculated on the basis of experience gained from previous rounds as per annexure 1.

Detailed matrix for allotment of funds for Oct'04 round will follow soon.

This may please be shared with all concerned.


(Dr Sanchita Bakshi) 15/9/04
Jt Director of Health Services (FW) &
State Family Welfare Officer, West Bengal

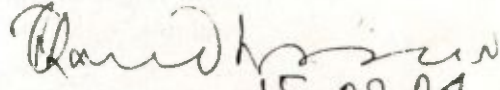
Memo No. H/SFWB/10N-1-2004/ 921 (19) (17)

Dated, Kol. the 15th Sept' 2004

Copy forwarded for information to :

- i. PS to Honorable MIC, Dept of Health & FW, West Bengal.
- ii. PS to Honorable MOS, Dept of Health & FW, West Bengal.
- iii. PA to Principal Secretary, Health & FW, West Bengal.
- iv. PA to Secretary, Department of Urban Affairs, West Bengal. *wif.*
- v. PA to Secretary, Department of Panchayat and Rural Development, WB.
- vi. Director of Health Services & I.O Secretary, West Bengal.
- vii. Director of Medical Education & EO Secretary, West Bengal.
- viii. Commissioner (FW) & Spl. Secretary to Govt of West Bengal.
- ix. Director, Social Welfare, West Bengal.
- x. Jt. Secy (FW), West Bengal.
- xi. Jt DHIS & SMEIO, West Bengal.
- xii. Dy DHIS Nursing, West Bengal.

- xiii. Dr.
Supervising/Monitoring Officer.
- xiv. CF&AO, SFWB West Bengal
- xv. Regional Coordinator, NPSP India
- xvi. Project Officer, Unicef, Kolkata
- xvii. Dt Pulse Polio Chairman, Rotary International, Kolkata


15.09.04

(Dr. P.S. Chaudhuri.)
ADHS (EPI), West Bengal

Districts	Booth Set Up in May Round (for Budget purpose)	No. of Supervisor s	No. of Blocks / municipalit y	Total HTH Team days
	B	S		
DARJELLING	913	304	14	3753
JALPAIGURI	1812	604	18	8238
KOCHBIHAR	1350	450	18	6036
MALDA	1566	522	17	7300
UTTAR DINAJPUR	1420	473	12	5150
DAKSHIN DINAJPUR	800	267	10	3740
MURSHIDABAD	3340	1113	33	13536
NADIA	2046	682	26	11600
SOUTH 24 PGS	3414	1138	36	16750
NORTH 24 PGS	3510	1170	50	21325
KOLKATA	1283	428	15	10206
HOWRAH	1804	601	17	10195
HOOGLY	1953	651	29	11938
BARDHAMAN	3220	1073	40	16283
BIRBHUM	1575	525	25	7207
BANKURA	1498	499	25	7247
PURULIA	1931	644	24	5466
PASCHIM MEDINIPORE	2470	823	33	12361
TAMLUK	2080	693	29	10071
WEST BENGAL TOTAL	37985	12662	471	188399

ANNEXURE - 1

DALKHOLA MUNICIPALITY

P. O.- DALKHOLA DIST - UTTAR DINAJPUR

Ph: (03525) 256259, 256293.



Date ..08-07-2004

Memo No -477.....

From : The Executive Officer,
Dalkhola Municipality.

To : The Director,
State Urban Development Agency,
" I L G U S BHAWAN", H. C. Block, Sector-III,
Bidhan Nagar,
Kolkata- 700091.

Dr. Gowami
✓
13/7/04



Sub:- I P P Aid.

14 2004

Madam,

I would like to inform you that Dalkhola Municipality which is new one is very much eager to get the facilities of I P P Aid in the interest of the Public in general. There is no reference Letter / Papers from any corner regarding IPP Aid in this Municipality

I would request you kindly to issue necessary instruction / guideline enlightening the procedure to Start / Proceed into the IPP Aid matter by this Municipality.

Your's Faithfully

[Signature]

Executive Officer
Dalkhola Municipality

U.O. No. SUDA-.....15/98(PE-Q-c)/40
dated13.7.04



Office of the

Municipal Councillors of Old Malda

P.O. - Old Malda, Dist. Malda

STD : 03512
Chairman Off. : 260235
Resi. : 260540
Vice-Chairman Off. : 260433
Resi. : 260643
Resi. : 260207
Resi. : 260294
Executive Officer : 260036
FAX : 260235
FAX : 260036

Sri Bibhuti Bhusan Ghosh
Chairman
OLD MALDA MUNICIPALITY



Sri Nabaranjan Sinha Barma
Vice-Chairman
OLD MALDA MUNICIPALITY

Memo No: 166
To

The Director
State Urban Development Agency,
Salt Lake City, Kolkata-700091.

Date: 12.05.2004

D. Goswami
18/5/04
61

19 MAY 2004

Sub :- Project for Health Immunisation under the auspicious of D.F.I.D.

Ref :- Kind attention of the Health Wing, SUDA.

Madam,

Seems This is being proposed to include us in the "project of Health Immunisation" under the auspicious of DFID. The said project to be at the implementation stage for the certain ULBs.

This may be needful to utter few words with regard to the present status of health services, ULB Old Malda for appraisal. There was a charitable dispensary being run by us as "out patient wing" since a long time by the medical practioner, with the departure of the last practioner, the said unit has been closed down for ~~the~~ the want of [^] *Suitable* medical ~~pr~~ practioner for the last couple of years. The precious little sarvices so could be rendered also got snapped at present to the poor residents. Only one Block level hospital exists which also not in a position to cater the need of the people.

In the event of the project being considered, it would be boon to the people bringing back of the dispensary in running conditions besides other beneficial components of the project got implemented.

Hope to hear from upon soon.

Yours faithfully,

D. Goswami
12/5/04
Chairman
Old Malda Municipality.
Date _____/2004.

Memo No. _____/

Copy forwarded to :-

- 1) The Principal Secretary to the Govt. of West Bengal, Deptt. of Municipal Affairs, Kolkata.-700001.

D. Goswami
12/5/04
Chairman
Old Malda Municipality.

আচার, সস, পঁপর, এমনকী পানতুয়াতেও নুন থাকে যথেষ্ট

আপনি কি বেশি নুন খাচ্ছেন?

শিবনাথ খাঁ

ডাঃ লোহিতাক সুরাতকল মুসাইয়ের একজন নামকরা নেফ্রোলজিস্ট। তিনি নিজে চিকিৎসক হয়েও নিজের শরীর-স্বাস্থ্যের দিকে উৎসাহী ছিলেন না। তিনি একটু মোটা বা ফুল ছিলেন। নিজেকে তিনি খুবই সুস্থ মনে করতেন। ৩৮ বছর বয়সে হঠাৎই পায়ের এক বিশেষ সমস্যায় আক্রান্ত হয়ে তিনি বন্ধু চিকিৎসকের শরণাপন্ন হলেন। ডাঃ সুরাতকলের রক্তচাপ মেসে দেখা গেল অনেক বেশি অর্থাৎ ১৬০/১৩০। উচ্চ রক্তচাপ বংশগত হওয়ায় ডাঃ লোহিতাক সুরাতকল মনে করলেন, বংশগতভাবেই তিনি এর শিকার হয়েছেন। তাঁর চিকিৎসক বন্ধু খাদ্যাভ্যাস বিষয়ে প্রশ্ন তুললে তিনি অল্পপটে নোনতা খাবার পছন্দের কথা জানিয়ে দেন। মশলা খোসা, স্যুপ, স্যান্ডউইচ এবং নানা প্রকার ডাজা খাবার জলখাবার এবং মধ্যাহ্নভোজে যেতে তিনি খুবই ভালোবাসতেন। এসব খাবারের নুনের পরিমাণ সাধারণত অনেক বেশিই থাকে। ডাঃ সুরাতকলের বন্ধু চিকিৎসক এবার উচ্চ রক্তচাপের প্রকৃত কারণটি বুঝলেন। তিনি বন্ধুকে নুন এবং নোনতা খাবারের প্রতি আসক্তি এবং পরিমাণ নিয়ন্ত্রণ করতে বললেন। ডাঃ সুরাতকল ধীরে ধীরে খাদ্যাভ্যাসের পরিবর্তন করলেন। বর্তমানে তাঁর রক্তচাপ প্রায় স্বাভাবিক।

অনেকেই জানেন, নুন বেশি খাওয়া শরীরের পক্ষে ক্ষতিকর। আমরা অনেকেই জানি না সকাল থেকে রাত্রি পর্যন্ত খাবারের সঙ্গে কত বেশি নুন আমাদের শরীরে প্রবেশ করছে। যত প্রকার নোনতা খাবার আছে সপ্তাহান্তেই যথেষ্ট বেশি নুন আছে। নয়াডিয়ার ন্যাশনাল হার্ট ইনস্টিটিউটের ডিরেক্টর এবং অল ইন্ডিয়া হার্ট ফাউন্ডেশনের সভাপতি ডাঃ এস পদ্মাবতী বলেছেন, আমরা প্রতিদিন গড়ে ১০-১৫ গ্রাম নুন খাদ্যের সঙ্গে গ্রহণ করি এবং এই পরিমাণ কমিয়ে ৬ গ্রাম (এক চা-চামচের সম পরিমাণ) করা উচিত। বলা যেতে পারে আমরা প্রতিদিন স্বাভাবিক চাহিদার চেয়ে অন্তত দুই বা তিনগুণ বেশি নুন গ্রহণ করছি। আমাদের খাদ্যাভ্যাসের পরিবর্তন করতে না পারলে অতিরিক্ত নুন গ্রহণ বন্ধ করা অসম্ভব হবে। একজন পুষ্টি বিশেষজ্ঞের উপদেশ হল, টাটকা খাবার বেশি খাওয়া এবং প্রসেসড ফুড বা তৈরি করা খাবার এড়িয়ে চলা। এছাড়া নোনতা খাবার—সিঙ্গাড়া, কচুরি, নিমকি, তেলেডাজা ইত্যাদিও পারলে এড়িয়ে চলা উচিত। কর্নফ্লেক্স, চিজ বা পনির, নানা প্রকার চিপস্ ইত্যাদিতেও প্রচুর নুন আছে। দুর্ভাগ্যবশত, ভারতে প্রসেসড ফুড বা তৈরি করা খাবারের মোড়কের লেবেলে নুনের পরিমাণ লেখা থাকে না। সে জন্যে এগুলি গ্রহণ করার সময় জানতে পারা যায় না কতটা নুন খাবারটির সঙ্গে আমরা গ্রহণ করছি। লুথিয়ানার ফুডস অ্যান্ড নিউট্রিশনস্-এর অধ্যাপক ডঃ মলি যোশি বলেছেন, প্রসেসড ফুড প্রস্তুতকার্তার তাঁদের তৈরি খাদ্যদ্রব্যে অন্যান্য পদার্থের পরিমাণের সঙ্গে নুনের পরিমাণও লেবেলে লিখে জানাতে পারেন। এর জন্যে অবশ্য আইন পরিবর্তন করা জরুরি।

কোন কোন খাবার থেকে সবচেয়ে বেশি নুন আমরা গ্রহণ করি? নোনতা খাবারের কথা আগেই বলা হয়েছে। এবার অন্য খাদ্যবস্তুগুলি দেখা যাক। আচার, পঁপর, নানা ধরনের সস-এ বেশ ভালো পরিমাণে নুন আছে। চাটনি, মাখন, মার্জারিন, প্যাকেট বন্দি স্যুপ, পঁউকটি, কেক, বিস্কুট ইত্যাদিতে মাঝারি থেকে একটু বেশি নুন থাকে। ১০০ গ্রাম কর্নফ্লেক্সে প্রায় ২.৫ গ্রাম নুন থাকে। এই আড়াই গ্রামের মধ্যে সোডিয়াম আছে প্রায় এক গ্রাম। নুনের যে পদার্থটি আমাদের শরীরে বেশি প্রবেশ করলে ক্ষতি করে সেটি হল সোডিয়াম। স্যান্ডউইচের দুটুকরো রুটভেতে প্রায় ০.৫ গ্রাম নুন থাকে। অনেক প্রিজারভেটিভসে সোডিয়াম থাকে। চাইনিজ খাবারের স্বাদ বৃদ্ধির জন্যে অ্যাক্সিনোমোটো ব্যবহার করা হয়। এটি আসলে মনোসোডিয়াম গ্লুটামেট, অর্থাৎ এতে সোডিয়াম আছে। আবার খাবার বিশেষে নুনের পরিমাণের অনেক পার্থক্য হয়। আচার এবং সসে নুনের পরিমাণ অনেক বেশি। এমনকী সমুদ্রজল যতটা লবণাক্ত তার চেয়েও অনেক বেশি নোনতা আচার এবং সস। অনেকেই হয়তো জেনে-বিস্ময় জাগাবে যিয়ে ডাজা মিষ্টিতে যেমন, পানতুয়া, কালোজাম, মিহিদানা, গজা ইত্যাদিতে নুনের পরিমাণ যথেষ্ট বেশিই থাকে।

ভারতসহ বত্রিশটি দেশের ১০,০০০ জনের ওপরে খাবারে নুনের পরিমাণ এবং রক্তচাপ বিষয়ে একটি বিশেষ সমীক্ষা চালানো হয়। সমীক্ষাটিকে বলা হয়েছিল 'ইন্টারসল্ট স্টাডি' (Intersalt study)। উচ্চ এবং মাঝারি নুনযুক্ত খাবার আমাদের শরীরের পক্ষে

কতটা ক্ষতিকর তার চূড়ান্ত পরীক্ষাই হল 'ইন্টারসল্ট স্টাডি'। সমীক্ষায় যে যে বিষয়ে পরীক্ষা করা হয় সেগুলি হল— প্রভাবের সাথে সোডিয়াম বেরিয়ে যাওয়ার প্রতিদিনের পরিমাণ (Urinary sodium excretion), প্রতিদিন নুন গ্রহণের পরিমাণ এবং প্রতিদিনের রক্তচাপের পরিমাণ। এগুলির একটার সঙ্গে অপরাটির সম্পর্ক-ই হল 'ইন্টারসল্ট-স্টাডি'। সমীক্ষায় জানা গেছে, মাত্র চারটি দেশের মানুষের প্রভাবে সোডিয়ামের পরিমাণ কম এবং তাঁদের রক্তচাপ-ও স্বাভাবিক। এই দেশগুলির মানুষদের দৈনিক নুন গ্রহণের পরিমাণ স্বাভাবিক ছিল। সমীক্ষায় ভারতের মানুষ যথেষ্ট বেশি নুন গ্রহণ করে জানা বলে গেছে।

প্রাচীনকালে নুনের সরবরাহ ছিল কম। সেই কারণে প্রাচীন মানুষ নুন সঞ্চয় করে রাখার ভাগিদ অনুভব করেছিলেন। সঞ্চয় করার অভ্যাস থেকে তখনকার মানুষ নুন কম গ্রহণ করতেন। অল ইন্ডিয়া ইনস্টিটিউট অব মেডিকেল সায়েন্সেস-এর কার্ডিওলজির অধ্যাপক এবং ভারতের পক্ষ থেকে 'ইন্টার সল্ট স্টাডি'-র প্রধান গবেষক ডাঃ কে. শ্রীনাথ রেড্ডি বলেছেন Our diets now have a lot of salt and our bodies have not evolved to get rid of it.

ইন্ডিয়ান কাউন্সিল অব মেডিকেল রিসার্চ (বা ICMR)-এর গবেষকরা গ্রাম, শহর এবং আদিবাসী জনগণের উপর একটি তুলনামূলক সমীক্ষা চালান। তাঁরা সমীক্ষায় জানিয়েছেন, সাধারণভাবে গ্রাম এবং আদিবাসী জনগণের রক্তচাপ স্বাভাবিক। তাঁদের কর্মঠ জীবনযাত্রা এবং শরীরের ওজন কম হওয়ার সঙ্গে ব্যাপারটি জড়িত। হাইপারটেনশন সোসাইটি অব ইন্ডিয়ায় অধ্যাপক এবং সহ-সভাপতি ডাঃ সন্ধ্যা কামাথ বলেছেন, গ্রামের লোকেরা

প্রচুর টাটকা শাক সবজি খায় এবং প্রসেসড ফুড খায় না বললেই চলে। ICMR-এর সমীক্ষায় লক্ষ করা গেছে, অন্যান্য শ্রেণির মানুষের বয়স বাড়ার সঙ্গে সঙ্গে রক্তচাপ বৃদ্ধি পায় কিন্তু আদিবাসীদের ক্ষেত্রে তা হয় না। অর্থাৎ আদিবাসীদের বয়স বাড়ার সঙ্গে সঙ্গে রক্তচাপ বাড়ে না। INMR-এর অন্য একটি সমীক্ষায় দেখা গেছে, গ্রামের মানুষ শহরে এসে বসবাস করলে তাঁদের খাদ্যাভ্যাস এবং জীবনযাত্রার ধরন বদলে যায় এবং রক্তচাপও বাড়ে থাকে। উচ্চ রক্তচাপ থেকেই নানা প্রকার হার্টের অসুখ এবং হার্ট-আটাক বা স্ট্রোক হয় যা পূর্ব থেকে জানতে পারা যায় না। সে জন্যে উচ্চ রক্তচাপকে বলা হয় নীরব ঘাতক (Silent Killer)।

নুন কীভাবে এবং কী পদ্ধতিতে রক্তচাপ বৃদ্ধি করে গবেষকরা সঠিকভাবে জানতে পারেননি। তবে তাঁরা এ বিষয়ে সুনিশ্চিত, বাড়তি নুন আমাদের শরীরে সামগ্রিক তরলের পরিমাণ (Total fluid Content) বৃদ্ধি করায়। শরীর ভারী করে তোলে। বাড়তি নুন আবার কিডনিতে রক্ত সরবরাহ কমিয়ে প্রভাবের মাধ্যমে নুন বেরিয়ে যেতে দেয় না। বাড়তি নুন ধমনী সর বা সংকুচিত করে। ফলে রক্ত সরবরাহ সঠিক রাখার জন্যে হার্টকে কাজ বেশি করতে হয়। এইসব কারণে রক্তচাপ বেড়ে যায় এবং রক্তচাপী বা ধমনীর ওপর অতিরিক্ত চাপ পড়ে। নুন অস্টিওপোরোসিস (Osteoporosis) এবং কিডনির রোগ বৃদ্ধিতে সহায়তা করে। পাকস্থলির ক্যান্সারের সঙ্গেও অতিরিক্ত নুনের সম্পর্ক আছে। খাবারে নুন বেশি গ্রহণ করা বদভ্যাসে পরিণত হয়। সাধারণত যারা নুন বেশি খান তাঁরা ধীরে ধীরে নিজেদের অজান্তে খাবারে স্বাদ বৃদ্ধির জন্যে নুনের পরিমাণ বাড়িয়ে চলে। নুন বেশি খেলে খাবারে আরও বেশি নুন খাওয়ার প্রবণতা গবেষণায় প্রমাণিত হয়েছে।

ইউরোপের দেশগুলি খাবারে নুনের নিয়ন্ত্রণ মাত্রা মেনে চলে। কিন্তু ভারতে তা এখনও পর্যন্ত চালু হয়নি। অ্যান্ডিনেভিয়ার প্রত্যেক দেশ কোন শস্যে কত পরিমাণ নুন থাকবে তা জানিয়ে দিয়েছে। আমেরিকার কৃষি এবং স্বাস্থ্য দপ্তরের ভারপ্রাপ্ত সরকারি এজেন্সিগুলি লবণ গ্রহণের দৈনিক মাত্রা জানিয়ে দেয়।

খাবারে নুনের পরিমাণ কী ভাবে কমাতে হবে অনেকেই তা বুঝতে পারেন না। ডাঃ পদ্মাবতী বলেছেন, আপনি নিজেই আপনার স্বাদের নোনতার মাত্রা কমিয়ে দিন। ধীরে ধীরে খাবারে নুনের মাত্রা কমিয়ে অনলে স্বাদকোরকগুলি নিজেদের নিয়ন্ত্রিত করে নেয় এবং কম নুন দেওয়া খাবার বিখাদ লাগবে না।

পুষ্টিবিশেষজ্ঞ ডাঃ মলি যোশির মতে, নুন গ্রহণ কমাতে খাবার টেবিলে নুন দানি রাখা বন্ধ করে দিন। তিনি আরও বলেছেন, কম নুন ব্যবহার করে খাবারের বিখাদ কমাতে লেবুর রস, পুদিনা পাতা বা ঘরে তৈরি কম নুন দেওয়া টোম্যাটোর চাটনি ব্যবহার করা যেতে পারে এগুলি মিশিয়ে খেলে খাবার বিখাদ লাগবে না।



বিজ্ঞান বিচিত্রা

The role of field research agency

2.4

It is envisaged that the field research agency will have to undertake the proposed survey work under overall guidance of Lead Research Agency (refer-baseline TOR for Lead Agency). Lead agency will provide necessary technical guidance and support to conduct the proposed baseline survey.

- Deploy field surveyors in collaboration with ULBs to conduct the surveys
- Coordinate with lead agency on periodical basis to discuss problems, issues related to field survey.
- Provide monthly progress report on data collection process and participate in stakeholders meeting whenever necessary.
- Monitor, supervise and guide team of surveyors involved in data collection process.
- Monitor quality of data collected, crosscheck and provide feedback on any discrepancies observed for immediate correction.
- Organise periodical meetings of surveyors to discuss problems and extend necessary support.
- It is mandatory for field agencies to engage the team of surveyors from local communities.

- Enter data in standard database prescribed by the Lead Research Agency

- Preparation of ULB wise baseline survey report and submit to LRA.

- Based on feedback Field research agency will do necessary modification in survey processes and report as applicable.

1. METHODOLOGY

Field research agency will include the following tasks in their approach to the scope of work.

- Formation of core team at municipality level is mandatory and will include ward Councilors, TPOs, COs and RCVs at CDS level. A time plan for the entire field survey will be made for every cluster of ULBs in consonance with the agreed time plan during the survey planning workshop and agreed with the core team at ULB level. (Refer to – section-1, LRA TOR).

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- Black speed: 12 to 26 ppm (normal), 24 to 50 ppm (draft)
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- Up to 5 input trays (4,250 sheets)
- **\$89.99 to \$999 and up**

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- » Photo printers
- Print directly from your digital camera, PC, Mac, palmtop, or other mobile devices
- Speed: up to 21 ppm black, 20 ppm color
- Up to 4800 optimized dpi color resolution



- » Color LaserJet printers
- Speed: 16 to 20 ppm black, 4 ppm color
- 600 dpi engine resolution, up to 2400 dpi equivalent quality
- Up to 3 input trays (875 sheets)
- **\$499.99 to \$699.99**



- » For home & home office
- Black speed: 12 to 30 ppm (draft)
- Color speed: 10 to 20 ppm (draft)
- Up to 2 input trays (400 sheets)
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- » Photo printers
- Print directly from your digital camera, PC, Mac, palmtop, or other mobile devices
- Speed: up to 21 ppm black, 20 ppm color
- Up to 4800 optimized dpi color resolution

- \$99.99 to \$299.99
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For business



- » **Black & White LaserJet printers**
- Speed: 15 ppm to 50 ppm
- Up to 1200 dpi print resolution
- Up to 4 input trays (3,100 sheets)
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Black & White Multifunction & All-In-One



For business

- Speed: 15 to 85 ppm
- Up to 5 input trays (6,600 sheets)
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For business



- » **Mobile printers**
- Speed: up to 9 ppm black, up to 8 ppm color

- \$79.99 to \$249.99

For Home & Home Office



- » **Black & White LaserJet printers**
- Speed: 15 ppm to 45 ppm
- Up to 1200 dpi print resolution
- Up to 4 input trays (2,600 sheets)
- **\$199.99 to \$2699.99**



For home & home office

- Speed: 15 ppm to 20 ppm
- 1 input tray plus manual feed (160 sheets)
- **\$199.99 to \$2539.99**

For Home & Home Office



- » **Mobile printers**
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- Up to 4800 x 1200 optimized dpi color resolution
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For business



- » Color inkjet printers
- Speed: up to 8 to 30 ppm black, 8 to 22 ppm color
- Up to 4800 x 1200 optimized dpi color printing on HP premium photo paper
- Up to 3 input trays (1,100 sheets)
- **\$39.99 to \$1,399.99**

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Color LaserJet printers

For business



- » Color LaserJet printers
- Speed: 16 ppm to 24 ppm black, 4 to 24 ppm color
- ImageREt 4800 dpi equivalent quality
- Up to 4 input trays (3,100 sheets)
- **\$499.99 to \$6799.99**

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Color Multifunction & All-In-One



» For business

- Black speed: 12 to 26 ppm (normal), 24 to 50

For Home & Home Office



- » Color inkjet printers
- Speed: up to 8 to 30 ppm black, 8 to 22 ppm color
- Up to 4800 x 1200 optimized dpi color printing on HP premium photo paper
- Up to 3 input trays (1,100 sheets)
- **\$39.99 to \$1,399.99**

For Home & Home Office



- » Color LaserJet printers
- Speed: 16 to 20 ppm black, 4 ppm color
- 600 dpi engine resolution, up to 2400 dpi equivalent quality
- Up to 3 input trays (875 sheets)
- **\$499.99 to \$699.99**



» For home & home office

- Black speed: 12 to 30 ppm (draft)

- ppm (draft)
- Color speed: 10 to 22 ppm (normal), 6 to 50 ppm (draft)
- Up to 5 input trays (4,250 sheets)
- **\$89.99 to \$999 and up**

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- Speed: 15 ppm to 45 ppm
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- Up to 4 input trays (2,600 sheets)
- **\$199.99 to \$2699.99**



- » For business
- Speed: 15 to 85 ppm
- Up to 5 input trays (6,600 sheets)
- **\$299.99 to \$12,499.99 and up**

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- Speed: up to 9 ppm black, up to 8 ppm color
- Up to 4800 x 1200 optimized dpi color resolution
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SUDA

STATE URBAN DEVELOPMENT AGENCY

**HEALTH WING
"ILGUS BHAVAN"**

H-C BLOCK, SECTOR-III, BIDHANNAGAR, CALCUTTA-700 091
West Bengal

Ref No. **SUDA-Health/DFID/04/358**

Date**20.12.2004**

**From : Dr. Shibani Goswami
Project Officer
Health Wing, SUDA**

**To : The Joint Director,
ILGUS**

**Sub : Booking for accommodation of 2 rooms at the ILGUS Hostel
on 22nd December, 2004.**

Madam,

Two personnel of Municipal Management Cell, Berhampur Municipality under DFID assisted HHW Scheme will be visiting to SUDA Health Wing for official purpose.

You are requested kindly to instruct your office to make necessary arrangement for accommodation of the said participants for the above date.

*The Security Supervisor
Pl. allow two rooms
on 22.12.04. Payment will be
made by IPP VIII Extr.
Shibani Goswami
20/12/04*

Shibani Goswami
Project Officer

To :- The Director.
S U D A.

Sub :- Application for grant of casual leave on 3.12.2004.

Madam,

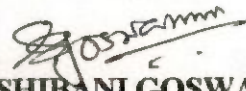
This is to submit you that I could not attend office on 3.12.2004 due to some unavoidable family ceremonial commitment.

I would request you kindly to grant casual leave for the above mentioned date.

Thanking you,

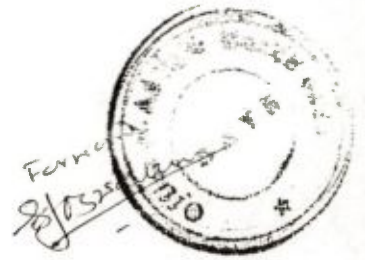
Dated, the 09.12.2004
Salt lake, Kolkata.

Yours faithfully,


(DR. SHIBANI GOSWAMI)
PROJECT OFFICER
HEALTH WING
S U D A

To :- The Director.
S U D A.

(Through the Project officer, Health Wing , SUDA)



Sub :- Application for grant of casual leave on 3.12.2004.

Madam,

With due respect I am to inform you that I could not attend my duty on 3.12.2004. due to some urgent piece of business at home. As such you are requested to kindly grant me one day casual leave of the mentioned date & oblige.

Thaking you.

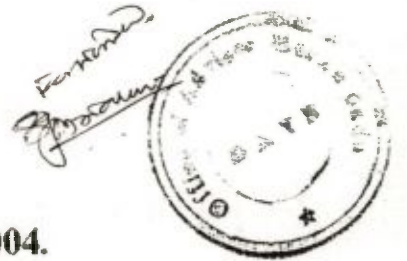
Dated. the 09.12.2004
Salt lake, Kolkata.

Yours faithfully,

Salil Kumar Lahiri
(SALIL KUMAR LAHIRI) 9/12/04
MIES OFFICER
HEALTH WING
S U D A

To :- The Director.
S U D A.

(Through the Project officer, Health Wing, SUDA)



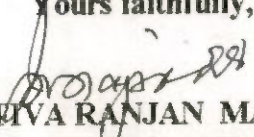
Sub :- Application for grant of casual leave on 3.12.2004.

Madam,

With due respect I am to inform you that I could not attend my duty on 3.12.2004 due to some unavoidable family affairs at home. As such you are requested to kindly grant me one day casual leave of the above mentioned date & oblige.

Dated. the 09.12.2004
Salt lake, Kolkata.

Yours faithfully,


(PRATIVA RANJAN MAJUMDAR)

CLERK-CUM-STOREKEEPER,

HEALTH WING 09-12-04

S U D A

SUDA

STATE URBAN DEVELOPMENT AGENCY

**HEALTH WING
"ILGUS BHAVAN"**

H-C BLOCK, SECTOR-III, BIDHANNAGAR, CALCUTTA-700 091
West Bengal

Ref No. SUDA-Health/DFID/04/341

Date 09.12.2004

From : Dr. Shibani Goswami
Project Officer
Health Wing, SUDA

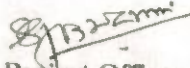
To : The Joint Director,
ILGUS

Sub : Booking for accommodation of 2 rooms at the ILGUS Hostel
on 10th December, 2004.

Madam,

Two personnel of Municipal Management Cell, Purulia Municipality under DFID assisted HHW Scheme will be visiting to SUDA Health Wing for official purpose.

You are requested kindly to instruct your office to make necessary arrangement for the accommodation of the said participants for the above date.


Project Officer

The Security Supervisor
Pl. allot two single
seater rooms.

Envi. J.
Sharma

SUDA

STATE URBAN DEVELOPMENT AGENCY

**HEALTH WING
"ILGUS BHAVAN"**

H-C BLOCK, SECTOR-III, BIDHANNAGAR, CALCUTTA-700 091
West Bengal

Ref No. SUDA Health/DU/D/94/341

Date 09.12.2004

From : Dr. Shilpani Goswami
Project Officer
Health Wing, SUDA

To : The Joint Director,
H.C.U.S.

Sub : Booking for accommodation of 2 rooms at the H.C.U.S. Hostel
on 10th December, 2004.

Madam,

Two personnel of Municipal Management Cell, Furaha Municipality under D.P.H.E. assisted HHW Scheme will be visiting to SUDA Health Wing for official purpose.

You are requested kindly to instruct your office to make necessary arrangement for the accommodation of the said participants for the above date.

S. B. Goswami
Project Officer

*The Security Supervisor
Pl. allot two single
seated rooms.
K. M. Ghosh
Security*

Sub. : Honorarium of the grass root level functionaries under DFID assisted Honorary Health Worker Scheme.

DFID assisted Honorary Health Worker Scheme has been launched in Non-KMA 11 municipalities with effect from 01.02.2004, in line with the previous such community based primary health care programmes like CUDP III, IPP-VIII, IPP-VIII-(Extn.) and R.C.H. Sub-Project, Asansol. Different categories of grass root level functionaries and their honorarium of the aforesaid programmes have been incorporated in the DFID assisted Honorary Health Worker Scheme also.

In this scheme, HHWs have been selected from the community. In most of the ULBs, HHWs have already been engaged after completion of job orientation training for 45 days. Other categories of grass root level functionaries are in the process of selection and engagement.

Total grass root level functionaries of DFID assisted HHW Scheme is as under :

Category	No.
HHWs	260
FTS	55
PTMO	27
ANM	27
Clerk cum Storekeeper	11
Attendant	11
Sweeper	11
Night Guard	11

In the mean time Honorarium for grass root level functionaries under different community based health programme i.e. CUDP III, IPP-VIII, IPP-VIII-(Extn.) and R.C.H. Sub-Project, Asansol. have been enhanced at flat rate of Rs. 250/- per head per month with effect from 1st October, 2004 by the MA Dept., Govt. of West Bengal vide GO No. 1093/MA/N/C-10/1G-7/2002 dt. 18th October, 2004* and clarification bearing no. 1184/MA/N/C-10/1G-7/2002 dt. 16th November, 2004.*

To maintain uniformity, enhancement of honorarium of the grass root level functionaries of DFID assisted Honorary Health Worker Scheme may also be considered for. No extra fund will be required for the purpose. Additional expenditure can be met from the existing budget of the scheme.

Submitted for favour of kind perusal and approval.

[Signature]
10.12.04

* C/P - ①
② C/P - ②
ONO-SUDA-HC/MY
DFID / 09/11/2
10.12.04

Director, SUDA

3222
25 OCT 2004
26 OCT 2004

No. 1093/MA/N/C-10/1G-7/2002 Dated, Kolkata the 18th October, 2004.
ORDER 26 OCT 2004

The undersigned is directed by order of the Governor to say that the Governor has been pleased to accord sanction to the enhancement of the honorarium for grass root level workers of different categories engaged in IPP-VIII, IPP-VIII (Extension) and RCH Sub-Project, Asansol at a flat rate of Rs.250 per head per month over the existing honorarium they are getting.

The enhanced rate of honorarium will be effective from the 1st October, 2004.

This enhancement is not applicable to such categories of personnel who are full time employees of the State Government or Urban Local Bodies.

This Order issues with the Finance Deptt.'s concurrence, vide their U.O.Nos.Gr.G 174 dated 6.10.2004 and No.Gr.N 1657 dated 11.10.2004.

10/10/04
24/10/04

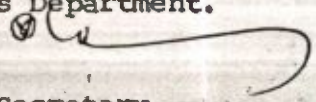
By Order of the Governor,

Sd/- B. K. Saha,
Joint Secretary,

No. 1093/1(10)/MA/N/C-10/1G-7/2002 Dated: 18.10.2004

Copy forwarded for information and necessary action to :-

- 1) The Director,
State Urban Development Agency,
ILGUS Bhawan, H.C.Block, Sector-III,
Salt Lake City, Kolkata-700 106
- 2) The Chief Executive Officer,
Kolkata Metropolitan Development Authority,
- 3) The Principal Accountant General (A&E), West Bengal,
Treasury Buildings, Kolkata.
- 4) The Director of Treasuries,
- 5) The Director of Local Bodies, West Bengal,
Purta Bhavan, Salt Lake, Kolkata.
- 6) The Treasury Officer, BidhanNagary, ~~XXXX~~ Treasuries,
Kolkata.
- 7) Finance Department, Group 'G'. Govt. of West Bengal,
- 8) Finance Department, Group 'N', Govt. of West Bengal,
- 9) The P.S. to Minister-in-Charge, M.A. Deptt. & U.D.Deptt.,
- 10) The P.A. to the Secretary of this Department.


Joint Secretary,



Dr. Karwani
23/11

No. 1184/MA/N/C-10/1G-7/2002

Dated, Kolkata the 16th November, 2004

CLARIFICATION

In continuation of this Deptt. Order No.1093/MA/N/C-10/1G-7/2002 dated 18.10.2004, the undersigned is directed by the Order of the Governor to clarify that the phrase "grass root level workers of different categories engaged in IPP-VIII, IPP-VIII (Extension) and RCH Sub-Project, Asansol" includes the names of functionaries as mentioned in the statement annexed hereto.

Sd/- D. Mitra,

Deputy Secretary to the Govt. of
West Bengal.

No. 1184/1(10)/MA/N/C-10/1G-7/2002 Dated : 16.11.2004.

Copy forwarded for information and necessary action to :-

- ✓ The Director, State Urban Development Agency,
SUDA Bhavan, H.C. Block, Sector-III, Salt Lake, Kolkata-700 106.
- 2) The Chief Executive Officer, Kolkata Metropolitan Development Agency, Kolkata.
- 3) The Pr. Accountant General (A&E), West Bengal,
- 4) The Director of Treasuries,
- 5) The Director of Local Bodies,
- 6) The Treasury Officer, Bidhannagar,
- 7) The Finance Department, Group 'G',
- 8) The Finance Department, Group 'N'
- 9) The P.S. to M.I.C., M.A. Deptt., & U.D. Deptt.,
- 10) The P.A. to the Secretary of this Department.

D. Mitra
Dy. Secy. to the Govt. of West Bengal.

Enclosure to Clarification No. 1184/MA/NC-10/1G-7/2002 Dated, Kolkata the 16th November, 2004

Sl. No.	Category	IPP-VIII	IPP-VIII (Extn)	RCH Sub Project Asansol	Total(3+4+5)	Existing Honorarium per head per month (Rs.)	Proposed Honorarium per head per month (Rs.)	Addl amount reqd. per annum per enhancement of remuneration @ Rs.250/- per head per month (Rs.)
1	2	3	4	5	6	7	8	9
1.	Honorary Health Worker	3713	1090	387	5190	750.00	1000.00	15570000.00
2.	FTS	735	250	97	1082	920.00	1170.00	3246000.00
3.	STS	232	-	-	232	1050.00	1300.00	696000.00
4.	Storekeeper/Clerk-cum-storekeeper/storekeeper/clerk	141	35	13	189	850.00	1100.00	567000.00
5.	Sweeper	182	57	18	257	450.00	700.00	771000.00
6.	Attendant	282	57	17	356	650.00	900.00	1068000.00
7.	PTMO	282	70	-	352	1600.00	1850.00	1056000.00
8.	Nurse	94	-	-	94	1200.00	1450.00	282000.00
9.	Pharmacist/Lab Assistant	25	-	-	25	850.00	1100.00	75000.00
10.	Medical Officer/Full time Medical Officer	46	22	4	72	5500.00	5750.00	216000.00
11.	Ayah	92	-	-	92	1500.00	1750.00	276000.00
12.	Laboratory Technician	47	-	-	47	1500.00	1750.00	141000.00
13.	Cashier-cum-Clerk	8	-	-	8	1000.00	1200.00	24000.00
14.	Manager	8	-	-	8	3500.00	3750.00	24000.00
15.	Assistant Health Officer	40	-	-	40	4750.00	5000.00	120000.00
16.	Full time Nurse	40	-	-	40	3750.00	4000.00	120000.00
17.	Urban Health improvement organiser	40	-	-	40	2250.00	2500.00	120000.00
18.	ANM	-	70	-	70	1250.00	1500.00	210000.00
19.	Nurse	-	33	6	39	3500.00	3750.00	117000.00
20.	Specialist Doctors in 3 Disciplines	-	33	-	33	1800.00	1850.00	99000.00
21.	Laboratory Technician-cum-storekeeper	-	11	2	13	1200.00	1450.00	39000.00
22.	Night Guards	-	11	4	15	450.00	700.00	45000.00
23.	PTMO	-	-	26	26	2000.00	2250.00	78000.00
24.	STS	-	-	26	26	1500.00	1750.00	78000.00
25.	Storekeeper/clerk	-	-	1	1	3000.00	3250.00	3000.00
26.	Medical Supervisor	-	-	1	1	4500.00	4750.00	3000.00
27.	PHN Staff	-	-	1	1	3500.00	3750.00	3000.00
28.	Staff Assistant	-	-	1	1	1500.00	1750.00	3000.00
29.	Account Assistant	-	-	1	1	1500.00	1750.00	3000.00
	Total	6007	1739	605	8351	57570.00	64770.00	25053000.00

Deputy Secretary

JESBASIS MITHA
W B C S (Executive)
Deputy Secretary
Municipal Affairs